7.1.9 ***Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens.***

Response:

Introduction
Bareilly International University, Bareilly follows constitutional obligations both in letter and in spirit. The name and emblem of university represent dedication to values.

Fundamental Duties and Rights

University has taken following initiatives to inculcate values:

Preserve Culture
Major cultural/religious festivals such as Diwali, Holi, Baishakhi, Lohri and Navratri are celebrated by students and staff of all religion.
Students of different backgrounds join to organise festivals , cultural events, sports and academic activities.

Respect to National Flag, National Anthem and National Integrity

National Flag is hoisted on Independence Day and Republic Day. Tributes to Gandhiji are made by garlanding the statue. Patriotic songs are sung by the students.

Environmental Preservation
The hospital received many awards from various organizations Students participate in tree plantation drives .
Bareilly International University, Bareilly encourages carpooling and use of public transport.
There is a ban on plastic in the entire campus.
Small plants and saplings are given as gift to the faculty in various programs.

Defend the country and national services during issues affecting community In pandemic time, fundamental duties were learned and propagated by University.

Disaster management mock drills and mass basic courses are organized to serve community and country
Free health camps, blood donation camps and IEC activities sensitize students to community health problems.

Contribution to PM care fund, Chief Minister Relief Fund were made by the University. Appreciations were received from Chief Minister, Health Minister, District Collector and various distinguish dignitaries for the contribution made by the University.

Protect sovereignty & integrity of India
University has unity and never ever any communal or regional unconstitutional issues has been raised in the campus since its inception.

Developing ethical & scientific approach
AETCOM module has been incorporated into curriculum to develop ethical, scientific and communication skills of students. Workshop on Research Methodology, ethical practice are organized for faculty and students. Students are trained to develop communication skill with integrity.

Right to Equality & Freedom and Protection against Exploitation
Internal complaint committee, Anti-Ragging Committee and Student Council are functional Gender Sensitization program are held in all constituent colleges of the University.

Mentor Mentee program is running for support and conditioning of students throughout the year.

Right to Freedom of Religion, Culture and Education:
Student Council provides a platform for students to communicate with management. Students are members of IQAC and other committees at the University.

All employees are treated equally irrespective of religion caste & creed. Restricted holidays are granted for cultural festivals,

Right to participate in democratic process

Holidays are declared for students and staff to participate in democratic process and cast vote. Convocation ceremony and lectures are organized to inculcate constitutional values and to motivate the students.

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List of sensitization activities for the Academic Year 2024-2025

Sr. no	Name of the activity	Organizing Department/School	Date of the Activity
1	Seminar on Relevance of Preamble in Modern Times	Pharmacology	0ct 28,2024
2	Workshop on Transforming Duties into Daily Practices	Community Medicine	Nov 1,2024
3	Seminar on Role of Institutions in Upholding Constitutional Values	Pharmacology	Nov 6,2024
4	Workshop on Dr. B.R. Ambedkar's Vision of Constitutional Ethics	Pharmacology	Nov 11,2024
5	Seminar on Fundamental Duties: Implementation Challenges	Community Medicine	Nov 28,2024
6	Workshop on Indian Constitution and Value Education for Students	Pharmacology	Dec 4,2024
7	Workshop on Respecting Diversity in Public Spaces	Community medicine	Dec 10,2024
8	Workshop on Civil Liberties and Citizen Awareness	Physiology	Dec 18,2024
9	Workshop on Responsible Citizenship and Civic Sense	Biochemistry	Dec 27,2024
10	Seminar on Value-Based Decision Making in Public Life	Pharmacology	Jan 2,2025
11	Workshop on Values-Driven Leadership for Nation Building	Pharmacology	Jan 8,2025
12	Workshop on Community Policing and Public Safety	Community medicine	Jan 24,2025
13	Seminar on Role of Citizens in Crisis and Disaster Management	Medicine	Jan 30,2025
14	Seminar on Case Studies of Fundamental Rights Violations	Physiology	Feb 4,2025
15	Seminar on Promoting Civic Engagement through Youth Forums	ENT	Feb 17,2025
16	Seminar on Grassroots Democracy and Role of Citizens	Community Medicine	Feb 24,2025

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Sr. no	Name of the activity	Organizing Department/School	Date of the Activity
17	Seminar on Civic Behavior in Shared Public Life	Community medicine	March3,2025
18	Workshop on Importance of Voting and Electoral Participation	Opthalmology	March11,2025
19	Workshop on Responsibilities Towards Persons with Disabilities	Community Medicine	March20,2025
20	Workshop on Civic Engagement in Sustainable Development Goals (SDGs)	Surgery	March26,2025

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Activity Report

Date: 29.10.2024

Title of the Activity

Workshop on relevance of preamble in modern times

Date & Venue

- **Date:** Oct 28. 2024
- **Venue:** Demo room, Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

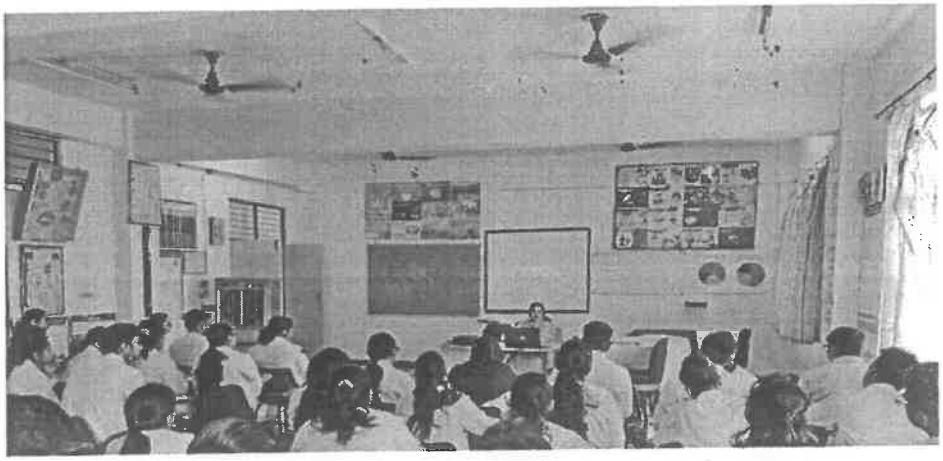
- **To explore the significance** of the Preamble as the guiding spirit of the Indian Constitution.
- **To understand the values enshrined in the Preamble**—justice, liberty, equality, and fraternity—and their role in today's society.
- **To examine contemporary** social, political, and legal issues through the lens of the Preamble.
- **To encourage critical thinking and civic dialogue** on how constitutional ideals can address modern challenges.
- **To inspire participants to uphold the vision of the Constitution** in their daily lives and social actions.

Resource Person(s)

1) **Dr Shalini Chandra (Head of department pharmacology)**
2) **Dr Iram Shaifali**
3) **Dr Anju Saxena**

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Description

- **Constitutional Compass: The Preamble Explained:**

  A foundational session exploring the meaning and intent of each term in the Preamble and its lasting significance.

- **Justice, Liberty, Equality, Fraternity—Then and Now:**

  A comparative discussion connecting historical context with modern relevance of these core ideals.

- **Preamble as a Moral and Legal Guideline:**

  A session that interprets the Preamble not just as an introduction but as a living document influencing policies and judgments.

- **Interactive Youth Forum on Constitutional Values:**

  An engaging space for young participants to reflect on how the Preamble applies to their lives and social roles.

- **Vision of India Through the Preamble:**

  A creative and reflective program encouraging participants to imagine and work toward an inclusive, just, and equitable India.

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Outcome

- **Enhanced understanding** of the Preamble as the soul of the Constitution.
- **Ability to connect constitutional values with present**-day issues like inequality, intolerance, and injustice.
- **Renewed respect for the foundational principles of Indian democracy.**
- **Greater motivation to uphold and apply constitutional** ideals in everyday civic and professional life.
- **Strengthened national identity and democratic participation through** a deeper connection with the Constitution's vision.

Signature
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Activity Report

Date: 02.11.2024

Title of the Activity

Workshop on Transforming Duties into Daily Practices

Date & Venue

- **Date:** Nov 01, 2024
- **Venue:**LT-10,Rohilkhand Medical College and Hospital, Bareilly International University

Organized by

Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital Bareilly International University

Objectives

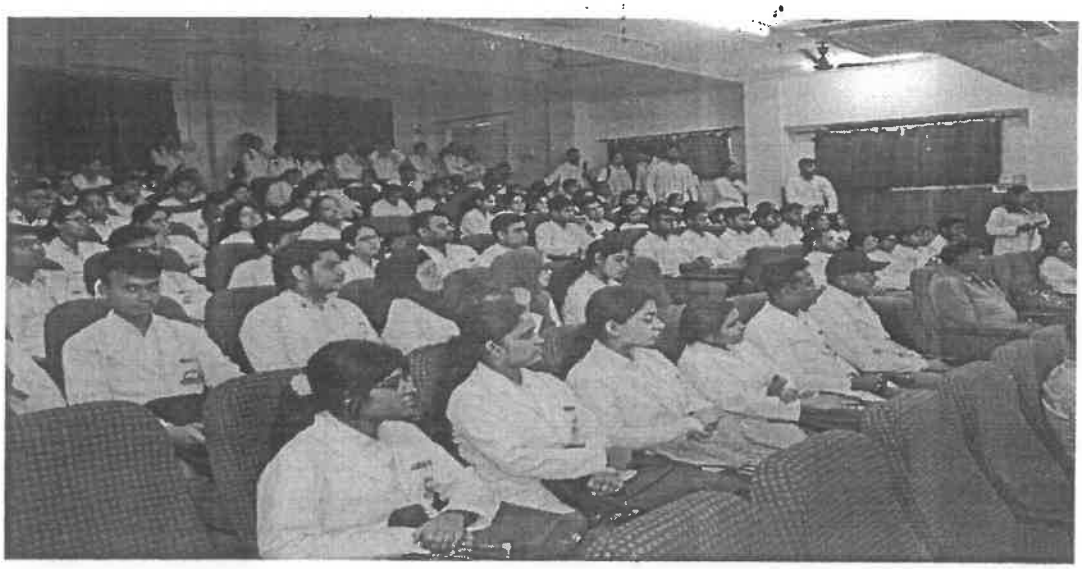
- To translate the abstract principles of Fundamental Duties into tangible, everyday behaviors.
- To encourage self-reflection and personal responsibility in upholding values such as respect for the Constitution, environmental care, and national integrity.
- To empower participants with practical strategies and tools to integrate civic, moral, and constitutional values into personal and community life.
- To promote a culture of duty-consciousness in schools, colleges, workplaces, and homes.
- To develop action plans and behavioral models that foster ethical conduct, civic responsibility, and social harmony.

Resource Person(s)

1) **Dr Arun Singh (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- This interactive workshop will focus on making Fundamental Duties relatable, actionable, and habitual. It begins with a brief overview of Article 51A, emphasizing each of the eleven Fundamental Duties and their societal relevance.
- Participants will engage in group discussions, role-playing activities, scenario analysis, and habit-forming exercises designed to connect duties with real-life situations — such as respecting elders and national symbols, avoiding littering, conserving resources, promoting harmony, and protecting public property.
- The workshop will introduce "Duty Diaries" or daily checklists, where participants record actions that reflect constitutional duties, fostering conscious and consistent practice. Sessions will also highlight success stories of individuals or communities who have exemplified civic responsibility in everyday life.
- Through interactive modules and peer sharing, the workshop encourages a mindset shift from passive awareness to active embodiment of civic values.
- Formation of peer support groups or community circles to promote accountability and collaboration in duty-oriented behaviors.
- Improved civic sense and ethical awareness within educational institutions and neighborhoods, leading to cleaner, more respectful, and more engaged communities.
- Increased participation in public service, volunteerism, and national programs, as a reflection of internalized civic values.
- Encouragement for schools and colleges to implement structured activities, such as "Duty Awareness Weeks," campaigns, and student-led initiatives on civic responsibilities.

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Outcome

- Enhanced understanding of how Fundamental Duties apply in everyday contexts, making them more accessible and meaningful to individuals.
- Participants begin consciously practicing duties such as environmental care, social harmony, and national respect in their personal routines.
- Development of personalized "duty action plans" or checklists, helping individuals monitor and improve their civic conduct.
- Formation of peer support groups or community circles to promote accountability and collaboration in duty-oriented behaviors.
- Improved civic sense and ethical awareness within educational institutions and neighborhoods, leading to cleaner, more respectful, and more engaged communities.
- Increased participation in public service, volunteerism, and national programs, as a reflection of internalized civic values.
- Encouragement for schools and colleges to implement structured activities, such as "Duty Awareness Weeks," campaigns, and student-led initiatives on civic responsibilities.
- Development of visual materials and behavioral toolkits (e.g., posters, pledges, daily duty trackers) to support long-term habit formation and institutional adoption.

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Activity Report

Date: 07.11.2024

Title of the Activity

Workshop on role of institution in upholding constitutional values

Date & Venue

- **Date:** Nov 06. 2024
- **Venue:** Demo room, Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

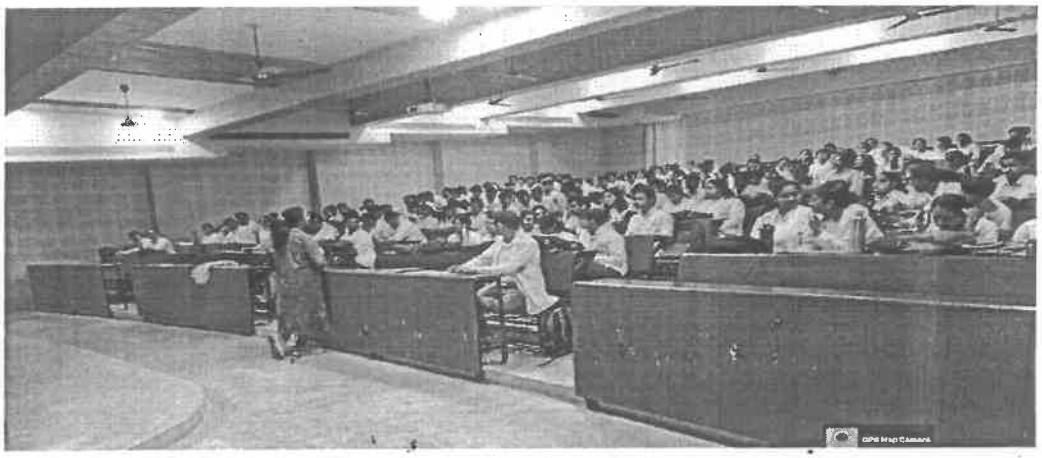
- **To understand the critical role of constitutional institutions** (such as the judiciary, legislature, executive, and Election Commission) in safeguarding democratic values.
- **To explore how institutions ensure the enforcement** of justice, equality, liberty, and fraternity.
- **To examine the accountability, transparency, and independence of institutions in a constitutional democracy.**
- **To promote public awareness of institutional responsibilities and their relevance in everyday life.**
- **To encourage civic participation** in supporting and strengthening institutional integrity.

Resource Person(s)

- **Dr Shalini Chandra (Head of department pharmacology)**
- **Dr Iram Shaifali**
- **Dr Anju Saxena**

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Description

- **Guardians of Democracy: Institutions and the Constitution:**

  An overview session on key constitutional bodies and their roles in preserving the spirit of the Constitution.

- **Interactive Dialogue on Institutional Ethics and Accountability:**

  A discussion on how institutions must function with transparency and responsibility to uphold public trust.

- **Constitution in Action: Real-Life Institutional Impact:**

  A case-study-based workshop showing how institutions intervene to protect fundamental rights and democratic order.

- **Youth Session on Strengthening Democratic Institutions:**

  Engaging youth in understanding the importance of supporting and respecting democratic institutions.

- **Institutions and the Rule of Law Workshop:**

  A focused session on how institutions ensure law is applied fairly and uniformly to maintain social justice.

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Outcome

- **Increased public understanding of the structure** and function of constitutional institutions.
- **Greater appreciation for the role of institutions** in protecting individual rights and freedoms.
- **Awareness of the importance of** institutional integrity in maintaining democracy.
- **Encouragement of civic responsibility to** hold institutions accountable.
- **Empowerment of participants to** support and engage with democratic institutions as active and informed citizens.

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Activity Report

Date: 12.11.2024

Title of the Activity

Workshop on Dr.B.R. Ambedkar's vision of constitutional Ethics

Date & Venue

- **Date:** Nov 11. 2024
- **Venue:** Demo room, Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

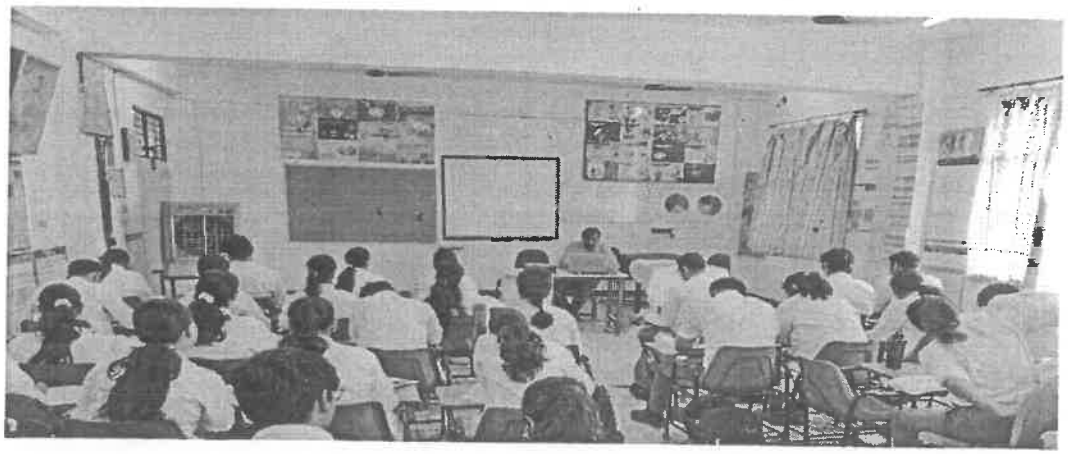
- **To explore Dr. B.R. Ambedkar's interpretation of constitutional morality and ethics in the making of modern India.**
- **To understand the ethical foundations** of the Constitution as envisioned by Dr. Ambedkar, especially regarding justice, equality, and fraternity.
- **To highlight Ambedkar's emphasis on** social reform, dignity, and human rights within the constitutional framework.
- **To inspire civic responsibility and ethical conduct among citizens based on Ambedkar's constitutional ideals.**
- **To examine the contemporary relevance** of Ambedkar's thoughts in addressing social discrimination and inequality.

Resource Person(s)

- **Dr Shalini Chandra (Head of department pharmacology)**
- **Dr Iram Shaifali**
- **Dr Anju Saxena**

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Description

- **Ambedkar and the Ethical Soul of the Constitution:**

  A foundational session tracing how Ambedkar's values shaped the moral framework of the Constitution.

- **Social Justice and Constitutional Ethics Workshop:**

  A values-based discussion linking Ambedkar's advocacy for the marginalized with the ethical duties of the state and citizens.

- **Ambedkar's Writings and Speeches: A Moral Compass:**

  A reading and reflection-based session analyzing key texts that illustrate his ethical vision.

- **Interactive Dialogue on Fraternity and Moral Responsibility:**

  A participative event examining how fraternity, as emphasized by Ambedkar, underpins social harmony and moral citizenship.

- **Youth and the Legacy of Ambedkar's Constitutional Vision:**

  A youth-oriented workshop exploring how young people can apply Ambedkar's ideas in building a just and equitable society.

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Outcome

- **Deeper understanding of Ambedkar's role** in shaping the moral and ethical foundation of the Constitution.
- **Increased awareness of constitutional morality as** a tool for social transformation and justice.
- **Stronger appreciation for the values of** dignity, equality, and fraternity in democratic life.
- **Empowerment of participants to** embody constitutional ethics in their personal and civic actions.
- **Inspiration to continue Ambedkar's mission of creating an** inclusive, just, and humane society.

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Activity Report

Date: 29.11.2024

Title of the Activity

Seminar on Fundamental Duties: Implementation Challenges

Date & Venue

- **Date:** Nov 28,2024
- **Venue:** LT-10, Rohilkhand Medical College and Hospital, Bareilly

Organized by

Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital Bareilly International University

Objectives

- To identify the gaps between constitutional ideals and real-world practice concerning Fundamental Duties.
- To analyze the reasons behind the limited public awareness and observance of these duties.
- To examine the legal status and non-enforceable nature of Fundamental Duties and how that affects their implementation.
- To facilitate dialogue among stakeholders — educators, legal experts, policy-makers, students, and civil society — on feasible solutions.
- To encourage the development of frameworks that integrate duty consciousness in education, governance, and community participation.
- To promote a shared civic ethic that emphasizes the role of individuals in upholding the spirit of the Constitution.

Resource Person(s)

1) **Dr Arun Singh(Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- This seminar will serve as an interactive and thought-provoking platform to discuss the implementation of Fundamental Duties, which were introduced through the 42nd Constitutional Amendment Act of 1976. Although these duties reflect core values necessary for national unity and integrity, their implementation remains a challenge due to factors such as:
- Lack of legal enforceability
- Inadequate integration in the education system
- Public indifference and lack of awareness
- Conflicting priorities in governance and policy
- Weak institutional mechanisms for civic education
- The seminar will include keynote addresses by constitutional experts, legal scholars, and educators, followed by panel discussions, case studies, and participant interaction sessions. Sessions will focus on:
- The historical context and evolution of Fundamental Duties
- Challenges in civic compliance and social accountability
- Role of institutions (schools, colleges, media, judiciary, civil society) in promoting awareness
- Comparative global practices in implementing civic duties
- Participants will also be invited to develop and share actionable recommendations, including curriculum models, public awareness initiatives, and policy suggestions.

Outcome

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- Deepened understanding of the conceptual and legal dimensions of Fundamental Duties and why they are critical to a functioning democracy.
- Clear articulation of implementation challenges, including gaps in civic education, legal frameworks, and public mindset.
- Collection of insights and suggestions from diverse stakeholders on how to enhance compliance and observance of duties in daily life.
- Development of educational and outreach strategies for mainstreaming duty awareness, especially among youth and future leaders.
- Encouragement for legal discourse and policy debate on whether certain duties should be made enforceable or incentivized.
- Improved collaboration between academia, civil society, and government bodies, aiming at civic sensitization and capacity-building.
- Publication of seminar proceedings or policy briefs for wider dissemination and use in advocacy, training, or curriculum development.
- Motivation among participants to act as community ambassadors, promoting constitutional literacy and responsible citizenship.

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Activity Report

Date: 05.12.2024

Title of the Activity

Workshop on Indian Constitution and value Education for students

Date & Venue

- **Date:** Dec 04,2024
- **Venue:** Demo room, Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To introduce students to the fundamental principles and values enshrined** in the Indian Constitution.
- **To foster awareness of constitutional** rights, duties, and democratic values among young learners.
- **To integrate value education with constitutional learning to** build responsible and ethical citizenship.
- **To promote critical thinking, respect for diversity, and social justice through the lens of the Constitution.**
- **To empower students to become active, informed, and value-driven participants** in a democratic society.

Resource Person(s)

- **Dr Shalini Chandra (Head of department pharmacology)**
- **Dr Iram Shaifali**
- **Dr Anju Saxena**

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Description

- **Know Your Constitution: A Student Primer:**

  An engaging introductory session simplifying key parts of the Constitution with visuals, stories, and examples.

- **Rights and Responsibilities: A Constitutional Values Workshop:**

  Focused on helping students understand how their rights are balanced with duties and ethical conduct.

- **Living the Constitution: Values in Daily Life:**

  Interactive activities showing how values like equality, liberty, and respect can be practiced in school and community life.

- **Youth Voice and Democratic Participation Session:**

  Encouraging students to share ideas on civic issues and explore how their actions can influence positive change.

- **Creative Expression on Constitutional Values:**

  Involving art, debates, skits, or essays where students reflect on and express constitutional themes.

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Outcome

- . **Improved awareness of the Indian Constitution and its core** values among students.
- **Enhanced sense of civic responsibility and ethical behavior** in personal and social settings.
- **Development of respect for democratic principles and social inclusion.**
- **Encouragement of student participation in civic life** with a value-based perspective.
- **Creation of a foundation for lifelong commitment to** constitutional values and responsible citizenship.

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Activity Report

Date: 11.12.2024

Title of the Activity

Workshop on Respecting Diversity in Public spaces

Date & Venue

- **Date:** Dec 10,2024
- **Venue:** LT-10,Rohilkhand medical college and Hospital ,Bareilly International University

Organized by

Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

- To promote mutual respect, inclusivity, and awareness of cultural, religious, linguistic, and social diversity in public spaces. In a country as diverse as India, public spaces serve as shared platforms for people from different backgrounds, identities, and communities to coexist.
- To instill in participants—especially students, educators, civic workers, and community members—a deep sense of responsibility in ensuring that these shared spaces are respectful, accessible, and welcoming to all.
- To build sensitivity toward differences, reduce discriminatory attitudes, and encourage behaviors that uphold constitutional values such as equality, fraternity, and dignity.
- To understanding the challenges faced by marginalized communities—whether due to caste, gender, religion, disability, or language—participants will learn to become more empathetic and inclusive in their interactions.
- To help participants recognize and challenge unconscious biases, stereotypes, and microaggressions that may arise in everyday life.
- To nurture a culture of respect, cooperation, and peaceful coexistence, laying the foundation for a more equitable and tolerant society.

Resource Person(s)

1) **Dr Arun Singh (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**

3) **Dr Deepak Upadhyay**



Description

- This *Workshop on Respecting Diversity in Public Spaces* is designed to cultivate social harmony and mutual respect in everyday environments such as schools, parks, public transport, markets, workplaces, and government institutions.
- Public spaces are reflections of a society's cultural ethos. They should offer safety, dignity, and freedom for all individuals, regardless of their background.
- However, exclusion, discrimination, and insensitivity in these spaces often create barriers to equality and inclusion.
- Through interactive discussions, storytelling, group activities, and role-playing exercises, the workshop will address how differences in gender, religion, caste, language, ethnicity, age, and ability affect people's experiences in public areas.
- Experts and social activists will share insights on constitutional rights, inclusive design, and civic behavior, emphasizing the need for public spaces to reflect the democratic spirit of India.
- Participants will be guided on how to respect diversity through simple everyday actions—like offering help to someone with a disability, avoiding prejudiced language, ensuring equal participation in group settings, or being an ally to someone facing discrimination.
- The session will also include brainstorming on community-led initiatives that can promote inclusivity in shared environments.
- The overall aim is to empower participants to become respectful, responsible citizens who foster a culture of acceptance and inclusion in their daily lives.

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Outcome

- Increased awareness of the importance of diversity and the need to respect different cultural, religious, and social identities in public interactions.
- Improved sensitivity to discrimination and exclusion faced by marginalized groups in shared spaces, such as those based on caste, religion, gender, or disability.
- Understanding of unconscious bias and microaggressions, and how to avoid them in daily behavior and language.
- Development of inclusive behavior patterns, such as inclusive communication, active listening, and equitable participation in group settings.
- Empowerment to intervene respectfully in situations where someone is being disrespected, excluded, or discriminated against in a public setting.
- Better knowledge of constitutional values, such as fraternity, equality, and dignity, and how these apply to everyday civic life.
- Formation of diversity-friendly attitudes, encouraging acceptance, empathy, and peaceful coexistence among individuals of all backgrounds.
- Inspiration to launch community-based or school/college initiatives to create more inclusive and accessible public spaces.
- Improved social harmony and reduced prejudice, contributing to a more peaceful and cooperative society.
- Motivation to act as ambassadors of respect and inclusion, spreading awareness and modeling positive civic behavior in all areas of life.

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Activity Report

Date: 19.12.2024

Title of the Activity

Workshop on Civil Liberties and Citizen Awareness

Date & Venue

- **Date:** December 18, 2024
- **Venue:** Demo room, Department of PHYSIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by Organized by the Department of PHYSIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- To educate participants on the meaning, scope, and importance of civil liberties in a democratic society.
- To increase public awareness about the constitutional and legal protections of individual freedoms.
- To examine real-life examples of civil liberties being upheld or infringed.
- To equip citizens with knowledge of their rights and legal remedies in case of violations.
- To foster a sense of civic responsibility and encourage proactive participation in democratic processes.

Resource Person(s)

1) **Dr Shashikant Verma (Head of department Physiology)**
2) **Dr Ankur**
3) **Dr Rishabh Bhardvaj**

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Description

- **Introduction to Civil Liberties:**

  The workshop began with a foundational session on civil liberties such as freedom of speech, expression, assembly, religion, and privacy—highlighting their role in a democracy.

- **Constitutional and Legal Safeguards:**

  Participants were introduced to constitutional provisions (Articles 19–22) and relevant legal protections that ensure the safeguarding of civil liberties in India (or context-specific).

- **Discussion on Contemporary Issues:**

  Recent events involving issues like surveillance, censorship, peaceful protests, and digital rights were discussed to understand modern challenges to civil liberties.

- **Citizen Rights and Responsibilities:**

  The session emphasized not only the rights but also the civic duties of individuals in maintaining democratic values and respecting others' freedoms.

- **Engagement Through Activities:**

  Interactive sessions, including quizzes, role-play, and open forums, were conducted to enhance practical understanding and encourage civic dialogue.

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Outcome

- Participants gained a thorough understanding of their civil liberties and how they are protected under the constitution.
- Increased citizen awareness about mechanisms to report or challenge rights violations through legal and institutional channels.
- Enhanced ability to identify situations where civil liberties are at risk, both offline and online.
- Participants were inspired to become active and informed citizens, advocating for democratic principles in their communities.
- The workshop concluded with a collaborative action plan for local awareness campaigns and civic education initiatives.

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Activity Report

Date: 28.12.2024

Title of the Activity

Workshop on Responsible Citizenship and Civic Sense

Date & Venue

- **Date:** Dec 27,2024
- **Venue:** LT-10,Rohilkhand Medical College and Hospital, Bareilly International University

Organized by

- Organized by the Department of Biochemistry, Rohilkhand medical college and Hospital Bareilly International University

Objectives

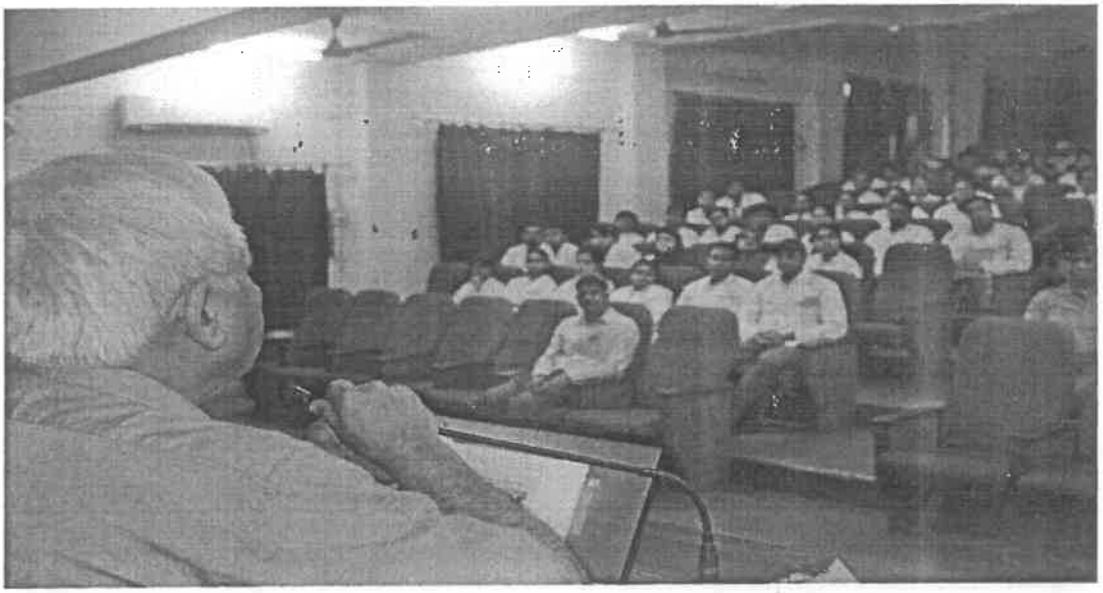
- To instill awareness of civic responsibilities, including respect for laws, public spaces, and fellow citizens.
- To promote behavioral habits aligned with responsible citizenship, such as cleanliness, traffic discipline, voting, and environmental consciousness.
- To educate participants on their role in sustaining democratic values, social harmony, and collective well-being.
- To bridge the gap between constitutional ideals and daily practices, encouraging proactive and respectful social conduct.
- To empower individuals to lead and influence positive civic behaviors in their communities, schools, or workplaces.

Resource Person(s)

1) **Dr Shikha Saxena (Head of department Biochemistry)**
2) **Dr Sumeru Samnta**

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Description

- This interactive and experiential workshop is designed for students, educators, young professionals, and community members.
- The session begins with a brief introduction to the concept of citizenship in a democratic nation like India — not just in terms of legal identity, but as an ongoing commitment to community and country.
- Participants will be introduced to key principles of civic sense, including public hygiene, respect for rules, empathy, participation in governance, and shared responsibility for public welfare.
- Through real-life case studies, visual presentations, role plays, simulations, and group discussions, participants will reflect on civic issues like littering, noise pollution, corruption, vandalism, and apathy in public life — and how small changes in behavior can lead to large societal impact.
- Interactive modules will include:
- Civic Sense Assessment Activities
- Street Play or Poster Creation
- "Be the Change" Scenario Challenges
- Neighborhood Improvement Planning
- The workshop will end with a collaborative session where participants create pledges or action plans to practice and promote responsible citizenship in their daily environments.

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Outcome

- Enhanced understanding of civic duties and the broader meaning of citizenship, beyond legal rights and identity.
- Improved civic behavior among participants, including respect for public spaces, adherence to laws, and environmental care.
- Increased empathy and social awareness, leading to more inclusive and cooperative community interactions.
- Development of individual and group action plans for implementing civic improvements in local settings such as campuses, neighborhoods, or workplaces.
- Promotion of volunteerism and civic engagement, encouraging participants to take part in local governance, cleanliness drives, voting awareness, and public welfare programs.
- Formation of civic clubs or student-led initiatives aimed at fostering continuous learning and action around civic issues.
- Greater responsibility and accountability in social settings, contributing to reduced public negligence and enhanced community pride.
- Lasting behavioral change, as civic sense becomes a natural and consistent part of participants' daily life.

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Activity Report

Date: 03.01.2025

Title of the Activity

Workshop on value-based decision Making in Public Life

Date & Venue

- **Date:** Jan 02,2025
- **Venue:** Demo room, Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

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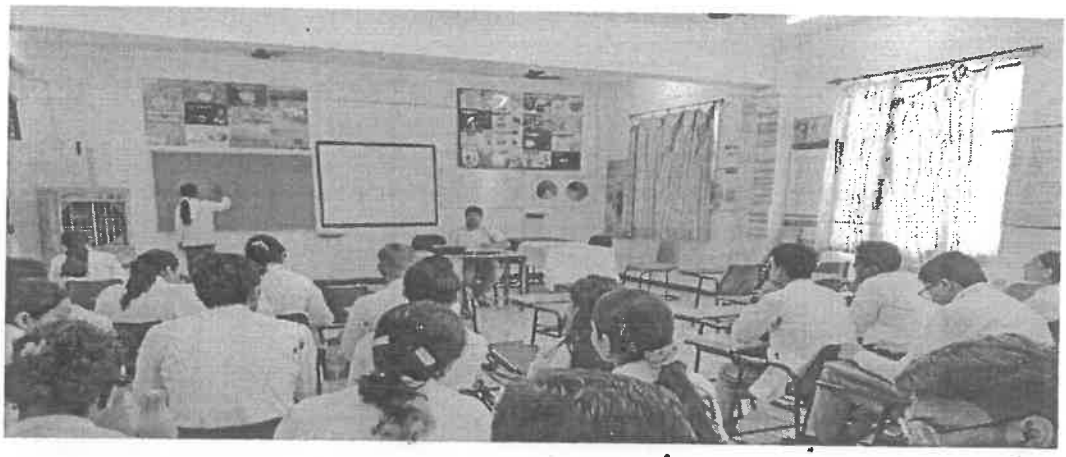
Objectives

- **To promote ethical and value-driven approaches to** decision-making in public administration and leadership.
- **To emphasize the importance of** integrity, accountability, fairness, and transparency in public life.
- **To examine real-world challenges and dilemmas faced by** public servants and leaders, and how values can guide solutions.
- **To encourage participants to align personal conduct** with constitutional and democratic values.
- **To cultivate a culture of trust and responsibility in governance and civic engagement.**

Resource Person(s)

- **Dr Shalini Chandra (Head of department pharmacology)**
- **Dr Iram Shaifali**
- **Dr Anju Saxena**

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Description

- **Foundations of Ethical Decision-Making in Public Roles:**

  A session introducing key values and ethical frameworks for decision-making in governance and leadership.

- **Interactive Case Study Analysis:**

  A hands-on workshop using real-life public administration scenarios to explore ethical choices and consequences.

- **Leadership Ethics and Civic Responsibility Dialogue:**

  A discussion connecting moral leadership with constitutional values such as justice, equality, and service.

- **Transparency and Accountability in Governance:**

  A session highlighting how ethical decisions build public trust and institutional credibility.

- **Youth and Future Leaders Training on Public Ethics:**

  A values education workshop designed to prepare young individuals for ethical participation in public life.

Outcome

- **Improved understanding of the role** of ethics in public decision-making.
- **Enhanced ability to identify and resolve ethical dilemmas** in professional and civic life.
- **Stronger alignment between personal values and public responsibilities.**
- **Development of a value-driven leadership mindset that prioritizes** justice and public welfare.
- **Promotion of transparent, inclusive, and responsible governance practices.**

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Activity Report

Date:09.01.2025

Title of the Activity

Workshop on values Driven leadership for National building

Date & Venue

- **Date:** Jan 08,2025
- **Venue:** Demo room, Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

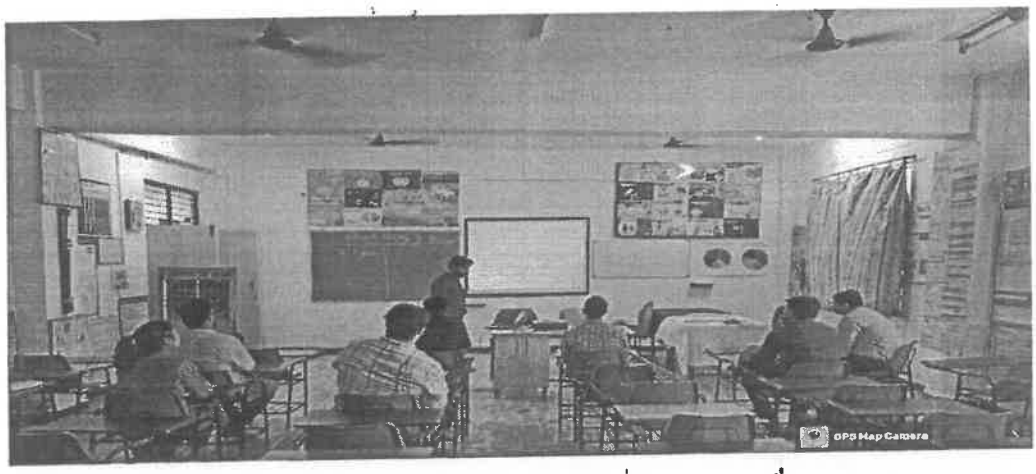
- **To promote the concept** of leadership rooted in core human and constitutional values such as integrity, accountability, justice, and service.
- **To inspire participants to take on leadership roles** that contribute positively to national development.
- **To connect ethical leadership with the principles** of the Indian Constitution and democratic governance.
- **To cultivate decision-making skills guided by** empathy, responsibility, and the greater public good.
- **To empower individuals to** become role models in their communities through value-based actions.

Resource Person(s)

- **Dr Shalini Chandra (Head of department pharmacology)**
- **Dr Iram Shaifali**
- **Dr Anju Saxena**

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Description

- **Leadership with Purpose: A Constitutional Perspective:**

  A session focusing on how effective leaders draw strength from values that align with national and constitutional ideals.

- **Ethical Leadership and Social Responsibility Workshop:**

  An interactive platform for exploring the role of integrity, honesty, and transparency in leadership.

- **Youth and Nation-Building through Values-Based Leadership:**

  A youth-centric dialogue on cultivating leadership qualities for social change and national progress.

- **Leading by Example: Stories of Value-Driven Leaders:**

  A storytelling-based session highlighting inspiring leaders whose actions shaped the nation through strong values.

- **Decision-Making for the Common Good:**

  A practical session that uses real-life scenarios to train participants in ethical and inclusive leadership practices.

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Outcome

- **Stronger awareness of the importance** of value-based leadership in public and professional life.
- **Empowerment of participants to** become ethical influencers in their respective communities.
- **Improved leadership skills grounded in** empathy, justice, and responsibility.
- **Greater alignment of personal actions with national interests and constitutional values.**
- **Formation of a leadership mindset committed to** inclusive and sustainable nation-building.

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Activity Report

Date: 25.01.2025

Title of the Activity

Workshop on Community Policing and public Safety

Date & Venue

- **Date:** Jan 24,2025
- **Venue:**LT-10, Rohilkhand medical college and Hospital , Bareilly International University

Organized by

Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital , Bareilly International University

Objectives

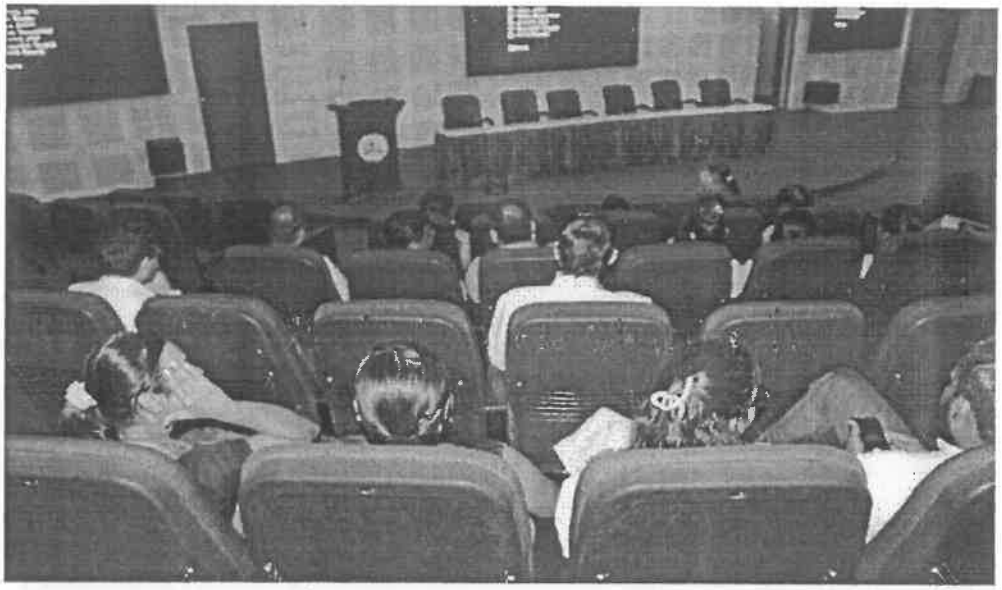
- To build a collaborative understanding between citizens and law enforcement agencies to enhance community safety and social trust.
- To familiarize participants—especially students, youth leaders, educators, and local residents—with the principles of community policing, emphasizing proactive, partnership-based, and problem-solving approaches to crime prevention and public safety.
- To promote shared responsibility, empower citizens to contribute to safer neighborhoods, and improve communication between the public and police forces.
- To developing problem-solving skills and awareness of localized safety concerns, encouraging participants to contribute to sustainable, community-led solutions.
- To sensitize citizens to vulnerable groups such as women, children, and the elderly, promoting inclusive and gender-sensitive safety measures.
- To cultivate a safer, more cohesive society where public safety is seen not just as a government function but a shared civic duty upheld by informed, engaged, and responsible citizens.

Resource Person(s)

1) **Dr Arun Singh (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- This workshop on *Community Policing and Public Safety* is designed to promote a cooperative model of law enforcement where the community and police work together to solve local problems, reduce crime, and enhance the overall quality of life.
- Traditional policing often relies on reactive enforcement, while community policing focuses on preventive strategies, trust-building, and citizen engagement.
- Participants will learn how strong community ties and mutual respect between law enforcement and the public can lead to better crime reporting, improved response times, and a safer, more inclusive society.
- The workshop will feature interactive sessions with police officers, safety experts, and social workers, exploring real-life case studies, local initiatives, and effective models of community-led safety programs.
- Through activities such as mock safety drills, neighborhood mapping, and group discussions, participants will identify issues in their communities and collaborate on solutions.
- Topics will also include cyber safety, gender-sensitive policing, legal rights, and public grievance redressal mechanisms.
- Ultimately, the workshop will equip attendees with the knowledge and motivation to take an active role in community safety and become responsible, vigilant, and empowered citizens.

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Outcome

- Enhanced understanding of community policing principles and how they differ from traditional law enforcement methods.
- Improved trust and communication between the public and police, fostering a safer and more cooperative environment.
- Increased awareness of citizen rights, responsibilities, and legal avenues for reporting crime and misconduct.
- Empowerment of citizens to participate in local safety initiatives, such as neighborhood watch groups, anti-drug campaigns, or traffic regulation awareness.
- Practical knowledge of public safety measures, including emergency preparedness, self-defense basics, and disaster response protocols.
- Greater sensitivity to issues like gender-based violence, child safety, and senior citizen protection, and how community members can help address them.
- Encouragement to use digital platforms and apps for crime reporting, safety tips, and anonymous alerts (e.g., local police apps or helplines).
- Formation of student/community safety clubs or forums that promote responsible civic behavior and peer awareness.
- Fostering a sense of shared responsibility, where public safety is seen not just as a police duty but a collective societal commitment.

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Activity Report

Date: 31.01.2025

Title of the Activity

Seminar on Role of Citizens in Crisis and Disaster Management

Date & Venue

- **Date:** Jan 30,2025
- **Venue:** LT-10,Rohilkhand medical college and Hospital ,Bareilly International University

Organized by

Organized by the Department of Medicine, Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

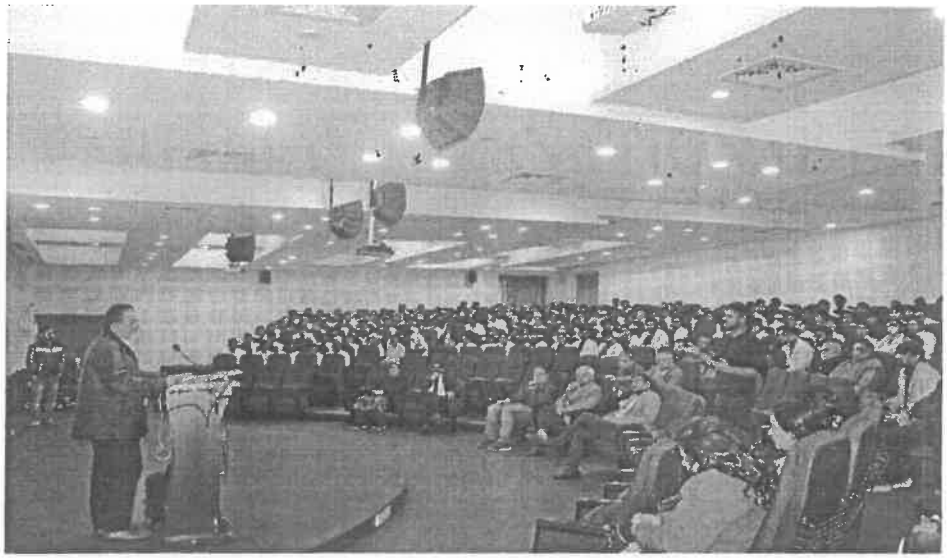
- To educate and empower citizens to actively participate in crisis and disaster management efforts, both in preparedness and response. Natural and man-made disasters—such as floods, earthquakes, pandemics, industrial accidents, and fires—can cause large-scale disruption and loss.
- To build a culture of resilience, self-reliance, and collective action by equipping participants—particularly students, community members, and local leaders—with the knowledge and skills necessary for basic disaster preparedness, risk reduction, and post-disaster recovery.
- To focuses on familiarizing them with early warning systems, first aid, evacuation protocols, and communication strategies during emergencies.
- To developing leadership qualities, promoting volunteerism, and strengthening community networks so that citizens become the first line of defense in any crisis. Emphasis will also be placed on the psychological and social aspects of disaster management, such as trauma care and supporting vulnerable populations.
- To transform passive bystanders into informed, alert, and proactive citizens who can contribute meaningfully to building safer, more resilient communities.

Resource Person(s)

1) **Dr Seema Seth (Head of department)**
2) **Dr Malini Kulshrestha**

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Description

- This seminar on *Role of Citizens in Crisis and Disaster Management* is designed to bridge the knowledge gap between formal disaster management institutions and the everyday citizen.
- Disasters can strike suddenly and affect entire communities. In such situations, timely action by local residents can significantly reduce casualties and damage before official responders arrive.
- The seminar will feature experts from disaster response teams, civil defense, healthcare professionals, and NGOs who will provide real-world insights into disaster scenarios.
- Participants will be introduced to topics such as **risk assessment, personal safety planning, emergency kits, community response coordination**, and **the importance of accurate information dissemination** during crises.
- Interactive sessions, simulations, and case studies will enhance participants' practical understanding of what to do before, during, and after various types of emergencies.
- The seminar will also highlight the role of digital tools and government helplines, and educate attendees on how to assist emergency services without causing disruption.
- The program will emphasize that **prepared and aware citizens are key partners in disaster resilience.**
- From neighborhood-level planning to volunteering in relief operations, citizen action can accelerate recovery and rebuild community morale.

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- The seminar encourages participants to take ownership of public safety and foster a culture of preparedness in their families and communities.

Outcome

- By the end of the seminar, participants will gain a comprehensive understanding of their responsibilities and potential contributions during crises and disasters.
- One of the primary outcomes will be an increased level of awareness and preparedness among individuals and communities.
- Participants will learn how to recognize early warning signs, create family safety plans, and coordinate with local authorities and relief organizations during emergencies.
- They will acquire practical skills such as basic first aid, CPR, emergency communication, and evacuation planning, which can be lifesaving in the absence of immediate professional help.
- The seminar will also empower citizens to assist in disaster relief, support vulnerable groups like children, the elderly, and persons with disabilities, and engage in post-disaster rehabilitation and mental health support.
- Another significant outcome will be the formation or strengthening of community-level disaster response teams or volunteer groups, which can serve as organized units during actual events.
- The seminar will encourage participants to spread awareness within their own networks, creating a ripple effect that promotes a culture of safety and mutual aid.
- Ultimately, the seminar aims to foster resilient, informed, and self-reliant communities, where citizens play an integral role not only in surviving crises but in leading recovery and rebuilding efforts.

Signature
Dean, RMCH

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Activity Report

Date: 05.02.2025

Title of the Activity

Workshop on Case Studies of Fundamental Rights Violation

Date & Venue

- **Date:** Feb 04,2025
- **Venue:** Demo room, Department of PHYSIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by Organized by the Department of PHYSIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

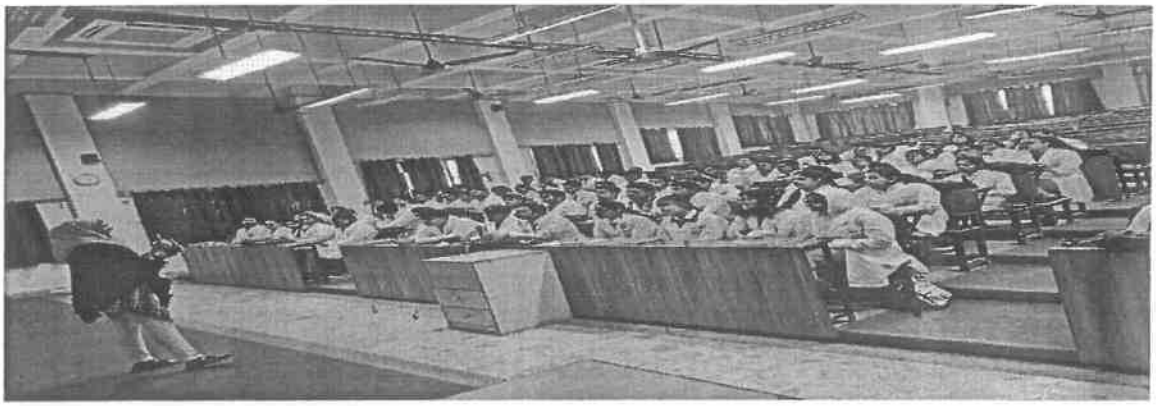
- To provide a deep understanding of the nature and scope of fundamental rights under the constitution.
- To analyze real-life case studies where fundamental rights were allegedly violated.
- To examine the role of judiciary and legal mechanisms in addressing these violations.
- To encourage critical thinking and legal reasoning among participants.
- To promote awareness and advocacy for the protection and enforcement of fundamental rights.

Resource Person(s)

1) **Dr Shashikant Verma (Head of department Physiology)**
2) **Dr Ankur**
3) **Dr Rishabh Bhardvaj**

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Description

- **Overview of Fundamental Rights:**

  Participants received an overview of the key fundamental rights guaranteed by the Constitution, such as the Right to Equality, Right to Freedom, and Right to Constitutional Remedies.

- **Presentation of Landmark Cases:**

  Facilitators presented landmark judgments (e.g., Kesavananda Bharati, Maneka Gandhi, Puttaswamy) to illustrate how rights were interpreted or defended by courts.

- **Group Analysis of Contemporary Violations:**

  Participants worked in groups to analyze recent incidents involving alleged rights violations—covering areas like freedom of speech, police brutality, and minority rights.

- **Judicial Response and Legal Recourse:**

  The workshop included discussions on how the judiciary, NHRC, and civil society have responded to violations and what legal remedies are available to affected individuals.

- **Interactive Role Play and Simulation:** Attendees participated in mock court hearings or debates simulating rights violation scenarios to better understand the legal process and constitutional arguments.

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Outcome

- Participants developed a strong grasp of the scope and limitations of fundamental rights.
- Attendees improved their ability to recognize and critically assess rights violations in different contexts.
- The workshop enhanced understanding of judicial processes and the importance of legal safeguards.
- Students and professionals were empowered to take informed action in real-world situations involving rights violations.
- A compilation of analyzed case studies and policy recommendations was produced for future academic or advocacy use.

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Activity Report

Date: 18.02.2025

Title of the Activity

Seminar on Promoting Civic Engagement through Youth Forums

Date & Venue

- **Date:** Feb 17,2025
- **Venue:** LT-10,Rohilkhand medical college and Hospital ,Bareilly International University

Organized by

Organized by the Department of ENT, Rohilkhand medical college and Hospital,Bareilly International University

Objectives

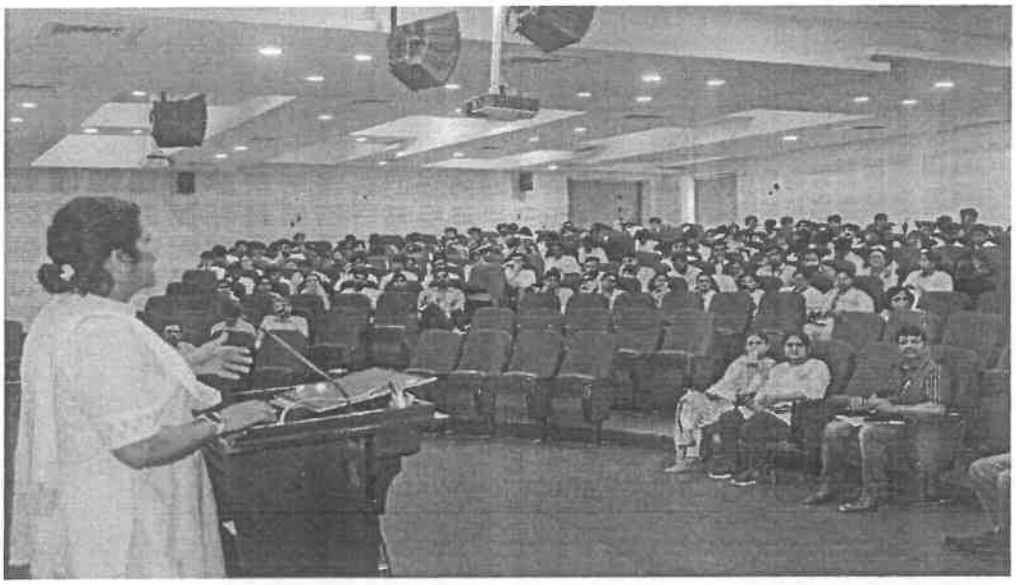
- To empower young people to become active, responsible, and informed participants in democratic processes through the creation and utilization of youth forums.
- To educate youth on constitutional values, civic duties, policy advocacy, and community development, thereby transforming passive observers into proactive citizens.
- To encourages young people to take ownership of public issues—such as education, environment, governance, gender equality, and social justice—and to collaborate with institutions, NGOs, and local authorities in problem-solving.
- To focus on building skills such as public speaking, leadership, critical thinking, and democratic decision-making, which are essential for effective civic participation.
- To promoting intergenerational dialogue and democratic culture, it aspires to create a vibrant, youth-led ecosystem that champions accountability, transparency, and inclusive development.
- To instill a lifelong sense of civic responsibility, democratic engagement, and social leadership in the youth, ensuring that they become active stakeholders in shaping the future of the nation.

Resource Person(s)

1) **Dr Abhinav Srivastava (Head of department)**
2) **Dr Shraddha Chandra**
3) **Dr Helina Babu**

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Description

- This seminar on *Promoting Civic Engagement through Youth Forums* is designed to create awareness about the importance of structured youth participation in governance and civic life.
- In a fast-changing society, the voices and actions of young people can serve as powerful catalysts for democratic progress and social reform. However, lack of awareness, access, or mentorship often hinders their involvement.
- The seminar will explore how youth forums—such as student councils, debate clubs, community youth groups, and digital platforms—can serve as incubators for civic learning and leadership.
- Participants will engage in discussions with experts in public policy, social work, education, and government to understand real-world examples of youth-led change.
- Interactive segments will focus on how young people can organize forums, plan civic initiatives, collaborate with local stakeholders, and participate in decision-making processes at various levels.
- Emphasis will also be placed on digital engagement, activism, and using social media ethically to promote awareness and drive civic causes.
- Participants will also learn about tools such as RTI (Right to Information), public hearings, surveys, petitions, and campaigns that youth forums can utilize to influence policy and community welfare.
- Through real stories, dialogue, and action planning, the seminar seeks to plant the seeds of youth-driven civic transformation.

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Outcome

- Enhanced civic awareness among youth about their roles and rights as citizens in a democratic society.
- Understanding the structure and purpose of youth forums, and how they can be utilized as platforms for meaningful civic participation.
- Skill-building in leadership, communication, organizing events, and teamwork, necessary for the effective functioning of youth forums.
- Increased youth interest in governance, public policy, and social issues, leading to more informed and active citizen engagement.
- Encouragement to form or strengthen youth forums within educational institutions or community spaces with guidance on structure, sustainability, and outreach.
- Development of a network of motivated young individuals, committed to community service and democratic engagement.
- Promotion of ethical use of digital platforms and social media to advocate for civic causes, promote awareness, and connect with larger campaigns.
- Understanding the use of participatory tools such as RTI, local grievance redressal mechanisms, and community consultations to influence change.
- Establishment of partnerships between youth, NGOs, and local authorities, ensuring a collaborative approach to solving local problems.
- Long-term impact through the cultivation of youth leadership, contributing to nation-building, policy reform, and sustained civic action.

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Activity Report

Date: 25.02.2025

Title of the Activity

Seminar on Grassroots Democracy and Role of Citizens

Date & Venue

- **Date:** Feb 24, 2025
- **Venue:** LT-10,Rohilkhand medical college and Hospital Bareilly International University

Organized by

Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital Bareilly International University

Objectives

- To promote a deeper understanding of grassroots democracy and to emphasize the pivotal role of citizens in strengthening democratic processes at the local level.
- To educate participants—especially students, community leaders, and youth—about the importance of decentralization, participation in Panchayati Raj Institutions (PRIs), urban local bodies, and village councils, and how these platforms serve as the foundation of a vibrant democracy.
- To encourage active citizen engagement in local governance, promoting transparency, accountability, and inclusiveness.
- To empower citizens with knowledge about their rights, responsibilities, and the various mechanisms available to them for participatory governance—such as Gram Sabhas, ward meetings, public hearings, and social audits.
- To highlighting successful models of grassroots democracy, the seminar fosters awareness of how empowered citizens can influence development decisions, ensure efficient service delivery, and demand accountability from elected representatives.

Resource Person(s)

1) **Dr Rashmi Katiyal (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- This seminar on *Grassroots Democracy and the Role of Citizens* explores the foundational layers of democratic governance in India, focusing on Panchayati Raj Institutions, urban municipal bodies, and other decentralized administrative units.
- Grassroots democracy enables people to have a direct voice in decisions that affect their everyday lives—ranging from water supply and sanitation to health, education, and infrastructure.
- Participants will learn about the constitutional and legal framework supporting local self-governance (73rd and 74th Constitutional Amendments), and how citizen participation is central to making these institutions effective.
- Experts and practitioners will share insights into how local governance works, how budgets are allocated, how decisions are made, and how citizens can engage with these processes.
- The seminar will include case studies of successful grassroots initiatives led by community members, local leaders, and civil society organizations.
- Discussions will also cover tools such as Right to Information (RTI), social audits, e-governance platforms, and citizen charters, which enhance transparency and civic empowerment.
- Through interactive dialogue, the seminar will foster critical thinking around challenges such as corruption, bureaucratic delay, gender exclusion, and political apathy—while proposing citizen-driven solutions.
- The session encourages participants to see themselves not just as beneficiaries of local governance, but as key stakeholders in grassroots democratic development.

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Outcome

- By the end of the seminar, participants will have a clear and actionable understanding of how grassroots democracy functions and how they, as citizens, can contribute meaningfully to it.
- They will recognize that true democratic empowerment begins at the community level, where decisions are made closest to the people and their daily lives.
- Key outcomes include:
- Greater awareness of local self-governance structures, such as Panchayats, Municipalities, and Gram Sabhas.
- Improved understanding of citizen rights and responsibilities in relation to local governance.
- Enhanced capability to participate in civic forums, village meetings, and public consultations.
- Increased knowledge about tools for accountability and transparency (e.g., RTI, social audits, citizen report cards).
- Motivation to address local issues through collaborative and democratic approaches.
- Inspiration to initiate or support community-based development efforts, especially among youth and students.
- Recognition of the importance of inclusive participation, particularly for women, minorities, and marginalized communities in grassroots governance.
- The seminar ultimately seeks to create a generation of engaged, aware, and active citizens who see themselves as co-creators of local and national progress.
- It reinforces the idea that democracy is not a once-in-five-years event, but a continuous process sustained by citizen involvement at every level.

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Activity Report

Date: 04.03.2025

Title of the Activity

Seminar on Civic Behaviour in Shared Public Life

Date & Venue

- **Date:** Mar 03,2025
- **Venue:** LT-10 ,Rohilkhand medical college and Hospital, Bareilly International University
-

Organized by

Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital, Bareilly International University

Objectives

- To promote awareness and understanding of the importance of civic behaviour in shared public life, with a special focus on how individual actions affect collective well-being.
- To instill a sense of personal responsibility, public ethics, and mutual respect in various public settings such as streets, markets, transport systems, schools, workplaces, and recreational spaces.
- To educate participants—especially students, youth leaders, and community members—on the key principles of civic life: respect for laws, consideration for others, cleanliness, discipline, accountability, and tolerance.
- To emphasize the importance of collective ownership of public spaces and resources, and the role each citizen plays in upholding democratic values and social order.
- To reinforcing the link between civic behaviour and national development, the seminar inspires individuals to act consciously and responsibly in shared environments.

Resource Person(s)

1) **Dr Arun singh (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- This seminar on *Civic Behaviour in Shared Public Life* addresses the everyday conduct of individuals in spaces that are commonly used and collectively owned—such as roads, parks, offices, government institutions, and digital platforms.
- Civic behaviour, though often overlooked, plays a foundational role in shaping the quality of public life, community well-being, and democratic culture.
- Participants will be introduced to the core values of civic responsibility including cooperation, respect, discipline, non-violence, rule of law, and ethical conduct.
- Through group discussions, role-playing activities, and expert talks, the seminar will offer insights into how civic neglect leads to societal issues such as pollution, chaos, inequality, and distrust.
- The session will also address contemporary challenges such as public aggression, intolerance, noise pollution, social media misconduct, and urban apathy, encouraging participants to become ambassadors of good conduct.
- By drawing on constitutional duties and national policies, the seminar links civic values to broader principles of justice, equality, and democracy.
- Participants will be encouraged to reflect on their own public behaviour and explore ways they can model positive conduct in their communities.
- The seminar emphasizes that building a harmonious, progressive society begins with respectful and responsible everyday actions in shared spaces.

Outcome

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- At the end of the seminar, participants will have developed a **stronger understanding of the role of civic behaviour in maintaining social harmony and public order.**
- They will become more aware of how individual conduct impacts the collective experience in shared spaces—be it on the road, in public offices, educational institutions, or digital communities.
- Key outcomes will include:
- A heightened sense of **personal accountability in public settings.**
- Greater respect for public property, infrastructure, and community resources.
- Increased commitment to **laws, cleanliness, noise control, and social etiquette.**
- The ability to identify and challenge **antisocial and disrespectful behaviour** constructively.
- Strengthened **awareness of constitutional duties** and their practical implications in civic life.
- Development of a **civic code of conduct** tailored to schools, colleges, and workplaces.
- Motivation to lead **community initiatives** that promote civic values—like awareness drives, cleanliness campaigns, or behavioural pledges.
- Encouragement to model **respectful, inclusive, and courteous behaviour** in both physical and digital public spaces.

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Activity Report

Date: 12.03.2025

Title of the Activity

Workshop on Importance of Voting and Electoral Participation

Date & Venue

- **Date:** Mar 11 ,2025
- **Venue:**LT-10, Rohilkhand medical college and Hospital ,Bareilly International University
-

Organized by

Organized by the Department of Opthalmology, Rohilkhand medical college and Hospital,Bareilly International University

Objectives

- To educate and empower citizens—especially first-time voters, youth, and marginalized communities—on the significance of voting and active electoral participation.
- To instill an understanding that voting is not only a right but also a powerful civic duty that shapes the future of the nation. Through awareness and engagement, the workshop seeks to bridge the gap between citizens and the democratic process, promoting informed, inclusive, and responsible participation in elections.
- To creating awareness about the electoral process, voter registration, roles of various stakeholders (Election Commission, candidates, political parties), and the impact of voting on governance and policy-making.
- To dispel myths and apathy surrounding elections, address barriers to participation, and highlight the consequences of voter indifference or manipulation.
- To encouraging active citizenship and critical thinking, the workshop empowers individuals to become agents of democratic accountability, ensuring transparency, representation, and inclusive governance.

Resource Person(s)

1) **Dr Ashutosh Dokaniya(Head of department)**
2) **Dr Ritu**
3) **DrTaheer Hussain**

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Description

- This interactive workshop on *The Importance of Voting and Electoral Participation* serves as a dynamic platform to raise awareness about the value of voting in a democratic society.
- It addresses the current challenges of voter apathy, disinformation, and unequal participation, especially among youth, rural populations, and disadvantaged groups.
- The workshop begins with an overview of India's electoral system, the rights and responsibilities of voters, and the constitutional framework that empowers citizens to elect their representatives.
- Experts and electoral officers will provide insights into voter registration procedures, model code of conduct, election technology (like EVMs and VVPATs), and the roles of various democratic institutions.
- Through group discussions, case studies, and real-life election stories, participants will reflect on how voting decisions influence laws, governance, and the quality of life.
- The session also tackles issues like voter suppression, electoral misinformation, and vote buying, promoting ethical and conscious voting practices.
- The workshop encourages the formation of youth voter clubs, campus drives, and local awareness campaigns to increase electoral literacy. It seeks to make voting a celebrated and meaningful civic act rather than a formality.
- The session ends with a voter pledge, reaffirming the participant's commitment to uphold the spirit of democracy through responsible and informed electoral participation.

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Outcome

At the end of the workshop, participants will have gained comprehensive knowledge of the electoral process and a deeper understanding of their role as voters in a democracy. They will be motivated to actively engage in elections, not only by casting their own votes but also by encouraging others to register and vote responsibly.

Key outcomes include:

- Enhanced awareness about voter rights and responsibilities and the significance of each vote in shaping public policy and governance.
- Improved understanding of electoral procedures, voter registration, and ethical voting practices.
- Increased interest among youth and first-time voters in becoming active participants in democratic processes.
- Empowerment to combat electoral misinformation and resist unethical influences such as inducements, coercion, or identity-based polarization.
- Promotion of inclusive participation, especially encouraging members of marginalized communities, women, and differently-abled citizens to vote.
- Creation of voter literacy initiatives, such as campus voter awareness clubs, neighborhood drives, and peer-to-peer engagement.
- Strengthened civic responsibility and long-term commitment to upholding democratic values and institutions.

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Activity Report

Date: 21.03.2025

Title of the Activity

Workshop on Responsibilities Towards Persons with Disabilities

Date & Venue

- **Date:** Mar 20,2025
- **Venue:** LT-10, Rohilkhand medical college and Hospital Bareilly International University

Organized by

Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital Bareilly International University

Objectives

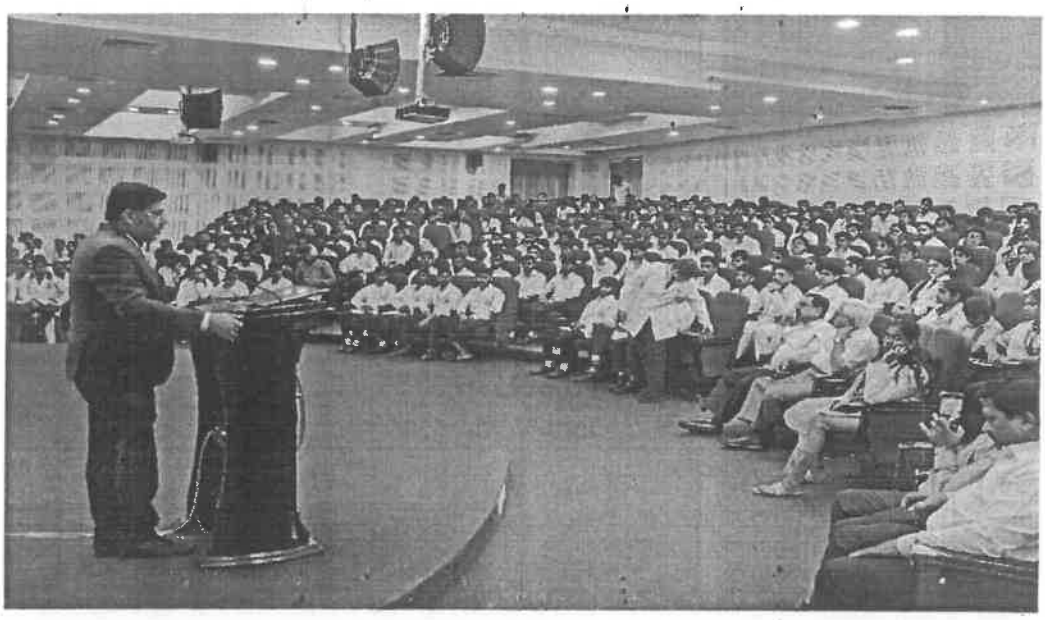
- To foster awareness, sensitivity, and a strong sense of civic and moral responsibility towards persons with disabilities (PwDs) among citizens, especially students, educators, public service providers, and community members.
- To educate participants about the rights of PwDs as guaranteed under the Rights of Persons with Disabilities Act, 2016, and to underline the importance of ensuring dignity, inclusion, and equal opportunity in all aspects of life.
- To move beyond sympathy and promote a duty-based perspective, where individuals understand their role in creating accessible, respectful, and inclusive environments—whether in educational institutions, workplaces, public transport, or community events.
- To addressing physical, social, and attitudinal barriers, the workshop encourages active participation in building an equitable society for all.
- To sensitize participants on inclusive language, behavioral etiquette, and accessibility norms, while highlighting how small, responsible actions can make a significant difference in the lives of PwDs.

Resource Person(s)

1) **Dr Rashmi Katiyal (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- This workshop on *Responsibilities Towards Persons with Disabilities* is designed as an interactive and educational session to encourage inclusive attitudes and responsible behavior toward individuals with disabilities in everyday life.
- While laws and policies advocate for the rights of PwDs, true inclusion can only be achieved when citizens take responsibility for ensuring those rights are respected and practiced in real-world settings.
- The workshop covers various types of disabilities—physical, sensory, cognitive, and intellectual—and the social challenges PwDs often face, such as discrimination, inaccessibility, and lack of representation.
- Through real-life stories, expert talks, and simulations, participants will gain a better understanding of what it means to live with a disability and how society can adapt to support greater participation and independence for all.
- Sessions will also focus on universal design principles, digital accessibility, inclusive education, and respectful communication practices.
- Participants will be guided on how to act as allies and advocates, both at personal and institutional levels.
- The workshop encourages collaboration with NGOs, local bodies, and peer support groups to strengthen community-based inclusion efforts.
- By the end, participants will be equipped with both the knowledge and tools to become proactive contributors to a barrier-free, inclusive society, rooted in compassion and constitutional duty.

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Outcome

- By the conclusion of the workshop, participants will have developed a deepened understanding of the challenges and rights of persons with disabilities, and a strengthened commitment to promoting their dignity and inclusion.
- One of the key outcomes will be an increased awareness of legal responsibilities and social duties towards PwDs, grounded in the Constitution of India and relevant legislations.
- Participants will be equipped to recognize and eliminate discriminatory attitudes, practice inclusive communication, and support the full participation of PwDs in schools, workplaces, and public life.
- They will also gain practical insights into creating accessible environments, such as barrier-free infrastructure, inclusive learning materials, and adaptive technologies.
- The workshop will also inspire participants to initiate disability-friendly practices and programs within their communities or institutions—such as disability awareness campaigns, peer support groups, and collaboration with accessibility services.
- Another vital outcome will be the formation of a more empathetic, respectful, and socially responsible mindset among individuals, which contributes to a more just and inclusive society.
- The workshop ultimately aims to transform citizens into active advocates and enablers of inclusion, bridging the gap between policy and practice in promoting the rights and well-being of persons with disabilities.

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Activity Report

Date: 27.03.2025

Title of the Activity

Workshop on Civic Engagement in Sustainable Development Goals

Date & Venue

- **Date:** Mar 26,2025
- **Venue:** LT-10, Rohilkhand medical college and Hospital, Bareilly International University

Organized by

Organized by the Department of Surgery, Rohilkhand medical college and Hospital, Bareilly International University

Objectives

- To highlight the critical role that individuals, communities, and organizations play in advancing these global goals, emphasizing how collective efforts at the grassroots level can lead to significant progress toward sustainability.
- To provide participants with a comprehensive understanding of the 17 SDGs, their interconnectedness, and the specific ways they can contribute to promoting environmental, social, and economic sustainability.
- To focusing on local implementation, the workshop seeks to inspire citizens to adopt sustainable practices in their daily lives and become active participants in initiatives related to poverty alleviation, education, health, gender equality, climate action, and more.
- To enhance awareness about government policies and global partnerships aligned with the SDGs and encourage participants to use their voices to advocate for sustainable practices in their communities.
- To foster a culture of responsibility and collective action, where civic engagement is seen as a powerful tool for advancing sustainable development both locally and globally.

Resource Person(s)

1) **Dr Sharad Seth (Head of department)**
2) **Dr Om Kumar Sharma**
3) **Dr Manjul Mohan**

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Description

- This workshop on *Civic Engagement in Sustainable Development Goals* focuses on the active participation of citizens in advancing the SDGs at local, national, and global levels.
- Participants will learn about the 17 interconnected SDGs, each aimed at addressing key global challenges such as poverty, inequality, climate change, clean water, affordable education, and sustainable cities.
- The workshop will provide a clear overview of each goal, highlighting specific targets and measurable indicators.
- It will explore how local actions, community-driven initiatives, and policy advocacy can have a meaningful impact on achieving these goals.
- The workshop will also cover examples of successful SDG projects from around the world and local case studies where citizens have played a significant role in promoting sustainability.
- Interactive sessions, discussions, and group activities will guide participants on how to integrate the SDGs into their personal, professional, and community life.
- Participants will be encouraged to explore practical ways to contribute, such as adopting sustainable consumption practices, promoting social justice, engaging in climate activism, supporting gender equality, and advocating for policies that align with the SDGs.
- Through this workshop, the aim is to create a sense of ownership and urgency, encouraging citizens to view their individual actions as a catalyst for achieving broader global sustainability goals.

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Outcome

- At the conclusion of the workshop, participants will leave with a stronger understanding of the SDGs, their significance in addressing global challenges, and their personal role in contributing to sustainable development. They will be equipped with the tools and knowledge to actively engage in efforts that further these goals in their communities.
- Key outcomes include:
- A clear understanding of the 17 SDGs and how they are interconnected.
- Practical knowledge of how civic engagement contributes to sustainable development.
- Inspiration and motivation to adopt sustainable practices in daily life, such as reducing waste, conserving energy, and supporting local economies.
- Increased awareness of advocacy and policy changes needed to advance SDGs, including the importance of local governments and civic institutions.
- Enhanced skills in community organizing and leadership for driving sustainability initiatives at the grassroots level.
- Active participation in SDG-related campaigns, initiatives, and volunteering efforts in local communities.
- Development of an action plan or pledge to incorporate SDG principles into their personal and professional endeavors.

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2023-20

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List of sensitization activities for the Academic Year 2023-2024

Sr. no	Name of the activity	Organizing Department/School	Date of the Activity
1	Workshop on Civic Virtues and National Development	PSM	Oct 12, 2023
2	Workshop on Media Freedom vs. Constitutional Limits	Physiology	Oct 19, 2023
3	Workshop on Integration of Constitutional Values in Education	Microbiology	Oct 25, 2023
4	Seminar on Non-violence and Peace: Constitutional Perspectives	PSM	Oct 30, 2023
5	Workshop on Right to Constitutional Remedies and Role of Courts	Gen.Medicine	Nov 1, 2023
6	Workshop on LGBTQ+ Rights and Constitutional Recognition	FMT	Nov 9,2023
7	Seminar on Environmental Rights as Emerging Fundamental Rights	FMT	Nov 17, 2023
8	Workshop on Inclusion, Respect, and Dignity in the Indian Constitution	Pathology	Nov 21, 2023
9	Seminar on Human Rights and Constitutional Safeguards	Gen.Medicine	Nov 28, 2023
10	Seminar on Constitutional Ideals and Moral Responsibilities	Microbiology	Dec 4, 2023
11	Seminar on Rights of Children and Constitutional Guarantees	Physiology	Dec 12, 2023
12	Workshop on Students' Rights in Educational Institutions	Physiology	Dec 20, 2023
13	Workshop on Fundamental Duties in Higher Education Curriculum	Microbiology	Dec 28, 2023
14	Seminar on Youth Engagement in Constitutional Responsibilities	ENT	Jan 18, 2024
15	Workshop on Role of Teachers in Spreading Duty Awareness	PSM	Jan 25, 2024
16	Workshop on Volunteering and Nation Building	PSM	Jan 30, 2024

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Sr. no	Name of the activity	Organizing Department/School	Date of the Activity
17	Workshop on Combating Corruption: Role of Active Citizens	PSM	Feb 9, 2024
18	Seminar on Social Media Ethics and Responsible Digital Citizenship	Pharmacology	Feb 22, 2024
19	Seminar on Legal Obligations vs. Moral Duties	OBG	Feb 27, 2024
20	Seminar on Tax Compliance and Economic Responsibility	Microbiology	May 2, 2024

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Activity Report

Date: 13.10.2023

Title of the Activity

Workshop on civic virtues and National development

Date & Venue

- **Date:** Oct 12.2023
- **Venue:** Rohilkhand Medical College and Hospital, Bareilly

Organized by

Organized by the **Department of Community Medicine, Rohilkhand medical college and Hospital** in collaboration with the **Student Research Council.**

Objectives

- **To introduce the concept** of civic virtues such as responsibility, respect, honesty, and participation in public life.
- **To highlight the role of active citizenship** in driving sustainable national development.
- **To foster a sense of duty among citizens** towards community welfare and nation-building.
- **To connect individual behavior with collective progress** through constitutional values and civic ethics.
- **To encourage civic engagement** in addressing local and national challenges constructively.

Resource Person(s)

1) **Dr Rashmi Katiyal (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- **Workshop on Responsible Citizenship:**

  A values-based program aimed at nurturing good civic behavior and public spirit for the betterment of society.

- **Interactive Session on Virtues and National Progress:**

  An engaging event exploring how simple civic actions can contribute to larger developmental goals.

- **Civic Duty and Constitution Awareness Program:**

  A session connecting civic virtues to constitutional duties and their impact on democratic development.

- **Youth-Led Dialogue on Civic Action:**

  A platform for youth to explore their role in transforming communities through civic responsibility.

- **Leadership and Nation-Building Workshop:**

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Focused on creating ethically responsible individuals who lead and contribute to national growth.

Outcome

- **Greater understanding of civic virtues** and their importance in a healthy democracy.
- **Increased motivation among participants to engage** in community service and national causes.
- **Enhanced awareness of the link between citizenship** behavior and national progress.
- **Development of proactive, responsible attitudes toward public resources, rights, and duties.**
- **Strengthened foundation** for inclusive, participatory, and ethical national development.

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Activity Report

Date: 20.10.2023

Title of the Activity

Workshop on Media Freedom vs Constitutional Limits

Date & Venue

- **Date:** Oct 19,2023
- **Venue:** Demo room, Department of PHYSIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by Organized by the Department of PHYSIOLOGY Rohilkhand medical college and Hospital, Bareilly international University

Objectives

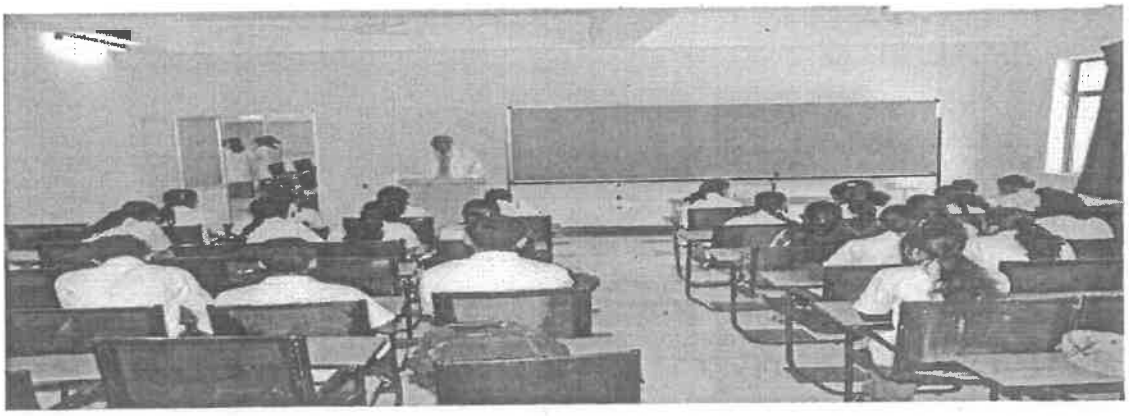
- To educate participants on the legal foundations of media freedom in democratic societies.
- To analyze the constitutional provisions and legal limitations imposed on the press.
- To encourage critical thinking through case studies on press freedom conflicts.
- To promote awareness of the ethical responsibilities of journalists and media outlets.
- To facilitate dialogue on policy measures balancing freedom of expression with national interests.

Resource Person(s)

1) **Dr Shashikant Verma (Head of department Physiology)**
2) **Dr Ankur**
3) **Dr Rishabh Bhardvaj**

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Description

- **Understanding Constitutional Rights:**

  The session introduced the legal basis for media freedom, emphasizing constitutional guarantees such as the freedom of speech and expression.

- **Exploring Legal Limits:**

  Participants examined restrictions like contempt of court, defamation laws, and national security clauses that curb unchecked media freedom.

- **Analyzing Global Case Studies:**

  Examples from various democracies were used to show how different nations manage the tension between press freedom and legal limits.

- **Media Ethics and Public Responsibility:**

  Focused discussion on how media must navigate truth-telling, accountability, and respect for privacy within legal bounds.

- **Interactive Panels and Expert Insights:**

  The workshop featured media professionals and constitutional experts who offered practical insight into maintaining a responsible press in challenging environments.

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Outcome

- Participants gained a clear understanding of constitutional rights related to media freedom and their legal scope.
- Attendees learned to identify and assess when limitations on media are justified or excessive.
- Participants developed critical perspectives on current media practices and government regulations.
- The workshop fostered informed debate, improving participants' communication and advocacy skills.
- A summary of policy recommendations was drafted to guide stakeholders in promoting a free yet accountable media environment.

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Activity Report

Date: 26.10.2023

Title of the Activity

Workshop on integration of constitutional values in education

Date & Venue

- **Date:** Oct 25,2023
- **Venue:** Demo room, Department of MICROBIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of MICROBIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To emphasize the importance** of incorporating constitutional values like justice, liberty, equality, and fraternity in the education system.
- **To equip educators and learners with the tools** to promote democratic ideals through curriculum and pedagogy.
- **To foster a school and college culture** that reflects respect for diversity, inclusion, and human dignity.
- **To encourage critical thinking and active citizenship** among students through value-based learning.
- **To develop strategies for embedding constitutional ethics** in classroom practices, co-curricular activities, and institutional policies.

Resource Person(s)

1) **Dr Ved Prakash (Head of department Microbiology)**
2) **Dr Saurabh Kumar**
3) **Dr Haniya Jafar**

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Description

- **Educators' Workshop on Constitutional Pedagogy:**

  A capacity-building session for teachers on integrating constitutional values across subjects and teaching methods.

- **Student Engagement Program on Democratic Values:**

  An interactive initiative that helps students internalize the Constitution's spirit through discussion, activities, and reflection.

- **School Leadership and Values in Education Session:**

  A dialogue with principals and education leaders on creating value-driven learning environments.

- **Curriculum and Constitution Alignment Workshop:**

  A hands-on session to explore how textbooks and lessons can reflect and reinforce core democratic ideals.

- **Experiential Learning for Value Education:**

  A practical approach that uses debates, role plays, civic projects, and service-learning to teach constitutional values.

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Outcome

- **Enhanced understanding among** educators and students of the relevance of constitutional values in education.
- **Creation of inclusive and respectful educational environments** grounded in equality and justice.
- **Empowerment of learners to** become responsible, democratic citizens.
- **Increased integration of moral and civic education into academic content and institutional culture.**
- **Development of lifelong respect** for constitutional principles among the youth through formal and informal learning.

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Activity Report

Date: 31.10.2023

Title of the Activity

Workshop on Non-violence and Peace : constitutional perspective

Date & Venue

- **Date:** Oct 30,2023
- **Venue:** Rohilkhand Medical College and Hospital, Bareilly

Organized by

Organized by the **Department of Community Medicine, Rohilkhand medical college and Hospital** in collaboration with the **Student Research Council.**

Objectives

- **To explore the significance of non-violence and peace** as fundamental values embedded in the Indian Constitution.
- **To understand the influence of Mahatma Gandhi's philosophy** on India's constitutional and democratic ethos.
- **To promote peaceful conflict resolution, dialogue, and tolerance** as tools for maintaining social harmony.
- **To connect constitutional principles such** as fraternity, justice, and dignity with the ideals of peacebuilding.
- **To encourage participants** to adopt non-violence in thought, speech, and action in personal, social, and civic life.

Resource Person(s)

1) **Dr Rashmi Katiyal (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- **Constitutional Values and Peacebuilding Workshop:**

  A session focused on how the Constitution promotes non-violence and peaceful coexistence in a pluralistic society.

- **Gandhian Principles and the Constitution Seminar:**

  A reflective discussion on how Gandhian ideas of ahimsa (non-violence) influenced India's national values and governance.

- **Interactive Session on Peaceful Citizenship:**

  A program to develop skills in dialogue, empathy, and non-violent communication aligned with constitutional ethics.

- **Role of Youth in Promoting Peace and Non-Violence:**

  A youth-focused workshop on becoming peace ambassadors in their communities and institutions.

- **Constitutional Duties and Peaceful Living Workshop:**

  A values-based discussion linking fundamental duties with the practice of peace and non-violence in society.

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Outcome

- **Increased awareness of non-violence and peace** as constitutional and civic responsibilities.
- **Greater understanding of how peaceful behavior strengthens democracy and national unity.**
- **Development of conflict resolution and dialogue skills** among participants.
- **Inspiration to practice tolerance and non-violence** in addressing societal and interpersonal issues.
- **Strengthened commitment** to constitutional values through the promotion of a peaceful and just society.

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Activity Report

Date: 02.11.2023

Title of the Activity

Workshop on rights to constitutional Remedies and role of court

Date & Venue

- **Date:** Nov 01,2023
- **Venue:** Demo room, Department of General Medicine Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of General Medicine Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To explain the significance of Article 32 and Article 226** as guardians of Fundamental Rights.
- **To explore the role of the Supreme Court and High Courts** in upholding constitutional remedies.
- **To make participants aware of their legal rights when those rights are violated.**
- **To understand the types and functions of writs** (Habeas Corpus, Mandamus, Prohibition, Certiorari, Quo-Warranto).
- **To empower citizens to approach the judiciary for justice and protection** of their rights.

Resource Person(s)

1) **Dr Seema Seth (Head of department General Medicine)**
2) **Dr Malini Kulshresthra**
3) **Dr Arun Kumar Singh**

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Description

- **Understanding Constitutional Remedies (Article 32 & 226):**

  An introductory session on the right to move the courts when fundamental rights are violated and how it strengthens democracy.

- **The Role of the Judiciary as the Protector of Rights:**

  A look at how the Supreme Court and High Courts act as custodians of the Constitution, with real-life examples and case laws.

- **Writ Jurisdiction and Legal Tools for Justice:**

  Detailed explanation of the five types of writs and their use in seeking justice and preventing abuse of power.

- **Public Interest Litigation (PIL) and Access to Justice:**

  Discussion on how citizens and groups can file PILs to seek remedies for public wrongs or collective rights violations.

- **Court Procedures and Citizen Participation:**

  Practical guidance on how individuals can access legal help, file petitions, and understand court procedures effectively.

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Outcome

- **Enhanced understanding of the Right to** Constitutional Remedies and its importance in safeguarding democracy.
- **Increased legal literacy about the functioning and authority** of courts in enforcing fundamental rights.
- **Empowerment of participants to take legal action in cases of rights violations.**
- **Familiarity with writs and PILs** as tools for justice and accountability.
- **Motivation to uphold and defend the Constitution** through legal awareness and civic participation.

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Activity Report

Date: 10.11.2023

Title of the Activity

Workshop on LGBTQ+ Rights and Constitutional Recognition

Date & Venue

- **Date:**Nov 09,2023
- **Venue:** Demo room, Department of FORENSIC MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of FORENSIC MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

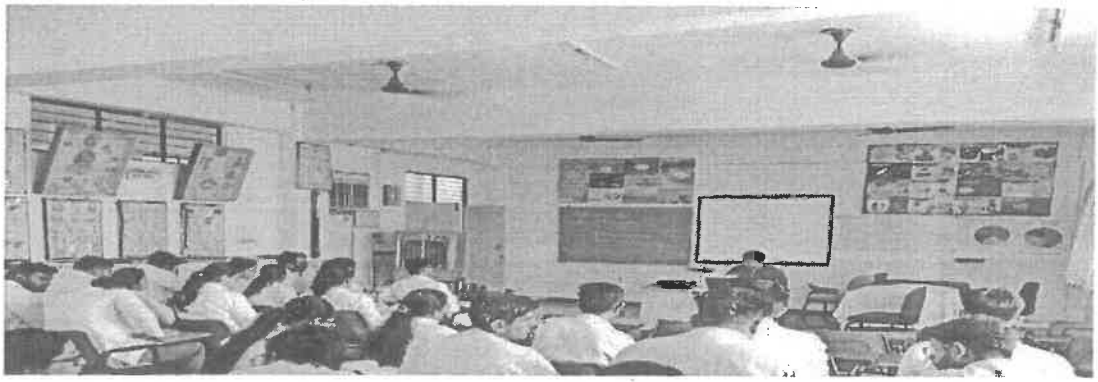
- **To educate participants on the constitutional foundation of LGBTQ+ rights** and the significance of equality, dignity, and non-discrimination.
- **To explore key legal milestones and landmark judgments affirming LGBTQ+ rights in India.**
- **To foster understanding of the challenges faced by LGBTQ+ individuals in asserting their rights and identities.**
- **To promote inclusion, respect, and constitutional morality in schools**, workplaces, and society.
- **To empower participants to support LGBTQ+ rights and advocate for legal and social justice.**

Resource Person(s)

1) **Dr Prem Chandra Srivastava (Head of department Forensic Medicine)**
2) **Dr Agnivesh**
3) **Dr Pankaj Keshwani**

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Description

- **Constitutional Values and LGBTQ+ Inclusion:**

  A session on how Articles 14 (equality), 15 (non-discrimination), 19 (freedom), and 21 (right to life and dignity) apply to LGBTQ+ individuals.

- **Landmark Judgments and Legal Progress:**

  Discussion on Navtej Singh Johar v. Union of India (2018) decriminalizing Section 377, and National Legal Services Authority (NALSA) v. Union of India (2014) recognizing the rights of transgender persons.

- **Understanding Identity, Gender, and Orientation:**

  A sensitization session on the spectrum of gender and sexual identities to promote empathy and respect.

- **Social Challenges and the Way Forward:**

  Conversations around discrimination in education, healthcare, employment, and public life, and how legal rights can translate into social justice.

- **Allyship and Action:**

  An interactive discussion on how individuals can be allies—supporting inclusion, advocating for rights, and challenging prejudice in their communities.

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Outcome

- **Greater awareness of the constitutional rights of LGBTQ+ individuals.**
- **Understanding of legal milestones and protections** that uphold dignity and equality.
- **Increased empathy and reduced stigma through** education and sensitization.
- **Empowerment to act as allies** and advocates for LGBTQ+ inclusion and justice.
- **Commitment to building safe**, respectful, and inclusive spaces in schools, colleges, and workplaces.

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Activity Report

Date: 18.11.2023

Title of the Activity

Workshop on Environmental rights and emerging fundamental Rights

Date & Venue

- **Date:** Nov 17,2023
- **Venue:** Demo room, Department of FORENSIC MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of FORENSIC MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To explore the recognition of environmental protection as** part of the Right to Life under Article 21 of the Indian Constitution.
- **To understand the judicial role in interpreting environmental rights as** fundamental to human dignity and survival.
- **To raise awareness** about the interlinkage between human rights and the environment in the context of sustainable development.
- **To discuss emerging rights such as the right to clean air, water, and a healthy environment.**
- **To inspire participants** to become proactive citizens in protecting the environment through legal and civic action.

Resource Person(s)

1) **Dr Prem Chandra Srivastava (Head of department Forensic Medicine)**
2) **Dr Agnivesh**
3) **Dr Pankaj Keshwani**

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Description

- **Environmental Rights as Fundamental Rights:**

  A session explaining how the courts have interpreted Article 21 to include the right to a clean and healthy environment.

- **Judicial Activism in Environmental Protection:**

  Case studies of landmark judgments like Subhash Kumar v. State of Bihar, MC Mehta cases, and the role of PILs in enforcing environmental rights.

- **Emerging Rights in the Climate Crisis Era:**

  Discussion on contemporary global and Indian perspectives around new-generation rights like the Right to Climate Justice and Intergenerational Equity.

- **Citizenship, Duties, and the Environment:**

  A reflection on Article 51A(g) of the Constitution, emphasizing every citizen's duty to protect the environment.

- **Action for Change: Youth and Environmental Advocacy:**

  Interactive sessions and activities on how young citizens can take initiative through eco-clubs, legal awareness, and community-based action.

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Outcome

- **Understanding of environmental protection as a** constitutional and human right.
- **Knowledge of key judicial decisions** that expanded the scope of Article 21 to include environmental concerns.
- Awareness of emerging **environmental and climate-related rights within the Indian and global legal framework.**
- **Empowerment to engage in legal** and civic activism for environmental sustainability.
- Commitment to **integrating eco-conscious values and responsibilities** in personal and community life.

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Rohilkhand Medical College Campus, Pilibhit Bypass Road, Bareilly-243006 (U.P.) INDIA
Phone: 0581-2526011-12, Fax: 0581 - 2303345
Email: info@biu.edu.in Website: www.biu.edu.in

Activity Report

Date: 22.11.2023

Title of the Activity

Workshop on inclusion, Respect and dignity in the Indian constitution

Date & Venue

- **Date:** Nov 21,2023
- **Venue:** Demo room, Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To highlight the constitutional principles** that ensure inclusion, respect, and dignity for all citizens, especially marginalized communities.
- **To promote understanding of fundamental rights** and duties as tools to uphold human dignity and equality.
- **To foster respect** for diversity in caste, religion, gender, and ability through constitutional values.
- **To encourage inclusive practices in schools, workplaces, and communities that align with constitutional ideals.**
- **To create awareness about legal protections and social responsibilities** related to dignity and non-discrimination.

Resource Person(s)

1) **Dr Nitesh mohan (Head of department Pathology)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- **Inclusive India: A Constitutional Vision Workshop:**

  A session that explores how the Constitution supports the idea of a just, equitable, and inclusive nation.

- **Human Dignity and Fundamental Rights Dialogue:**

  An interactive discussion on how rights to equality, freedom, and non-discrimination protect individual dignity.

- **Workshop on Respect and Social Sensitivity:**

  Focused on building empathy and respectful behavior toward all identities and backgrounds.

- **Constitutional Ethics and Inclusive Citizenship Program:**

  A value-based program encouraging ethical living through inclusion, respect, and equality.

- **Youth Seminar on Diversity and Dignity:**

  A youth-centered event promoting acceptance and celebration of differences through constitutional understanding.

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Outcome

- **Greater awareness of constitutional guarantees that promote** inclusion and protect dignity.
- **Strengthened commitment to respectful behavior** in public and private spaces.
- **Improved understanding of social justice and equality** as lived experiences, not just legal concepts.
- **Empowered participants to challenge discrimination and foster** inclusive environments.
- **Increased civic responsibility and empathy, leading to** a more respectful and dignified society.

Signature
Dean, RMCH

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Activity Report

Date: 29.11.2023

Title of the Activity

Workshop on Human right and constitutional safeguard

Date & Venue

- **Date:** Nov 28,2023
- **Venue:** Demo room, Department of GENERAL MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of GENERAL MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To introduce participants to the concept of human rights** and their universal importance.
- **To highlight the constitutional provisions in India that safeguard human rights.**
- **To understand the role of institutions like the NHRC** and the judiciary in protecting human rights.
- To explore **the relationship between fundamental rights and international human** rights norms.
- **To promote awareness and action for upholding human dignity, equality, and justice.**

Resource Person(s)

1) **Dr Seema Seth (Head of department General Medicine)**
2) **Dr Malini Kulshresthra**
3) **Dr Arun Kumar Singh** .

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Description

- **Human Rights: Concept and Evolution:**

  A foundational session on the meaning, origin, and global development of human rights, including the Universal Declaration of Human Rights (UDHR).

- **Constitutional Framework for Human Rights in India:**

  Discussion on how the Indian Constitution guarantees human rights through Fundamental Rights (Part III) and Directive Principles of State Policy (Part IV).

- **Judiciary and Human Rights Protection:**

  Exploring key judgments where Indian courts have upheld human rights, expanding the scope of Article 21 and others.

- **National and State Human Rights Commissions:**

  Overview of the role, powers, and functioning of NHRC and SHRC in investigating violations and promoting human rights awareness.

- **Human Rights Challenges and Citizen Responsibility:**

  Dialogue on ongoing challenges like custodial violence, discrimination, trafficking, and how citizens can contribute to a rights-based society.

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Outcome

- **Clear understanding of what human rights** are and how they are protected in India.
- Familiarity with **constitutional provisions and legal mechanisms** that uphold human dignity and freedom.
- **Increased awareness of the role of courts and commissions in defending rights.**
- Empowerment to **identify, report, and act against human rights violations.**
- **Strengthened commitment to justice, equality, and the constitutional vision of India.**

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Activity Report

Date: 05.12.2023

Title of the Activity

Workshop on Constitutional Ideals and Moral Responsibilities

Date & Venue

- **Date:** Dec 04,2023
- **Venue:** Demo room, Department of MICROBIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of MICROBIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- To educate participants on the key constitutional ideals such as justice, liberty, equality, and fraternity.
- To promote awareness of the moral responsibilities that accompany constitutional rights.
- To encourage the practice of ethical behavior and civic duty in alignment with constitutional principles.
- To foster respect for the rule of law and democratic values in public and private life.
- To develop a deeper sense of individual responsibility in upholding the spirit of the Constitution.

Resource Person(s)

1) **Dr Ved Prakash (Head of department Microbiology)**
2) **Dr Saurbh Kumar**
3) **Dr Sumit Agarwal**

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Description

- **Foundational Workshop on Constitutional Ethics:**

  A session that explores how moral responsibilities are embedded in the structure and spirit of the Constitution.

- **Citizenship and Moral Duty Program:**

  An interactive event connecting constitutional ideals with day-to-day responsibilities as citizens.

- **Values and the Indian Constitution Dialogue:**

  A discussion platform examining how ideals like justice and equality translate into ethical obligations.

- **Youth Workshop on Moral and Civic Identity:**

  A youth-oriented session aimed at shaping morally responsible citizens guided by constitutional values.

- **Interactive Learning on Duties and Ideals:**

A participative approach using real-life scenarios to explore moral dilemmas and civic responsibilities.

Outcome

- **Improved understanding of the balance** between rights and duties in a constitutional democracy.
- **Stronger commitment** to ethical conduct and social responsibility among participants.
- **Enhanced civic awareness and participation** in upholding democratic and constitutional ideals.
- **Development of a value-based mindset grounded** in justice, fairness, and mutual respect.
- **Empowerment of individuals** to become responsible stewards of democracy and **constitutional integrity.**

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Activity Report

Date: 13.12.2023

Title of the Activity

Workshop on Rights of children and constitutional Gurantees

Date & Venue

- **Date:** Dec 12.2023
- **Venue:** Demo room, Department of PHYSIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by Organized by the Department of PHYSIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

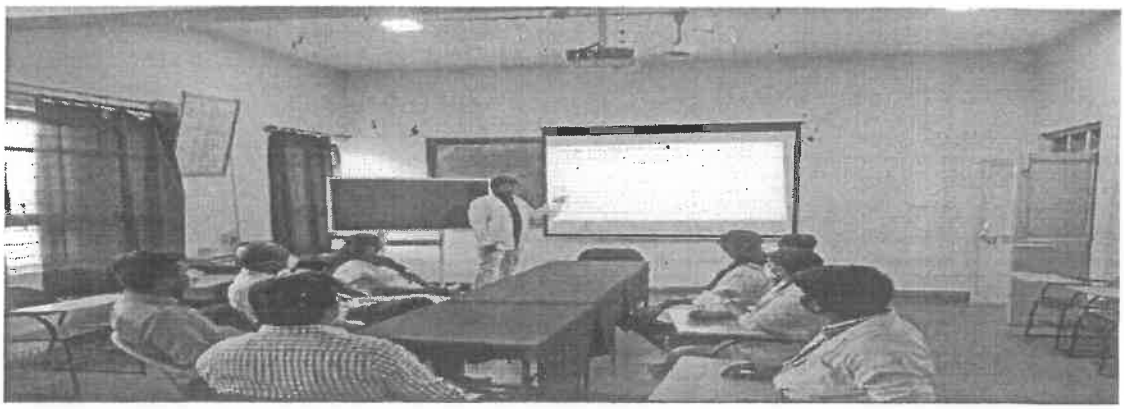
- To educate participants about the fundamental rights of children as enshrined in the constitution.
- To analyze how constitutional provisions and laws protect children's rights in areas like education, health, and protection from exploitation.
- To create awareness about national and international frameworks (e.g., UNCRC) concerning child welfare.
- To identify challenges and gaps in the implementation of child protection laws.
- To empower participants to advocate for stronger enforcement of child rights and welfare policies.

Resource Person(s)

1) **Dr Shashikant Verma (Head of department Physiology)**
2) **Dr Ankur**
3) **Dr Rishabh Bhardvaj**

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Description

- **Introduction to Child Rights:**

  Participants were introduced to the basic rights of children—such as the right to life, education, protection, and development—within a constitutional and human rights framework.

- **Legal Provisions and Constitutional Guarantees:**

  The session explored key constitutional articles (e.g., Article 21A, Article 39(e) and (f), etc.) and child-centric laws like the Juvenile Justice Act and the Right to Education Act.

- **Child Protection Mechanisms:**

  Discussion centered on government schemes, child welfare committees, and other institutional mechanisms designed to safeguard children's rights.

- **Case Studies and Real-World Challenges:**

  Examples of child labor, trafficking, and abuse were examined to highlight the practical challenges in enforcement and implementation.

- **Role of Society and Institutions:**

  Focused discussion on the roles of families, schools, NGOs, judiciary, and media in upholding the rights of children.

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Outcome

- Participants gained in-depth knowledge of constitutional and legal provisions safeguarding children's rights.
- Attendees developed the ability to recognize rights violations and respond effectively using legal frameworks.
- Increased awareness of the intersection between national laws and international child rights conventions.
- Participants proposed community-based initiatives to protect and promote children's rights.
- The workshop led to the drafting of an action plan for spreading awareness and improving child welfare advocacy in local contexts.

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Activity Report

Date: 21.12.2023

Title of the Activity

Workshop on Students Right in Educational Institutions

Date & Venue

- **Date:** Dec 20,2023
- **Venue:** Demo room, Department of PHYSIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by Organized by the Department of PHYSIOLOGY Rohilkhand medical college and Hospital, Bareilly international University

Objectives

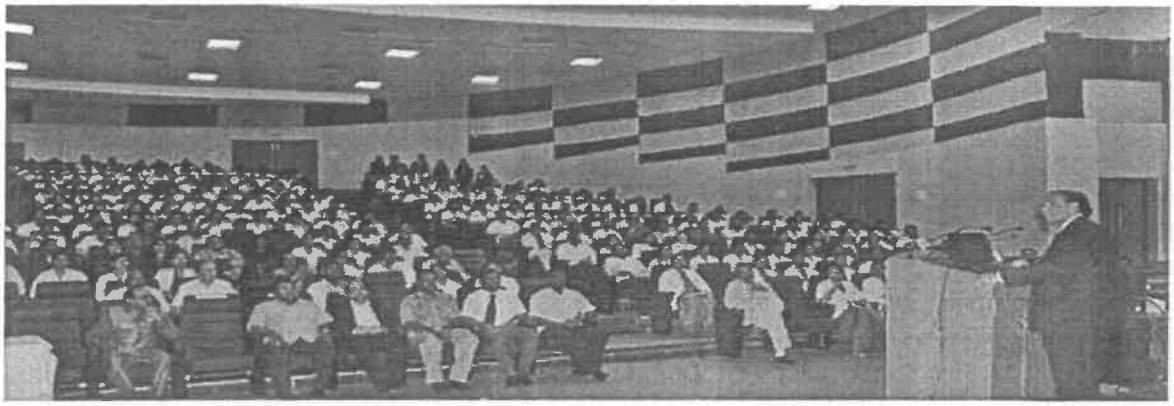
- To educate students and faculty on the fundamental rights of students within academic settings.
- To explore legal and institutional frameworks that safeguard students' freedom, dignity, and access to education.
- To address key issues such as discrimination, harassment, freedom of expression, and the right to fair evaluation.
- To promote awareness about grievance redressal mechanisms and student participation in institutional governance.
- To empower students to responsibly exercise their rights and understand their duties within educational spaces.

Resource Person(s)

1) **Dr Shashikant Verma (Head of department Physiology)**
2) **Dr Ankur**
3) **Dr Rishabh Bhardvaj**

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Description

- **Introduction to Students' Rights:**

  Participants learned about the concept of student rights, including access to quality education, non-discrimination, freedom of speech, and privacy in educational institutions.

- **Legal and Policy Frameworks:**

  The workshop covered relevant constitutional protections (like Article 14, 15, 21), UGC guidelines, anti-ragging laws, and institutional policies ensuring student welfare.

- **Understanding Discrimination and Harassment:**

  Sessions addressed issues of caste, gender, and economic-based discrimination, and educated students on mechanisms to report and combat these.

- **Freedom of Expression and Student Activism:**

  Debates and discussions explored students' rights to protest, express opinions, and form associations, within the legal and institutional framework.

- **Grievance Redressal and Support Systems:**

  Participants were informed about internal complaints committees, ombudspersons, and other support systems available in institutions to protect student rights.

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Outcome

- Students and staff became more aware of the legal rights and protections available within educational institutions.
- Participants gained practical knowledge on how to handle rights violations through official channels.
- The workshop fostered dialogue between students, faculty, and administrators, promoting a rights-respecting academic culture.
- Attendees developed action plans to raise awareness of student rights across campuses.
- The event concluded with proposals for improving institutional policies to ensure greater accountability and student safety.

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Activity Report

Date: 29.12.2023

Title of the Activity

Workshop on Fundamental Duties in Higher Education Curriculum

Date & Venue

- **Date:** Dec 28, 2023
- **Venue:** LT-10,Rohilkhand Medical College and Hospital, Bareilly International University

Organized by

- Organized by the Department of Microbiology, Rohilkhand medical college and Hospital,Bareilly International University

Objectives

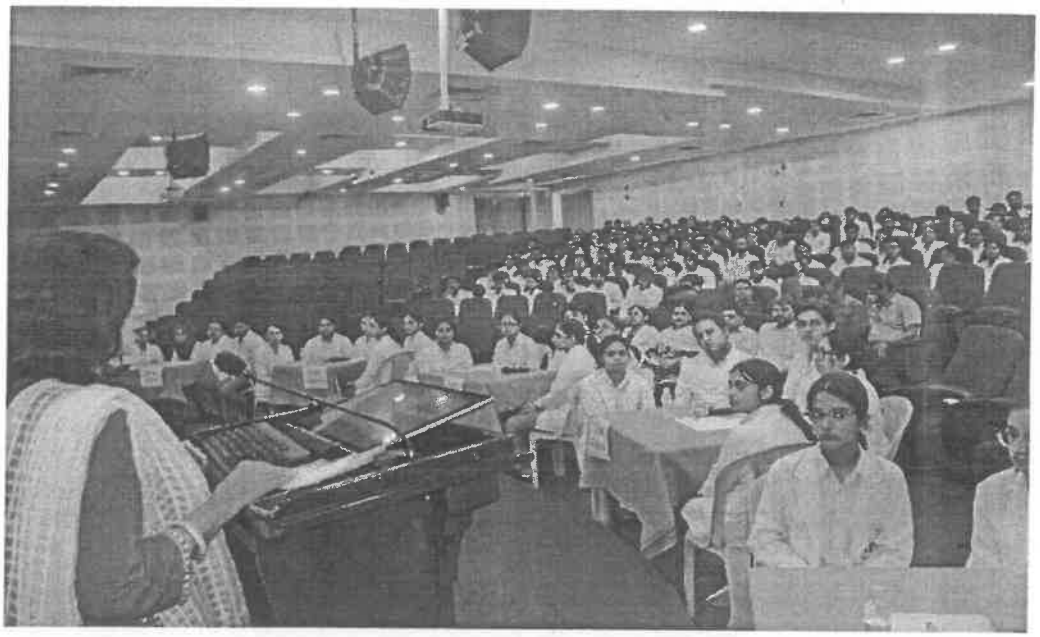
- To highlight the relevance and importance of Fundamental Duties (Article 51A) in shaping responsible, ethical, and civic-minded individuals.
- To promote the incorporation of constitutional values and civic responsibilities into academic content and institutional practices.
- To encourage faculty and curriculum designers to include themes of civic duties, national integration, and ethical citizenship across disciplines.
- To foster a value-based educational environment, where students are not only professionally competent but also socially conscious.
- To develop strategies to make students active participants in nation-building through academic, cultural, and community-based activities linked to constitutional duties.

Resource Person(s)

1) **Dr Ved Prakash(Head of department)**
2) **Dr Soumya**

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Description

- This workshop is designed to serve as a collaborative platform for educators, curriculum planners, administrators, and students to explore how Fundamental Duties can be meaningfully embedded into higher education.
- The sessions will begin with an overview of the Fundamental Duties as introduced by the 42nd Constitutional Amendment, exploring their legal and moral significance.
- Experts in constitutional law, education policy, and ethics will lead discussions on best practices and model curricula that integrate these duties.
- Participants will engage in interactive modules, group activities, and case studies that demonstrate how values such as respect for the Constitution, promotion of harmony, protection of public property, and environmental responsibility can be reflected in academic content, extracurricular activities, and institutional culture.
- A key part of the workshop will be drafting actionable frameworks or modules that can be adapted into existing curricula, along with suggestions for student projects, assessments, and community engagement initiatives related to civic duties.
- Strengthened moral and civic fabric of institutions, reinforcing the mission of higher education to produce responsible citizens.
- Improved collaboration between educational institutions and civil society organizations, for joint efforts in civic education and community development.

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Outcome

- Enhanced understanding among faculty and students of the Fundamental Duties and their constitutional context.
- Development of curriculum ideas and institutional practices that promote civic responsibility, ethics, and constitutional literacy.
- Creation of interdisciplinary linkages, embedding civic duties in subjects ranging from humanities and social sciences to technology and business.
- Promotion of student-led initiatives like awareness drives, community service, and public discussions focused on national duties and values.
- Strengthened moral and civic fabric of institutions, reinforcing the mission of higher education to produce responsible citizens.
- Improved collaboration between educational institutions and civil society organizations, for joint efforts in civic education and community development.
- Formation of faculty task forces or student clubs dedicated to promoting awareness about the Constitution and civic responsibilities.
- Institutional commitment to embedding constitutional values in vision statements, orientation programs, and institutional codes of conduct.

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Activity Report

Date: 19.01.2024

Title of the Activity

Seminar on Youth Engagement in Constitutional Responsibilities

Date & Venue

- **Date:** Jan 18,2024
- **Venue:** LT-10 , Rohilkhand medical College and Hospital ,Bareilly International university

Organized by

Organized by the Department of ENT , Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

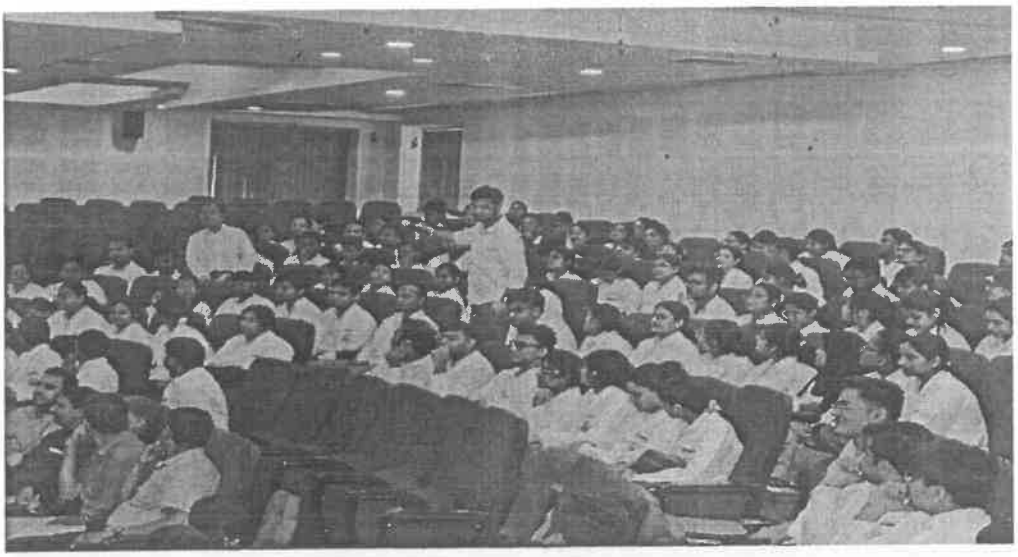
- To educate young people about the Fundamental Duties enshrined in Article 51A of the Indian Constitution and their significance in democratic governance.
- To encourage critical thinking about the role of youth in nation-building, constitutional values, and civic life.
- To foster a deep sense of responsibility and commitment toward justice, liberty, equality, and fraternity — the core principles of the Constitution.
- To empower youth to recognize their role in protecting public property, promoting harmony, respecting national institutions, and ensuring a clean, inclusive, and sustainable environment.
- To create a platform for discussion, dialogue, and idea-sharing around youth-led initiatives for civic engagement and constitutional awareness.
- To bridge the gap between knowledge and action, helping students move from classroom learning to real-world application of constitutional ideals.

Resource Person(s)

1) **Dr Abhinav Srivastava(Head of department of ENT)**
2) **Dr Shraddha Chandra**
3) **Dr Helena Babu**

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Description

- This seminar will provide a dynamic and interactive environment for young participants to explore their roles and responsibilities as citizens of a constitutional democracy.
- The session will begin with a brief overview of the Indian Constitution, its structure, and the balance between rights and duties.
- The focus will then shift to youth as agents of change — how their energy, innovation, and voice are essential to uphold constitutional values in everyday life.
- The seminar will feature keynote speeches by legal experts, youth leaders, and civil society advocates, followed by panel discussions, open forums, and student presentations.
- Interactive segments may include debates, real-life case studies, mock parliaments, and group discussions around themes such as social justice, digital citizenship, equality, and environmental responsibility.
- The seminar will also spotlight youth-led projects, activism, volunteerism, and community work that exemplify constitutional engagement — demonstrating how young people can actively contribute to a more just and equitable society.
- Create a platform for discussion, dialogue, and idea-sharing around youth-led initiatives for civic engagement and constitutional awareness.
- To bridge the gap between knowledge and action, helping students move from classroom learning to real-world application of constitutional ideals.

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Outcome

- Increased awareness and understanding of constitutional responsibilities, particularly the Fundamental Duties.
- Development of a civic-minded attitude among youth, emphasizing accountability, participation, and inclusiveness.
- Inspiration to take part in community service, social initiatives, and democratic processes, such as voting, campaigning, and civic forums.
- Strengthened belief in the importance of pluralism, tolerance, and equality, leading to more socially responsible behaviors.
- Identification of practical ways to engage with constitutional values, such as promoting gender equality, environmental protection, or combating misinformation.
- Empowerment of student leaders and youth groups to initiate campus-level or community-level projects aligned with constitutional ideals.
- Promotion of a culture of respect for the rule of law, diversity, and democratic institutions among young citizens.
- Formation of youth networks or constitutional clubs, committed to spreading awareness and inspiring peer engagement with civic responsibilities.

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Activity Report

Date: 26.01.2024

Title of the Activity

Workshop on Role of Teachers in Spreading Duty Awareness

Date & Venue

- **Date:** Jan 25,2024
- **Venue:** LT-10, Rohilkhand Medical College and Hospital, Bareilly

Organized by

Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital in collaboration with the Student Research Council.

Objectives

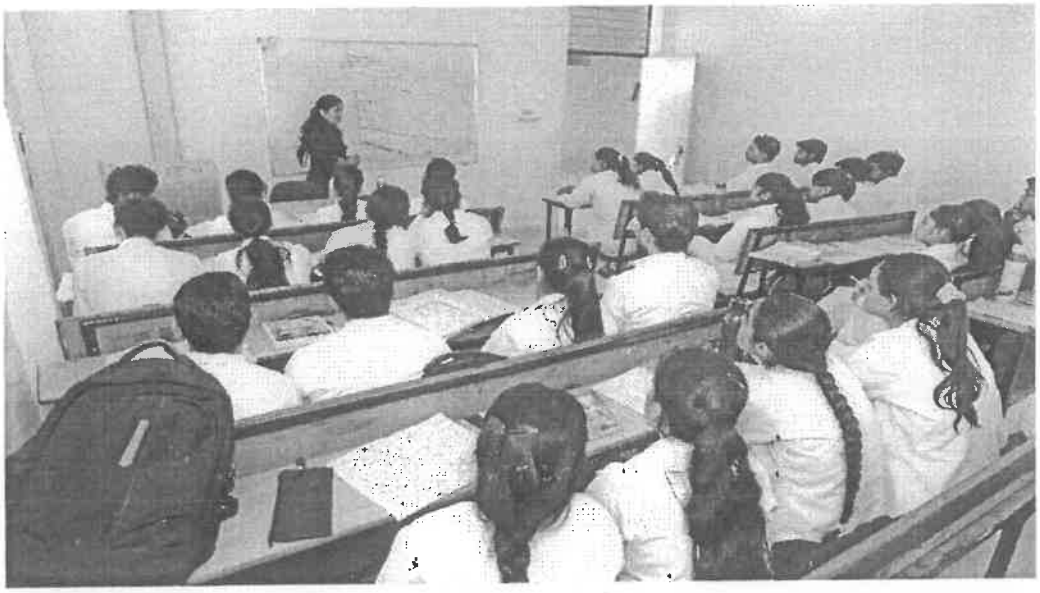
- To highlight the pivotal role of teachers in instilling awareness and understanding of the Fundamental Duties enshrined in the Indian Constitution (Article 51A).
- To equip educators with knowledge, tools, and strategies to integrate civic responsibilities into their daily teaching practices.
- To encourage moral and ethical education by aligning academic content with values like respect for national symbols, environmental consciousness, and social harmony.
- To promote value-based education, fostering empathy, respect for diversity, integrity, and a sense of responsibility among students.
- To strengthen the role of teachers as role models, guiding students not only in academics but also in becoming active, ethical citizens.

Resource Person(s)

1) **Dr Arun singh(Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- This interactive workshop is designed for school and college educators, curriculum developers, and academic administrators.
- The session will begin with an introduction to the Fundamental Duties and their constitutional significance, especially the historical context of their inclusion through the 42nd Constitutional Amendment.
- Experts in constitutional law, education, and ethics will lead discussions on how teachers can embed duty awareness in classroom teaching, assemblies, community projects, and everyday interactions with students.
- Participants will engage in group activities, role-plays, lesson planning exercises, and brainstorming sessions aimed at identifying innovative ways to teach civic duties across various subjects and educational levels.
- The workshop will also showcase best practices and case studies from schools and colleges where teachers have successfully implemented civic responsibility programs.
- It will end with a collaborative session where participants create action plans.
- Promotion of institutional culture grounded in constitutional values, such as respect, justice, equality, and environmental care.
- Creation of teacher networks or forums to exchange ideas, resources, and strategies related to duty awareness and value education.
- Motivation among teachers to act as change agents, reinforcing democratic ideals and civic duty in educational institutions and communities.

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Outcome

- Enhanced understanding among educators of their vital role in cultivating duty-conscious and constitutionally aware citizens.
- Increased integration of Fundamental Duties into the curriculum and co-curricular activities, creating more meaningful and socially relevant learning experiences.
- Development of teaching aids, lesson plans, and activity modules that incorporate civic responsibility, ethics, and national values.
- Empowerment of teachers as community leaders and moral guides, capable of inspiring responsible behavior in and beyond the classroom.
- Promotion of institutional culture grounded in constitutional values, such as respect, justice, equality, and environmental care.
- Creation of teacher networks or forums to exchange ideas, resources, and strategies related to duty awareness and value education.
- Motivation among teachers to act as change agents, reinforcing democratic ideals and civic duty in educational institutions and communities.
- Improved student engagement and behavioral outcomes, as a result of consistent exposure to duty-oriented education and positive role modeling by teachers.

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Activity Report

Date: 31.01.2024

Title of the Activity

Workshop on Volunteering and Nation Building

Date & Venue

- **Date:** Jan 30,2024
- **Venue:** LT-10,Rohilkhand medical college and Hospital ,Bareilly International University

Organized by

Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

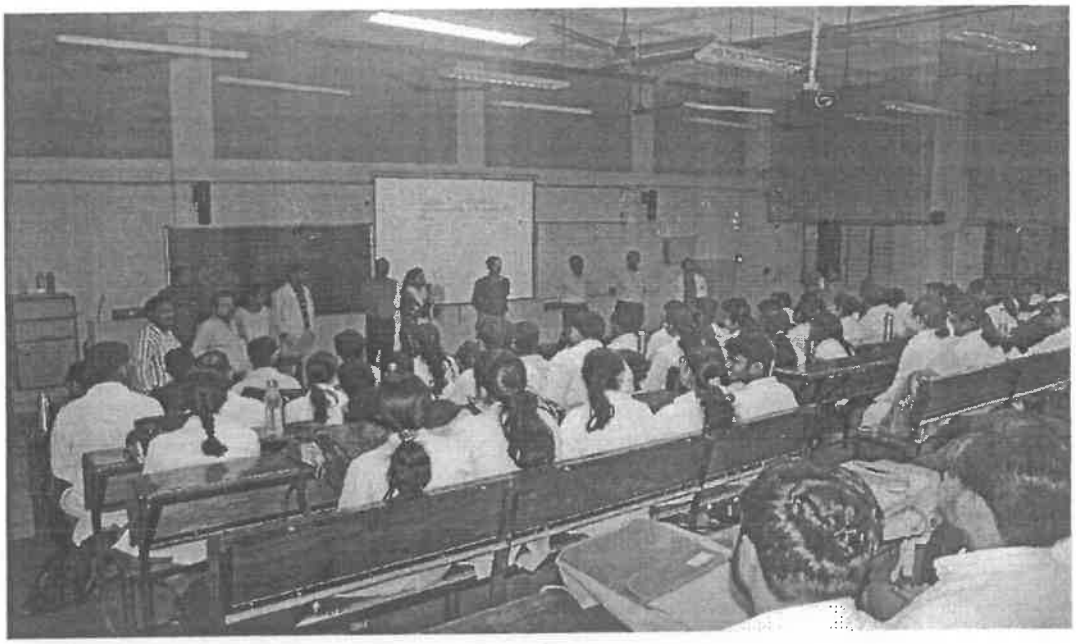
- To promote a culture of volunteerism as a vital component of active citizenship and nation building.
- To instill in participants—especially youth, students, and educators—a deep understanding of how voluntary efforts contribute to the development and progress of society at large.
- To highlighting the importance of selfless service, the workshop seeks to empower individuals to take initiative, assume responsibility, and work collaboratively toward addressing societal needs.
- To bridge the gap between awareness and action by connecting participants with real-world volunteering opportunities in areas such as education, health care, environmental protection, disaster response, civic awareness, and social justice.
- To help participants develop core values like empathy, accountability, discipline, and community leadership—skills essential for effective participation in national development.

Resource Person(s)

1) **Dr Arun Singh(Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- The *Workshop on Volunteering and Nation Building* is designed to inspire and empower individuals—especially youth and students—to recognize the profound impact of volunteerism on societal progress and national development.
- In a rapidly evolving world, voluntary service is not only an act of kindness but a driving force behind inclusive growth, civic empowerment, and social equity.
- This interactive workshop will explore the diverse ways in which volunteering contributes to the nation's advancement—be it through education, healthcare, environmental conservation, disaster response, or social awareness.
- Participants will engage with experienced volunteers, social workers, and community organizers who will share real-life stories of change and commitment.
- The workshop will also introduce participants to structured volunteering platforms like the National Service Scheme (NSS), Nehru Yuva Kendra Sangathan (NYKS), and various NGOs and civic organizations.
- Through group discussions, role-playing, and project ideation, attendees will develop leadership, teamwork, and community engagement skills.
- The session will encourage participants to take initiative in their local communities and contribute to national campaigns such as Swachh Bharat Abhiyan, Digital India, and Beti Bachao Beti Padhao.
- Ultimately, the workshop aims to cultivate a generation of responsible, service-oriented citizens who view volunteering as both a duty and a path to nation building.

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Outcome

- Awareness of the role of volunteering in nation building participants will understand how volunteerism contributes to education, public health, environmental sustainability, and poverty alleviation.
- Development of civic responsibility and empathy the workshop fosters values like compassion, service-mindedness, and a sense of collective responsibility toward community welfare.
- Empowerment through knowledge of volunteering opportunities attendees will be introduced to national programs (e.g., NSS, NYKS, NGOs) and online platforms that connect volunteers to meaningful causes.
- Improved leadership and teamwork skills hands-on group activities will help participants build confidence, communication, and collaboration skills essential for effective volunteering.
- Motivation to take up local volunteer initiatives participants will be encouraged to initiate or join local drives such as cleanliness campaigns, blood donation, literacy tutoring, and community outreach.
- Understanding of the long-term impact of volunteerism the workshop emphasizes that consistent volunteering can influence public policy, support marginalized groups, and contribute to sustainable development goals (SDGs).
- Establishment of a volunteer network or club the session may lead to the formation of campus-based or community-based volunteer groups for ongoing engagement and service projects.
- Increased participation in national missions and campaigns encouragement to contribute to initiatives like Swachh Bharat Abhiyan, Jal Shakti Abhiyan, Fit India Movement, etc., through active volunteering.

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Activity Report

Date: 10.02.2024

Title of the Activity

Workshop on Combating Corruption :Role of Active Citizens

Date & Venue

- **Date:** Feb 09,2024
- **Venue:** LT-10,Rohilkhand medical college and Hospital , Bareilly International University
-

Organized by

Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital , Bareilly International University

Objectives

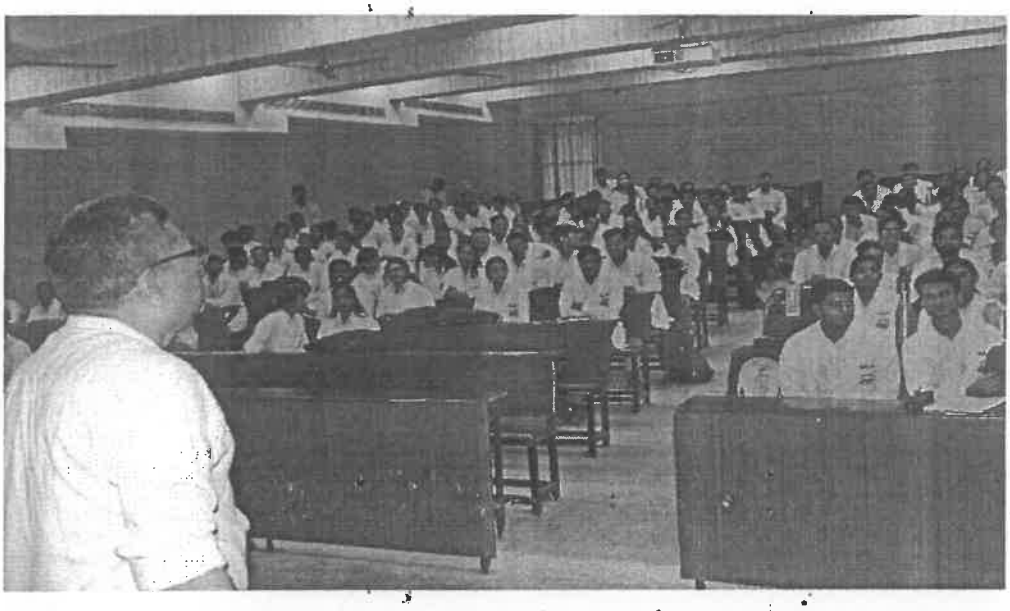
- To cultivate a strong sense of civic responsibility and empower citizens to actively participate in the fight against corruption.
- To make individuals—particularly youth, students, professionals, and community members—aware of how corruption undermines public trust, hampers development, and weakens democratic institutions.
- To providing participants with the necessary knowledge, legal understanding, and practical tools, the workshop aims to equip them to recognize corrupt practices in everyday life—whether in public services, governance, education, or workplace environments—and to respond effectively through legal, civic, and collective means.
- To encourages a shift in mindset from passive tolerance to active resistance, instilling the belief that every citizen has the power and responsibility to uphold transparency and ethical conduct.
- To promotes the idea that a vigilant and engaged citizenry is one of the most effective deterrents to corruption.
- To building long-term integrity networks, supporting citizen-led initiatives, and fostering collaboration between communities and institutions to develop sustainable, corruption-free systems.
- To transform awareness into action, and participants into advocates of clean governance and ethical societal practices.

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Resource Person(s)

1) **Dr Arun Singh(Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**



Description

- Corruption continues to be a major challenge to democracy, equitable development, and public trust in governance.
- This workshop on *Combating Corruption: Role of Active Citizens* aims to sensitize participants—especially students, youth, educators, and community members—on the crucial role they play in curbing corruption at all levels of society.
- The session will introduce the concepts of integrity, transparency, and accountability and explore how citizens can become watchdogs in their own communities.
- Topics include identifying corrupt practices, understanding the legal framework (such as the Prevention of Corruption Act and Lokpal), and the use of tools like the Right to Information (RTI) and citizen charters.
- Real-life case studies and interactive discussions will demonstrate how active citizens have exposed and resisted corruption through collective action and legal means.
- Participants will engage in activities designed to simulate civic interventions, develop anti-corruption campaigns, and explore the use of digital tools for reporting grievances and enhancing transparency.

- By the end of the workshop, attendees will be encouraged to take a stand against corruption and promote a culture of honesty and public responsibility.

Outcome

- Increased awareness of the impact of corruption on governance, development, and social equity.
- Empowerment of participants with legal knowledge on anti-corruption laws and reporting mechanisms.
- Familiarity with tools such as RTI, citizen charters, grievance redressal portals, and public audits.
- Development of a sense of civic duty and moral responsibility, encouraging ethical conduct in personal and public life.
- Creation of citizen-led anti-corruption campaigns or awareness initiatives in institutions or communities.
- Enhanced capacity to identify, resist, and report corrupt practices using both online and offline methods.
- Strengthened trust and collaboration between citizens and public institutions, promoting accountability and responsiveness.
- Establishment of integrity clubs or citizen vigilance groups, especially among youth, to sustain the anti-corruption movement at the grassroots level.

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Activity Report

Date: 23.02.2024

Title of the Activity

Seminar on Social Media Ethics and Responsible Digital Citizenship

Date & Venue

- **Date:** Feb 22,2024
- **Venue:**LT-10, Rohilkhand medical college and Hospital ,Bareilly International University

Organized by

Organized by the Department of Pharmacology, Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

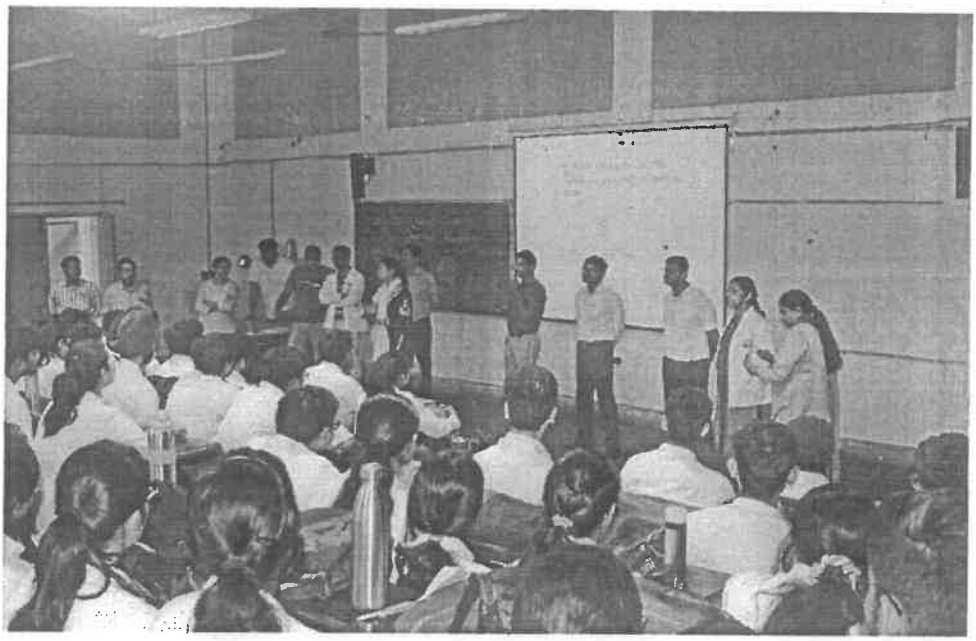
- The objective of this seminar is to educate and sensitize individuals—especially students, educators, and young professionals—about the ethical use of social media platforms and the importance of responsible behavior in the digital space.
- It aims to promote awareness of the legal, moral, and societal implications of online actions.
- To encouraging respectful discourse, data privacy, digital security, and critical thinking in an increasingly connected world.
- The seminar also seeks to foster digital empathy, accountability, and civic responsibility, empowering participants to contribute positively.
- To online communities while combating misinformation, cyberbullying, hate speech, and digital manipulation.

Resource Person(s)

1) **Dr Shalini Chandra (Head of department)**
2) **Dr Iram Saifali**
3) **Dr Anju Saxena**

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Description

- In the digital age, social media has become an integral part of daily life, offering opportunities for communication, learning, and civic engagement.
- However, it also presents challenges related to ethical use, misinformation, cyber abuse, and the erosion of digital privacy.
- This seminar on *Social Media Ethics and Responsible Digital Citizenship* addresses these pressing concerns by guiding participants toward becoming conscious, informed, and ethical digital citizens.
- Through expert talks, interactive discussions, and real-life case studies, the seminar explores topics such as online etiquette, responsible content sharing, intellectual property rights, digital footprints, privacy awareness, and identifying fake news.
- It also delves into the psychological effects of social media and the importance of emotional intelligence and digital well-being.
- The seminar encourages participants to reflect on their own digital habits, understand the impact of their online behavior on society, and embrace principles of empathy, respect, and responsibility.
- Special focus will be given to legal frameworks such as the IT Act, cyber laws, and reporting mechanisms for online abuse.
- By the end of the session, participants will be better equipped to navigate the digital world with integrity and will be encouraged to promote positive and ethical digital interactions within their networks and communities.

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Outcome

- Enhanced understanding of digital citizenship and ethics, including online rights and responsibilities.
- Greater awareness of the consequences of unethical behavior on social media, such as trolling, cyberbullying, misinformation, and hate speech.
- Development of safe and respectful online habits, including critical evaluation of content before sharing and maintaining digital boundaries.
- Familiarity with digital laws and platforms for reporting online abuse, harassment, or illegal content.
- Increased digital literacy, particularly in identifying misinformation, deepfakes, and online scams.
- Promotion of empathy, inclusivity, and respectful communication in virtual spaces, reinforcing values of democratic discourse.
- Formation of student-led digital ethics clubs or awareness campaigns, encouraging peer education on responsible internet use.
- Empowerment of participants to become digital role models and advocates for ethical social media behavior in their communities.
- Understanding of the long-term impact of digital footprints, encouraging thoughtful and intentional online engagement.

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Activity Report

Date: 28.02.2024

Title of the Activity

Seminar on Legal Obligations vs Moral Duties

Date & Venue

- **Date:** Feb 27,2024
- **Venue:** LT-10,Rohilkhand Medical College and Hospital Bareilly International University

Organized by

Organized by the Department of OBS &GYNAE, Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

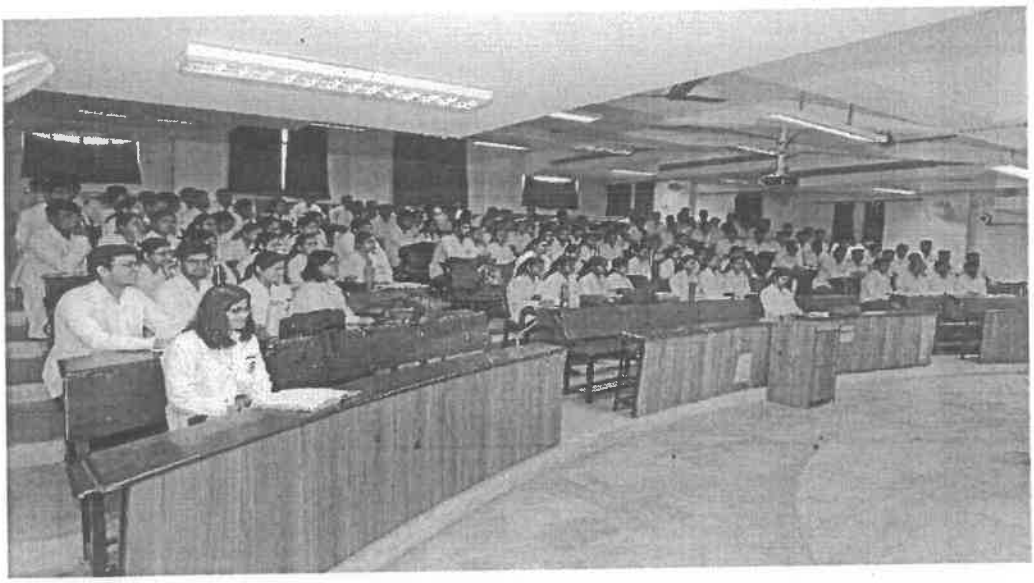
- To develop a clear understanding of what constitutes legal obligations (enforceable by law) versus moral duties (guided by personal and societal ethics).
- To promote informed discussion on the importance of both legal and moral responsibilities in ensuring social harmony, justice, and national development.
- To analyze real-life scenarios and case studies where moral duties either support or challenge legal frameworks.
- To encourage participants to reflect on personal and collective responsibility, beyond what is merely mandated by law.
- To foster civic consciousness and ethical reasoning, particularly among youth, students, educators, and professionals.
- To strengthen commitment to constitutional values, by highlighting the role of individual conscience in democratic citizenship.

Resource Person(s)

1) **Dr Kanchan Dalmia (Head of department Obs&Gynae)**
2) **Dr Ranjana Gupta**
3) **Dr Rashmi Prasad**

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Description

- This seminar will provide a platform for intellectual discourse and ethical reflection on the complex dynamics between what we are legally required to do and what we morally ought to do.
- The session will begin with expert-led presentations on:
- The definition and scope of legal obligations (e.g., paying taxes, following traffic laws, complying with regulations).
- The concept of moral duties (e.g., helping others in need, being honest, respecting elders, preserving culture and nature).
- The Fundamental Duties under Article 51A, which though not legally enforceable, hold deep moral and civic significance.
- Renowned legal scholars, ethicists, social activists, and educators will participate in panel discussions, highlighting examples where legal and moral duties intersect, conflict, or complement each other (e.g., whistleblowing, civil disobedience, environmental activism, or freedom of expression).
- Interactive sessions will include debates, ethical dilemmas, participant reflections, and role-play scenarios, to engage the audience in real-world thinking about values and responsibility.
- Encouragement for youth and citizens to go beyond legal compliance, contributing proactively to the well-being of others and the nation.

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- Creation of a reflective and responsible citizenry, capable of upholding justice, fairness, and the spirit of the Constitution.
- To encourage participants to reflect on personal and collective responsibility, beyond what is merely mandated by law.
- To foster civic consciousness and ethical reasoning, particularly among youth, students, educators, and professionals

Outcome

- Clarity among participants about the distinction and interplay between legal obligations and moral duties, enhancing their civic literacy.
- Increased sensitivity toward ethical behavior and its role in public and private life, especially in cases where the law may be silent or inadequate.
- Improved capacity for ethical decision-making, by evaluating situations through both legal and moral lenses.
- Greater appreciation for the importance of moral integrity, especially in professions like education, law, healthcare, and public service.
- Understanding that laws provide a minimum standard of behavior, while moral duties inspire a higher level of societal responsibility and compassion.
- Encouragement for youth and citizens to go beyond legal compliance, contributing proactively to the well-being of others and the nation.
- Creation of a reflective and responsible citizenry, capable of upholding justice, fairness, and the spirit of the Constitution.
- Recommendations or resolutions from the seminar, which may be used to inform academic curriculum, public awareness campaigns, or community initiatives related to ethical citizenship.

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Activity Report

Date: 03.05.2024

Title of the Activity

Seminar on Tax Compliance and Economic Responsibilty

Date & Venue

- **Date:** May 02, 2024
- **Venue:** LT-10, Rohilkhand medical college and Hospital Bareilly International University

Organized by

- Organized by the Department of Microbiology, Rohilkhand medical college and Hospital Bareilly International University

Objectives

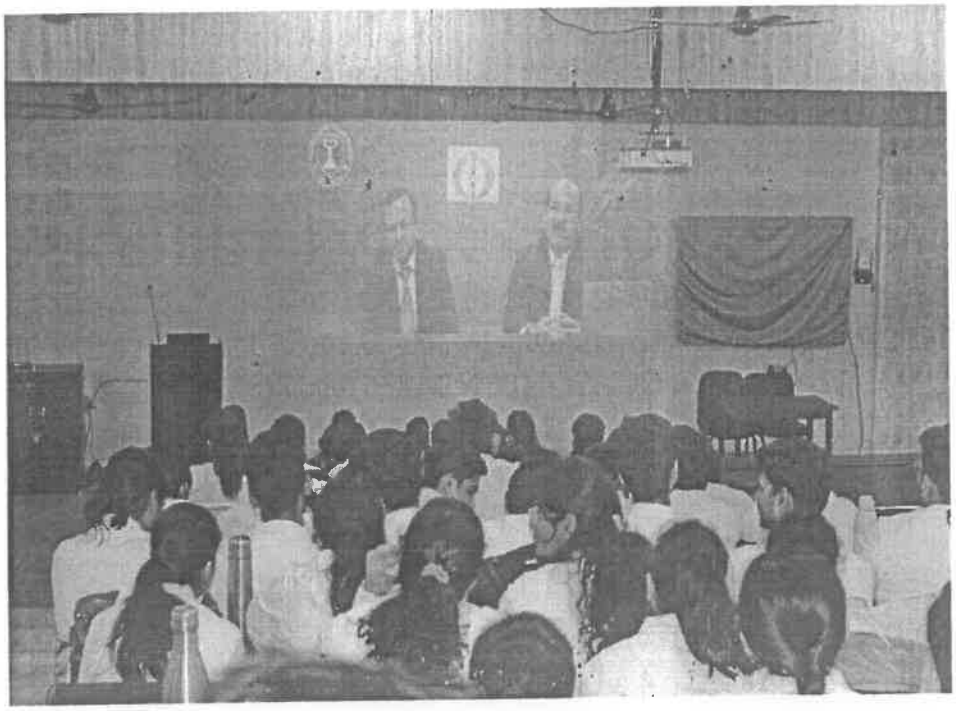
- The primary objective of this seminar is to educate citizens, particularly students, professionals, and young entrepreneurs.
- To know the critical role of tax compliance in national development and economic stability.
- It aims to build awareness about the constitutional and civic duty of paying taxes, clarify common misconceptions, and promote a culture of financial transparency, responsibility, and ethical conduct.
- To empower individuals to understand their roles as economic contributors and how their compliance with fiscal obligations.
- To supports public infrastructure, social welfare programs, and national growth.

Resource Person(s)

1) **Dr Ved Prakash(Head of department)**
2) **Dr Saumya Agarwal**
3) **Dr Hanya Jaffer**

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Description

- This seminar focuses on creating a well-informed and economically responsible citizenry by emphasizing the importance of tax compliance as a civic duty.
- In a democratic society, taxes form the backbone of national development, funding critical sectors such as education, healthcare, defense, and infrastructure.
- However, a lack of awareness, misconceptions, and evasion practices often hinder efficient tax collection.
- The *Seminar on Tax Compliance and Economic Responsibility* aims to bridge this gap by offering participants a clear understanding of direct and indirect taxes, the tax filing process, the importance of financial record-keeping, and legal obligations under Indian tax laws.
- Experts from the taxation and finance sectors will deliver sessions on how responsible economic behavior can lead to stronger governance and a more equitable distribution of resources.
- Interactive segments will include real-life case studies, Q&A sessions, and awareness-building exercises.
- Participants will also learn about digital tools and government initiatives like e-filing portals, GST implementation, and schemes promoting voluntary compliance.

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- The seminar will cultivate an appreciation for economic participation as a national responsibility and inspire attendees to become proactive, honest, and informed contributors to the country's fiscal health.

Outcome

- Increased awareness of the civic and legal importance of paying taxes for national development.
- Understanding of tax structures, including income tax, GST, and property taxes, and their direct connection to public services.
- Clarification of common misconceptions and myths about taxation, promoting transparency and ethical financial behavior.
- Familiarity with the tax filing process and digital platforms, such as the Income Tax e-filing portal and GST portal.
- Encouragement of voluntary tax compliance, especially among self-employed individuals, small business owners, and students entering the workforce.
- Promotion of financial literacy and responsibility, including budgeting, maintaining records, and long-term planning.
- Awareness of the consequences of tax evasion, including legal penalties and its negative impact on national progress.
- Motivation to act as advocates of responsible economic behavior, spreading awareness in peer and community networks.
- Enhanced trust between citizens and government institutions, fostering a cooperative approach to public finance and policy.

Signature
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2022

List of sensitization activities for the Academic Year 2022- 2023

Sr. no	Name of the activity	Organizing Department/School	Date of the Activity
1	Workshop on Democracy, Tolerance, and Pluralism	Physiology	Oct 20, 2022
2	Seminar on Promoting Unity in Diversity through Constitutional Values	Physiology	Oct 26, 2022
3	Workshop on Nationalism, Patriotism, and the Constitution	Biochemistry	Oct 28, 2022
4	Seminar on Ethical Governance and Value Systems	Biochemistry	Nov 3, 2022
5	Seminar on Right to Education and Its Implementation	PSM	Nov 7, 2022
6	Workshop on Balancing Rights and Responsibilities in a Democracy	Pathology	Nov 10, 2022
7	Seminar on Judicial Interpretation of Fundamental Rights	FMT	NOV 15, 2022
8	Workshop on Women's Rights under the Constitution	FMT	Nov 22, 2022
9	Seminar on Cyber Laws and Right to Privacy	FMT	Nov 29, 2022
10	Seminar on Duties Related to Environmental Protection	Physiology	Dec 2, 2022
11	Workshop on Role of Citizens in Upholding Democratic Traditions	PSM	Dec 7, 2022
12	Seminar on Fundamental Duties and Nation Building	Anatomy	Dec 21, 2022
13	Workshop on Gender Sensitivity and Social Duties	FMT	Dec 26, 2022
14	Seminar on Voluntary Service as a Civic Duty	Gen. Surgery	Dec 29, 2022
15	Workshop on Respecting the Rich Heritage of India	Pathology	Jan 2, 2023
16	Seminar on Duties in the Context of Constitutional Amendments	Gen.Medicine	Jan 11, 2023
17	Workshop on Promoting Accountability and Transparency as Citizens	PSM	Jan 19 , 2023

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Sr. no	Name of the activity	Organizing Department/School	Date of the Activity
18	Seminar on Cleanliness and Sanitation: A Civic Responsibility.	Physiology	Jan 25, 2023
19	Workshop on Responsible Use of Natural Resources	PSM	Jan 30, 2023
20	Seminar on Participatory Governance and Community Development	Pathology	Feb 22, 2023

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Activity Report

Date: 21.10.2022

Title of the Activity

Workshop on democracy,Tolerance and pluralism .

Date & Venue

- **Date:**Oct 20, 2022
- **Venue:** Demo room, Department of PHYSIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by Organized by the Department of PHYSIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

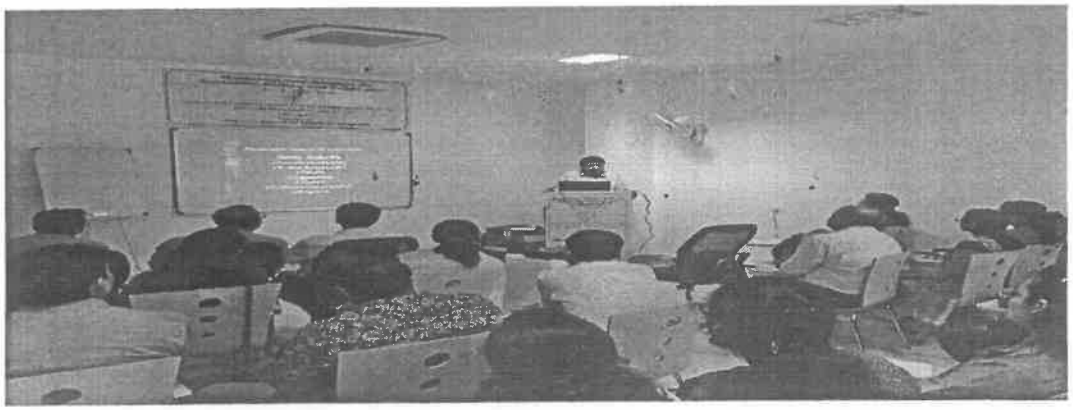
- **To deepen understanding** of democracy as a system that thrives on participation, rights, and responsibilities.
- **To promote tolerance** as an essential democratic virtue for peaceful coexistence.
- **To explore pluralism** as the acceptance and celebration of diversity in society.
- **To equip participants with tools** to handle disagreements and differences respectfully and constructively.
- **To encourage active** citizenship that respects multiple perspectives within a democratic framework.

Resource Person(s)

1) **Dr Shashikant Verma (Head of department Physiology)**
2) **Dr Ankur**
3) **Dr Rishabh Bhardvaj**

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Description

- **Foundational Workshop on Democratic Values:**

  An educational session that connects democratic governance with everyday values like tolerance and pluralism.

- **Interactive Forum on Respectful Coexistence:**

  A dialogue-based event promoting mutual respect and peaceful engagement among individuals with diverse views and backgrounds.

- **Pluralism in Practice Seminar:**

  A real-world exploration of how India's cultural, religious, and linguistic diversity enriches its democracy.

- **Tolerance and Conflict Resolution Workshop:**

  Focused on developing empathy, active listening, and respectful disagreement as tools for social harmony.

- **Citizenship and Diversity Program:**

  A youth-focused initiative to promote inclusive democratic practices and acceptance of differing opinions and identities.

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Outcome

- Improved understanding of the relationship between democracy, tolerance, and pluralism.
- Strengthened commitment to peaceful and respectful dialogue in the face of diverse viewpoints.
- Greater appreciation for India's pluralistic identity as a democratic strength rather than a challenge.
- Development of civic skills such as empathy, dialogue, and constructive disagreement.
- Promotion of social harmony and democratic participation in diverse community settings.

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Activity Report

Date: 27.10.2022

Title of the Activity

Workshop on role of youth in upholding constitutional value

Date & Venue

- **Date:** Oct 26, 2022
- **Venue:** Demo room, Department of PHYSIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PHYSIOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

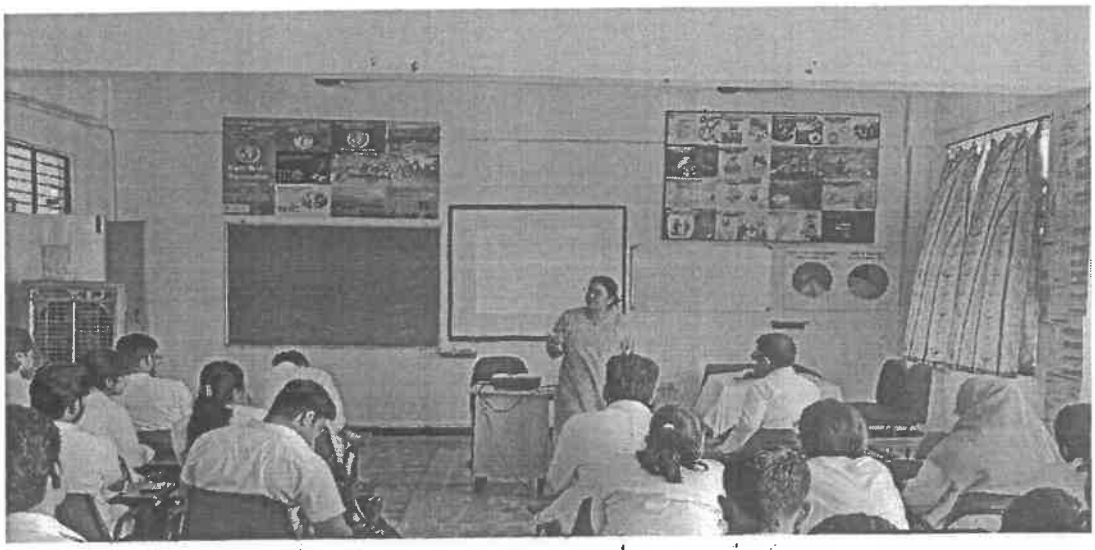
- **To educate youth** about the core values of the Indian Constitution—justice, liberty, equality, and fraternity.
- **To empower young citizens** to actively participate in democratic processes and nation-building.
- **To encourage ethical behavior and social responsibility** among youth based on constitutional principles.
- **To foster critical thinking and awareness** about contemporary issues through the lens of constitutional morality.
- **To inspire leadership and civic engagement** among youth for promoting equality, peace, and justice in society.

Resource Person(s)

1) **Dr Shashikant Verma (Head of department Physiology)**
2) **Dr Ankur**
3) **Dr Rishabh Bhardvaj**

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Description

- **Youth Leadership and Constitution Workshop:**

  A capacity-building program aimed at shaping socially responsible leaders guided by constitutional values.

- **Interactive Awareness Session for Young Citizens:**

  An engaging event that introduces youth to their rights, duties, and their power to drive change through democratic means.

- **Civic Education through Constitution:**

  A values-based educational initiative to help young people understand and internalize the moral spirit of the Constitution.

- **Role-Play and Scenario-Based Workshop:**

  A hands-on session using real-life cases and simulations to explore how youth can respond to social and civic challenges.

- **Youth for Democracy and Inclusion Program:**

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A space for open dialogue on how young individuals can contribute to a just, inclusive, and harmonious society.

Outcome

- **Increased awareness and appreciation of constitutional rights and duties** among youth.
- **Enhanced sense of civic responsibility and national pride.**
- **Motivation to participate actively in democratic institutions and social causes.**
- **Development of leadership and advocacy skills** grounded in constitutional ethics.
- **Creation of a network of youth ambassadors** committed to upholding and spreading constitutional values.

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Activity Report

Date: 29.10.2022

Title of the Activity

Workshop on Nationalism, patriotism ,and the constitution

Date & Venue

- **Date:** Oct 28,2022
- **Venue:** Demo room, Department of BIOCHEMISTRY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of BIOCHEMISTRY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- To explore the meaning and distinction between nationalism and patriotism in the Indian context.
- To highlight the Constitution as the foundation of true national pride and democratic unity.
- To promote constitutional patriotism that respects diversity, rights, and the rule of law.
- To encourage youth to channel their national pride through constructive civic participation.
- To address misconceptions around nationalism and foster a balanced, inclusive understanding of love for the nation.

Resource Person(s)

1) **Dr Itika Saxena (Professor)**
2) **Dr Sakshi Agarwal**
3) **Dr Danish Akram**

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Description

- **Educational Workshop on Civic Identity:**

  A session explaining how patriotism and nationalism align with constitutional principles and democratic values.

- **Dialogue on Nation-Building through the Constitution:**

  An interactive forum discussing the role of citizens in building a just and inclusive nation based on constitutional ideals.

- **Youth Engagement on Responsible Nationalism:**

  A youth-focused program encouraging responsible expressions of national pride that respect diversity and democratic rights.

- **Constitutional Values and National Unity Seminar:**

  A values-based discussion exploring how the Constitution promotes unity while safeguarding freedoms.

- **Exploring Patriotism Beyond Symbols Workshop:**

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A thought-provoking session examining how actions rooted in equality, justice, and service embody true patriotism.

Outcome

- **Greater clarity on the relationship between nationalism, patriotism, and constitutional values.**
- **Enhanced understanding** of how the Constitution shapes and protects national identity.
- **Encouragement of inclusive and ethical expressions of patriotism.**
- **Increased civic engagement among participants inspired** by democratic pride.
- **Reduction of divisive or extreme views** by promoting constitutional patriotism grounded in unity and respect.

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Activity Report

Date: 04.11.2022

Title of the Activity

Workshop on ethical governance and value system

Date & Venue

- **Date:**Nov 03 ,2022
- **Venue:** Demo room, Department of BIOCHEMISTRY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of BIOCHEMISTRY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

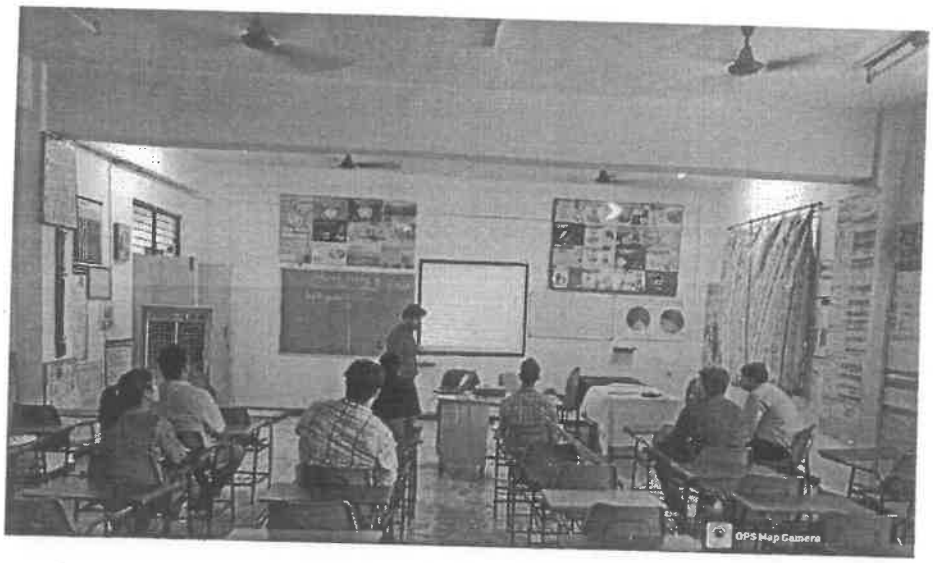
- To define and emphasize the importance of ethical governance in public administration and leadership.
- To explore the role of core human values like honesty, integrity, transparency, and accountability in governance.
- To highlight how ethical practices align with constitutional and democratic principles.
- To promote a value-based approach to leadership and decision-making in both public and private sectors.
- To inspire participants to uphold moral responsibility in their professional and civic roles.

Resource Person(s)

1) **Dr Itika Saxena (Professor)**
2) **Dr Sakshi Agarwal**
3) **Dr Danish Akram**

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Description

- **Foundational Workshop on Ethics in Public Life:**

  A session focused on understanding ethical governance and the consequences of corruption and moral failure.

- **Dialogue on Values and Leadership:**

  An interactive event exploring the role of ethical decision-making in leadership at various levels of society.

- **Constitution and Moral Governance Seminar:**

  A program that links constitutional duties with personal integrity and ethical conduct.

- **Case Study and Scenario-Based Ethics Training:**

  A practical approach to applying values like fairness, justice, and accountability in real-life governance situations.

- **Developing Value-Driven Citizens Program:**

  A workshop aimed at nurturing integrity and ethical behavior among future leaders and active citizens.

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Outcome

- **Improved understanding of ethical principles** and their relevance in governance and public service.
- **Heightened awareness of the consequences of unethical practices** on institutions and society.
- **Development of a strong moral compass among participants** in both professional and civic life.
- **Encouragement of transparent and accountable behavior** in leadership and decision-making roles.
- **Strengthened alignment between personal values and constitutional ethics, fostering trust in institutions.**

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Activity Report

Date: 08.11.2022

Title of the Activity

Workshop on Right to education and implementation

Date & Venue

- **Date:** Nov 07,2022
- **Venue:** Demo room, Department of COMMUNITY MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of COMMUNITY MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

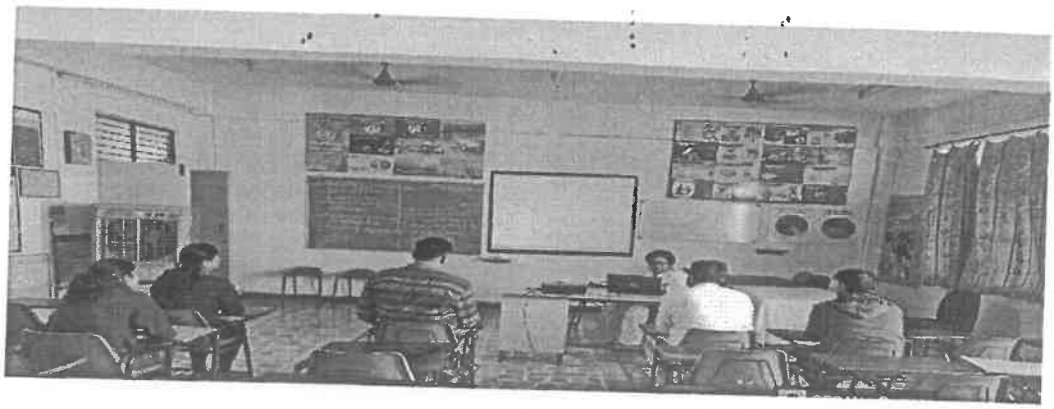
- **To understand the legal framework of the Right to Education (RTE) under Article 21A** of the Indian Constitution and the RTE Act of 2009.
- **To explore the importance of education as** a fundamental right for every child in India, ensuring equal opportunities for all.
- **To examine the challenges and barriers in the implementation of the Right to** Education, especially in rural and marginalized areas.
- **To discuss the role of the state, society, and individuals in ensuring access to quality education for every child.**
- **To highlight the responsibility of schools, teachers, and policymakers** in making the Right to Education a reality.

Resource Person(s)

1) **Dr Rashmi Katiyal (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- **The Right to Education: Constitutional Foundation and RTE Act Overview:**

  A session introducing the concept of the Right to Education, its evolution in India, and the legal framework set by Article 21A and the RTE Act.

- **Key Features of the RTE Act and its Provisions:**

  An in-depth discussion on the specific provisions of the RTE Act, including free and compulsory education, age of admission, teacher-student ratio, and infrastructure standards.

- **Challenges in Implementing RTE: Accessibility and Quality of Education:**

  A session exploring the challenges faced in rural, tribal, and economically disadvantaged areas in providing quality education for all children.

- **Case Studies and Best Practices in RTE Implementation:**

  An analysis of successful models and initiatives that have improved access to education, such as midday meal schemes, mobile schools, and digital education initiatives.

- **Role of Citizens in Promoting Education for All:**

  A participatory discussion on how individuals, communities, and NGOs can contribute to ensuring the success of the RTE in their localities.

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Outcome

- **Clear understanding of the legal right to** education and the provisions of the RTE Act of 2009.
- **Increased awareness of the challenges in ensuring universal access to** quality education, especially for marginalized communities.
- **Better understanding of the roles of the government, society, and individuals in upholding the Right to Education.**
- **Empowerment of participants to** advocate for education as a fundamental right for all children.
- **Commitment to actively contribute towards improving education access and quality at the local, state, and national levels.**

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Activity Report

Date: 11.11.2022

Title of the Activity

Workshop on balancing rights and responsibilities in a democracy

Date & Venue

- **Date:**Nov 10,2022
- **Venue:** Demo room, Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To help participants understand the interdependence** of rights and responsibilities in a democratic society.
- **To promote awareness of constitutional rights** and how they empower citizens.
- **To emphasize the importance of fundamental duties as outlined in Article 51A of the Indian Constitution.**
- **To encourage responsible citizenship that upholds** democratic values like equality, liberty, and justice.
- **To foster critical thinking about** how individual actions impact collective democratic health.

Resource Person(s)

1) **Dr Nitesh mohan (Head of department Pathology)**
2) **Dr Anjana Arya**
3) **Dr Mithila Bisht**

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Description

- **Rights in a Democracy: Empowerment and Protection:**

  A session exploring the fundamental rights of citizens and how they uphold freedom, justice, and equality.

- **Responsibilities of Citizens: The Foundation of a Healthy Democracy:**

  Discussion on civic duties such as respecting the Constitution, promoting harmony, protecting the environment, and upholding public order.

- **Interactive Dialogue: When Rights Clash with Responsibilities:**

  A case-based session examining real-life scenarios where rights and responsibilities intersect or conflict.

- **Youth Engagement: Civic Action for Democratic Balance:**

  Activities and discussions on how young people can contribute to a democratic society through volunteering, voting, and civic activism.

- **Creating a Balanced Civic Identity:**

  A reflective session encouraging participants to develop a personal code of citizenship that respects both rights and duties.

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Outcome

- **Enhanced understanding of the balance between rights** and duties in a democratic setup.
- **Greater appreciation of the role of individual responsibility in sustaining democracy.**
- **Empowerment to practice and promote responsible citizenship.**
- **Improved ability to** make informed decisions that respect both personal freedoms and the common good.
- **Commitment to contributing positively to democratic society through action and awareness.**

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Activity Report

Date: 16.11.2022

Title of the Activity

Workshop on judicial interpretation of fundamental rights

Date & Venue

- **Date:**Nov 15, 2022
- **Venue:** Demo room, Department of FORENSIC MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of FORENSIC MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

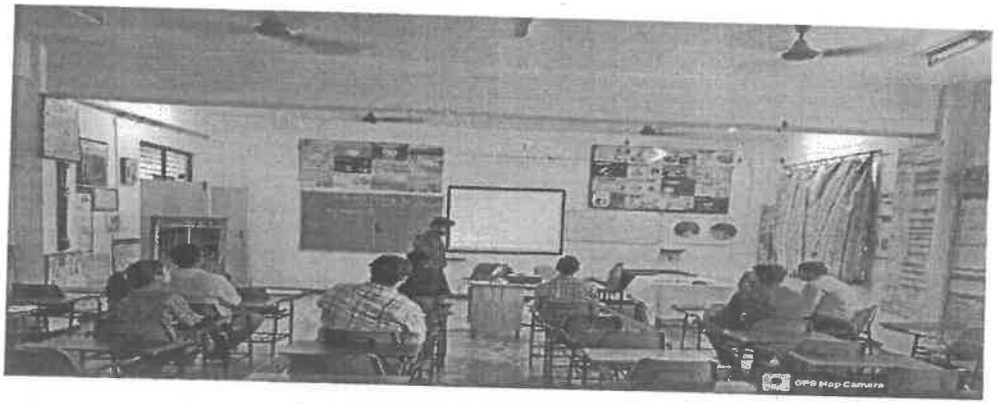
- **To understand the evolving nature** of fundamental rights through landmark judgments by the Indian judiciary.
- **To explore how the Supreme Court has interpreted and expanded** the scope of rights under Part III of the Constitution.
- **To study the role of judicial review in protecting citizens' rights against arbitrary state actions.**
- **To encourage critical analysis of case laws** that have shaped constitutional jurisprudence in India.
- **To empower participants** with legal awareness for protecting and asserting their fundamental rights.

Resource Person(s)

1) **Dr Prem Chandra Srivastava (Head of department Forensic Medicine)**
2) **Dr Agnivesh**
3) **Dr Pankaj Keshwani**

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Description

- **Introduction to Judicial Interpretation and Constitutional Law:**

  A foundational session explaining how courts interpret laws, especially fundamental rights, and the importance of judicial review.

- **Landmark Judgments That Shaped Fundamental Rights:**

  Case studies of key Supreme Court decisions such as Kesavananda Bharati v. State of Kerala, Maneka Gandhi v. Union of India, Puttaswamy v. Union of India, and more.

- **Dynamic vs. Literal Interpretation:**

  Discussion on different approaches to interpreting the Constitution — originalist, textualist, and progressive methods.

- **Judiciary as the Guardian of Fundamental Rights:**

  A session focusing on the role of courts in enforcing rights and providing remedies through writs under Article 32 and 226.

- **Mock Courtroom and Case Discussion:**

  An engaging activity where participants analyze a fictional case and present arguments to understand how judicial interpretation works in practice.

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Outcome

- **Deeper understanding of how the judiciary interprets and protects fundamental rights.**
- **Familiarity with major constitutional** case laws and their real-world impact.
- **Ability to critically assess the role of courts in balancing state power and individual freedoms.**
- **Greater legal awareness** among participants regarding their rights and available remedies.
- **Encouragement to engage in informed** civic participation and promote constitutional values.

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Activity Report

Date: 23.11.2022

Title of the Activity

Workshop on Women's Right under the constitution

Date & Venue

- **Date:** Nov 22,2022
- **Venue:** Demo room, Department of **FORENSIC MEDICINE** Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of **FORENSIC MEDICINE** Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To educate participants** about the constitutional provisions that safeguard women's rights in India.
- **To explore the legal and institutional mechanisms** that promote gender equality and protect women from discrimination and violence.
- **To raise awareness about the intersection of women's rights** with fundamental rights such as equality, dignity, and freedom.
- **To empower women and allies to** assert and defend their rights through knowledge of the law.
- **To promote a culture of gender justice, inclusion, and constitutional morality.**

Resource Person(s)

1) **Dr Prem Chandra Srivastava (Head of department Forensic Medicine)**
2) **Dr Agnivesh**
3) **Dr Pankaj Keshwani**

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Description

- **Constitutional Guarantees for Women:**

  A session focusing on key Articles like 14 (equality before law), 15(3) (special provisions for women), 21 (right to life and dignity), and 39(d) (equal pay for equal work).

- **Legal Protections and Empowerment Laws:**

  Overview of important legislations such as The Protection of Women from Domestic Violence Act, Sexual Harassment of Women at Workplace Act, and Maternity Benefit Act.

- **Barriers to Gender Equality in Practice:**

  A discussion on challenges women face in exercising their rights—social, cultural, economic, and institutional.

- **Role of Judiciary in Advancing Women's Rights:**

  Highlighting landmark court decisions that have upheld and expanded women's constitutional rights.

- **Interactive Session: Know Your Rights:**

  A participatory workshop using scenarios, quizzes, and role-play to help participants understand and apply women's rights in real-life situations.

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Outcome

- **Greater awareness of constitutional and legal provisions** that protect and empower women.
- **Understanding of systemic challenges to gender equality and how to address them.**
- **Familiarity with legal tools and remedies available to** women in case of rights violations.
- **Empowerment of participants to** advocate for women's rights and gender justice.
- **Promotion of gender-sensitive values** in homes, institutions, and society at large.

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Activity Report

Date: 30.11.2022

Title of the Activity

Workshop on Cyber law and right to privacy

Date & Venue

- **Date:** Nov 29,2022
- **Venue:** Demo room, Department of FORENSIC MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of FORENSIC MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

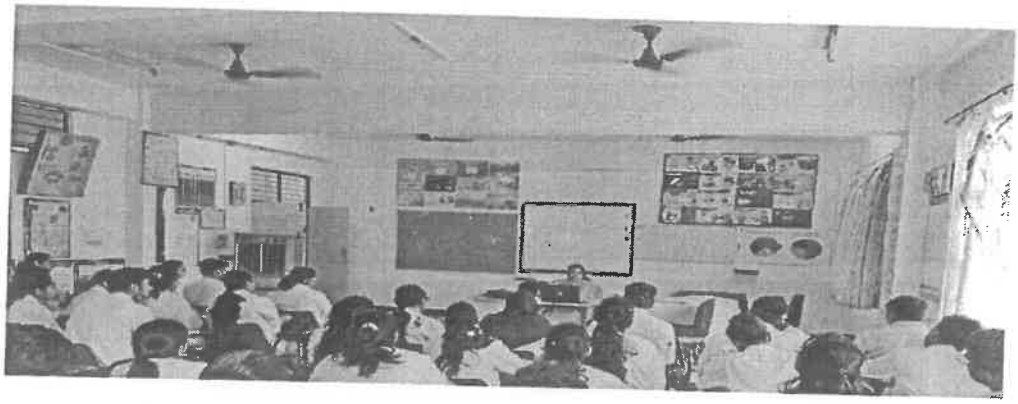
- **To introduce participants to** the fundamentals of cyber law and its relevance in today's digital age.
- **To explain the constitutional basis of the Right to** Privacy as derived from Article 21 of the Indian Constitution.
- **To raise awareness about data protection, digital rights, and cybercrimes.**
- **To promote responsible digital behavior and safe internet practices** among citizens, especially youth.
- **To empower individuals to** identify violations of digital rights and take appropriate legal recourse.

Resource Person(s)

1) **Dr Prem Chandra Srivastava (Head of department Forensic Medicine)**
2) **Dr Agnivesh**
3) **Dr Pankaj Keshwani**

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Description

- **Understanding Cyber Law in India:**

  An overview of the Information Technology (IT) Act, 2000, including provisions related to hacking, identity theft, cyberbullying, and online fraud.

- **Right to Privacy: A Constitutional Perspective:**

  Discussion on the Justice K.S. Puttaswamy v. Union of India judgment that declared privacy a fundamental right under Article 21.

- **Digital Footprint and Data Protection:**

  A session on how personal data is collected, used, and sometimes misused, with insights into consent, surveillance, and online tracking.

- **Cybercrime Awareness and Safety Practices:**

  Tips and tools for protecting privacy online, avoiding scams, and reporting cybercrimes through legal channels and cyber cells.

- **Case Studies and Legal Remedies:**

  Real-life case examples and an interactive session on how to file complaints, report violations, and seek justice in cyber-related issues.

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Outcome

- **Clear understanding of cyber law and the legal protection it offers.**
- **Awareness of privacy as a fundamental right** and how it applies in the digital world.
- **Improved ability to recognize and prevent cyber threats and data breaches.**
- **Empowerment** to take legal steps in case of privacy or cyber law violations.
- **Promotion of safe, ethical, and responsible digital citizenship.**

Signature
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Activity Report

Date: 03.12.2022

Title of the Activity

Seminar on Duties Related to Environmental Protection

Date & Venue

- **Date:**Dec 02,2022
- **Venue:** LT-10, Rohilkhand Medical College and Hospital , Bareilly International University

Organized by

Organized by the Department of Physiology , Rohilkhand medical college and Hospital in collaboration with the Student Research Council.

Objectives

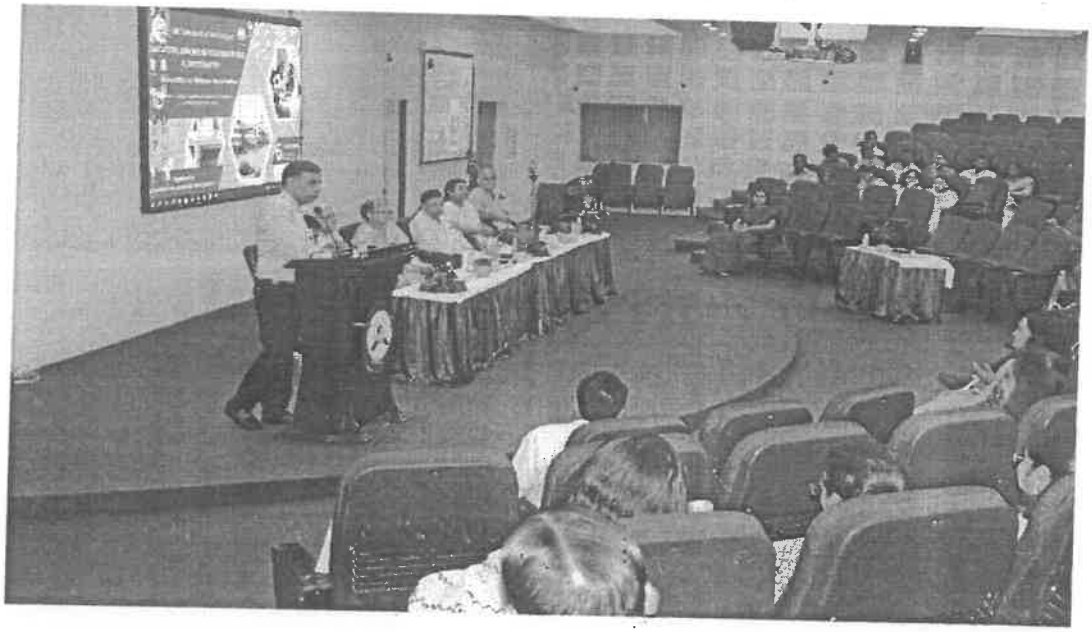
- To raise awareness about the constitutional duty to protect and improve the natural environment, as outlined in Article 51A(g) of the Indian Constitution.
- To emphasize the interdependence between human well-being and ecological balance, highlighting the urgent need for sustainable development.
- To promote environmentally responsible behavior, including conservation of natural resources, reduction of pollution, and active participation in eco-friendly initiatives.
- To encourage critical thinking about the causes and consequences of environmental degradation, and the role individuals and communities can play in mitigation.
- To instill a long-term commitment to environmental stewardship among students, professionals, and community members.
- To bridge the gap between policy and practice by explaining how individual action complements national and global environmental policies and frameworks.

Resource Person(s)

1) **Dr Shashi Kant Verma (Head of department Physiology)**
2) **Dr Ankit Kumar**
3) **Dr J.T. lakshmi**

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Description

- This workshop is designed to deepen participants' understanding and appreciation of India's National Symbols and the guiding principles of the Constitution. The session aims to instill a strong sense of national pride, civic responsibility, and constitutional awareness among students, educators, and community members.
- India's National Symbols—including the National Flag, National Anthem, National Emblem, and the Constitution of India—are more than symbolic representations. They are powerful expressions of the country's history, unity, diversity, and democratic values. The workshop will delve into the historical background of each symbol, explaining their evolution and the profound meanings they carry. Participants will learn about the journey of the Indian Flag, the significance of the Ashoka Chakra, the ideals embedded in the National Anthem, and the symbolism of the National Emblem.
- The session will also explore the legal frameworks that protect the dignity of these symbols, such as the Prevention of Insults to National Honour Act, and provide clarity on appropriate conduct during national events and ceremonies. Understanding these protocols ensures that every citizen can show respect in a manner that aligns with constitutional values.
- In addition to symbol-specific content, the workshop will provide a foundational overview of key constitutional elements, including the Preamble, Fundamental Rights, and Fundamental Duties. These components serve as the moral and legal compass of Indian democracy, guiding citizens to uphold justice, liberty, equality, and fraternity

in everyday life. The Constitution will be introduced not as a complex legal document, but as a living guide for responsible citizenship and national unity.

- The workshop methodology includes interactive sessions, multimedia presentations, and group discussions to encourage active participation and reflective thinking. Real-life examples and stories will be shared to illustrate how individuals and communities honor these national ideals in daily life.
- By the end of the workshop, participants will gain both emotional connection and intellectual insight into the importance of respecting national symbols and constitutional values. They will leave with a greater sense of patriotic duty, civic pride, and personal responsibility toward contributing positively to a united, democratic India.

Outcome

- Improved understanding of environmental issues and the individual's duty to address them.
- Greater awareness of constitutional provisions, environmental laws, and sustainable development goals (SDGs).
- Change in attitude and behavior towards more sustainable practices, such as reducing plastic use, conserving water, and planting trees.
- Enhanced motivation to participate in or initiate environmental protection programs, campaigns, and community clean-ups.
- Stronger sense of civic responsibility, especially among students and youth, to act as environmental ambassadors in their communities.
- Creation of action plans by participants to contribute to environmental conservation at local levels.
- Networking and collaboration with environmental groups, promoting long-term engagement and teamwork for green causes.

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Activity Report

Date: 08.12.2022

Title of the Activity

Workshop on Role of Citizens in Upholding Democratic Traditions

Date & Venue

- **Date:** Dec 07,2022
- **Venue:** LT-10 Rohilkhand Medical College and Hospital, Bareilly International University

Organized by

- Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital Bareilly International University

Objectives

- To Foster an understanding of democracy as a participatory system, where citizens are not just beneficiaries but active contributors.
- To highlight the foundational democratic values—such as liberty, equality, justice, tolerance, secularism, and the rule of law—and how citizens uphold them in everyday life.
- To encourage responsible citizenship, including informed voting, constructive criticism, public participation, and respect for diversity.
- To promote democratic behavior, such as dialogue, debate, consensus-building, and peaceful resolution of conflicts.
- To instill a sense of accountability and duty, emphasizing the citizen's role in holding institutions and leaders accountable while upholding the Constitution.
- To empower individuals, especially youth, to be active participants in the democratic process through civic engagement and community initiatives.

Resource Person(s)

1) **Dr Arun Singh (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- This interactive workshop is designed as a dynamic platform for participants to explore and engage with the foundational ideals of Indian democracy. Rooted in the belief that citizen participation is the lifeblood of any democracy, the workshop will emphasize how individual and collective involvement shapes a just, inclusive, and vibrant society.
- The session will begin with an engaging overview of the evolution of democracy in India, from the freedom movement to the adoption of the Constitution. Participants will delve into the Preamble, Fundamental Rights, and Fundamental Duties—core elements that reflect the vision of the Constitution's framers and continue to guide the democratic journey of the nation.
- Led by a panel of educators, legal experts, and civic leaders, the workshop will feature focused sessions on the real-world application of democratic values. Topics will include the importance of voting, the role of youth in community governance, the freedom of expression, the right to protest and dissent, and the protection of minority rights—all critical to sustaining a pluralistic and participatory democracy.
- To make learning experiential and impactful, the workshop will incorporate a variety of interactive methods such as group discussions, simulations, role-plays, and scenario analysis. These activities will help participants understand how democratic principles can be practiced in daily life—whether in schools, communities, workplaces, or online spaces.
- By actively engaging with complex social and civic issues in a safe, inclusive setting, participants will develop not only a deeper understanding of democratic processes, but also the skills and confidence to act as responsible, informed, and empathetic citizens.

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The workshop will encourage critical thinking, respectful dialogue, collaborative problem-solving, and ethical decision-making.

- Ultimately, this workshop aims to move beyond theory, inspiring participants to embrace their roles as active stakeholders in a democracy. It will foster a culture of participation, accountability, and civic pride, reminding each individual that democracy is not a spectator sport, but a shared responsibility that begins with awareness and leads to action.

Outcome

- Enhanced understanding of the functioning of Indian democracy, including the rights and responsibilities of citizens.
- Greater appreciation for democratic traditions, including secularism, pluralism, tolerance, and dialogue.
- Awareness of the importance of civic duties, such as voting, community service, and public discourse.
- Improved civic competence, with participants better equipped to engage in democratic processes and institutions.
- Stronger commitment to democratic values, such as freedom of speech, equality before law, and respect for opposing viewpoints.
- Encouragement of grassroots participation, inspiring attendees to take active roles in local governance, student councils, NGOs, or citizen forums.
- Development of democratic habits, like critical thinking, respectful debate, and cooperation, both in physical and digital spaces.
- Cultivation of a generation of responsible citizens, who are not only aware of their rights but also conscious of their roles in protecting democracy from apathy, extremism, and misinformation.

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Activity Report

Date: 22.12.2022

Title of the Activity

Seminar on Fundamental Duties and Nation Building

Date & Venue

- **Date:** Dec 21,2022
- **Venue:** LT-10, Rohilkhand Medical College and Hospital ,Bareilly International University

Organized by

Organized by the Department of Anatomy , Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

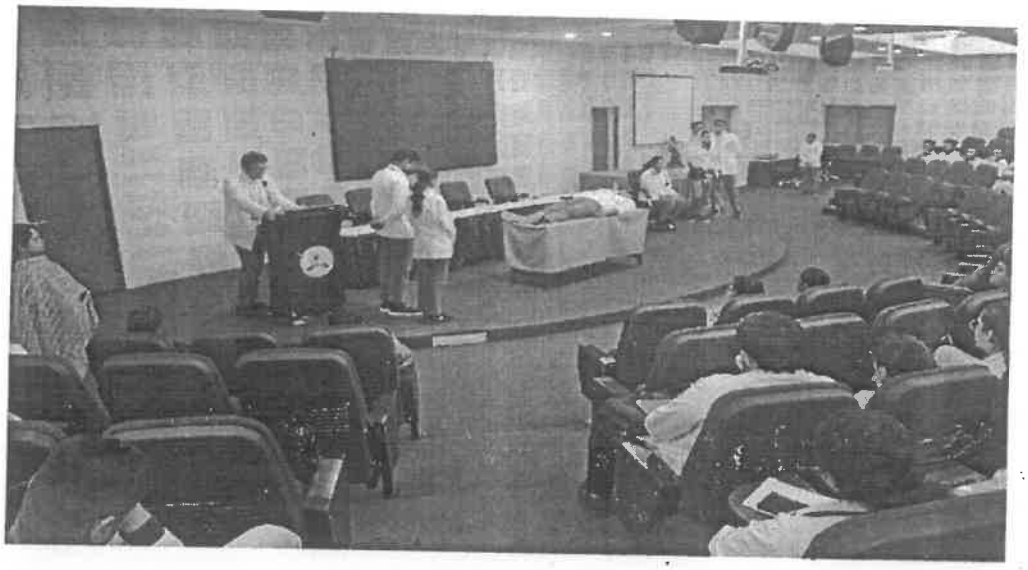
- To educate participants on the significance and scope of Fundamental Duties as outlined in Article 51A of the Constitution.
- To highlight the role of responsible citizenship in strengthening democracy, maintaining social harmony, and promoting inclusive national development.
- To inspire individuals to adopt these duties as guiding principles in their personal, social, and professional lives.
- To encourage active participation in community and national initiatives aimed at progress, equity, justice, and sustainability.
- To bridge the gap between constitutional rights and responsibilities, reinforcing the idea that true nation-building requires both.
- To foster a collective spirit of unity, integrity, and commitment to the values of justice, liberty, equality, and fraternity.

Resource Person(s)

1) **Dr Rakesh Gupta (Head of department Anatomy)**
2) **Dr Preeti**
3) **Dr Sarangdhar kumar**

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Description

- This seminar will offer participants a deep dive into the **Fundamental Duties of Indian citizens**, introduced by the 42nd Amendment to the Constitution in 1976.
- Often overlooked in public discourse, these duties are essential for cultivating a sense of responsibility, respect for the Constitution, and active engagement in the nation's development.
- The seminar will explore each duty in context—such as promoting harmony, protecting public property, developing scientific temper, safeguarding the environment, and defending the nation's sovereignty.
- Speakers may include **legal experts, educators, social activists, and civil servants**, who will share insights on how these duties manifest in real life and how citizens can uphold them in practical ways.
- Interactive discussions, case studies, and multimedia presentations will **encourage participants to reflect on their role as citizens** and their power to contribute to a better, stronger, and more equitable India.

Outcome

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- Deepened understanding of the Fundamental Duties and their constitutional and ethical significance.
- Enhanced civic awareness, leading to a more engaged and responsible citizenry.
- Development of a sense of accountability, motivating individuals to act in the interest of the community and the nation.
- Promotion of values such as tolerance, respect, discipline, and unity, which are vital for a diverse and democratic society like India.
- Strengthened commitment to national goals, including social justice, economic development, environmental sustainability, and national security.
- Active involvement in nation-building activities, such as volunteering, environmental conservation, civic campaigns, and community development.
- Reduction in social apathy and passive citizenship, replaced by a proactive and constructive approach to societal challenges.
- Greater youth engagement, nurturing a generation that not only understands its rights but also upholds its responsibilities.

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Activity Report

Date: 27.12.2022

Title of the Activity

Workshop on Gender Sensitivity and Social Duties

Date & Venue

- **Date:** Dec 26, 2022
- **Venue:** LT-10Rohilkhand Medical College and Hospital, Bareilly International University

Organized by

- Organized by the Department of Forensic Medicine & Toxicology Rohilkhand medical college and Hospital Bareilly International University

Objectives

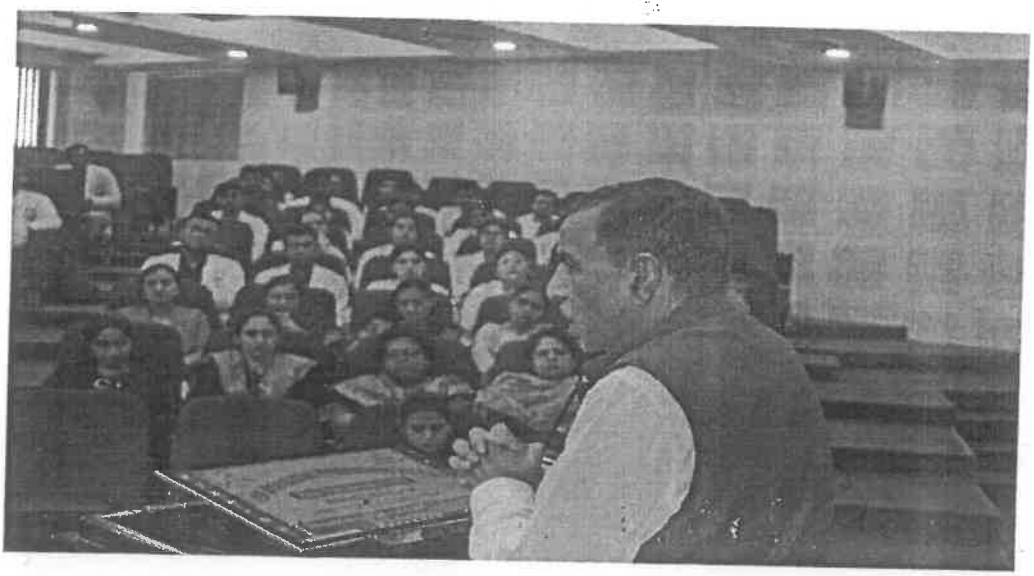
- To sensitize participants to gender-based biases, stereotypes, and discrimination prevalent in homes, workplaces, institutions, and society at large.
- To promote understanding of gender as a social construct, helping participants to move beyond binary notions and appreciate diversity in identity and expression.
- To encourage equitable attitudes and behaviors that support gender justice in everyday interactions and decision-making.
- To highlight the role of every citizen in fulfilling social duties, including respecting individual dignity, ensuring equal opportunity, and upholding human rights.
- To foster empathy, mutual respect, and non-discriminatory practices in professional, academic, and social spaces.
- To empower individuals to challenge gender-based injustice and to become agents of change in their families, communities, and institutions.

Resource Person(s)

1) **Dr P.C. Srivastava (Head of Department)**
2) **Dr Agniwesh Prasad**

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Description

- This interactive workshop will focus on building gender sensitivity and enhancing social responsibility among participants through experiential learning.
- The workshop will begin by exploring basic concepts like gender identity, gender roles, equality vs. equity, and intersectionality.
- Participants will be guided to reflect on how societal norms and institutions shape perceptions and treatment of different genders.
- Through case studies, real-life examples, role-plays, group discussions, and multimedia content, participants will analyze everyday scenarios where gender insensitivity occurs and explore ways to respond effectively.
- The workshop will also discuss legal frameworks related to gender rights (such as the Protection of Women from Domestic Violence Act, POSH Act, and Article 15 of the Constitution), and how respecting these frameworks is a part of every citizen's social and constitutional duty.
- Emphasis will also be placed on how gender sensitivity contributes to broader social progress, including education, health, safety, workplace equality, and sustainable development.

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Outcome

- Increased awareness of gender-related issues, including discrimination, unconscious bias, and harmful stereotypes.
- Improved ability to identify and address gender-insensitive behaviors and practices, both overt and subtle.
- Strengthened commitment to gender-equitable thinking, helping participants create inclusive environments at home, work, and in society.
- Greater understanding of legal rights and protections related to gender and the social duties of individuals to uphold these rights.
- Development of communication and conflict-resolution skills to deal with gender-based challenges in a respectful and effective manner.
- Empowerment of participants to act as gender champions, promoting respect, inclusion, and dignity for all genders.
- Increased capacity to integrate gender-sensitive practices in educational curricula, organizational policies, and community outreach programs.
- Fostering of a socially responsible mindset, encouraging participants to contribute to a just and equitable society beyond legal obligations.

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Activity Report

Date: 30.12.2022

Title of the Activity

Seminar on Voluntary Services as a Civic Duty

Date & Venue

- **Date:** Dec 29,2022
- **Venue:** LT-10 Rohilkhand Medical College and Hospital ,Bareilly International University

Organized by

Organized by the Department of Surgery, Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

- To promote voluntary service as a fundamental civic duty, complementing the rights and responsibilities of citizens under the Constitution.
- To highlight the role of volunteers in nation-building, particularly in areas such as education, health, disaster response, environmental protection, and social justice.
- To encourage a culture of community service, particularly among youth and students, fostering empathy, solidarity, and social responsibility.
- To recognize the impact of volunteerism in bridging gaps, supporting marginalized communities, and promoting inclusive development.
- To motivate participants to engage with NGOs, local bodies, and civic organizations, and contribute meaningfully to local and national causes.
- To strengthen democratic values, such as participation, cooperation, and mutual respect through active voluntary involvement.

Resource Person(s)

1) **Dr Sharad Seth (Head of department Community Medicine)**
2) **Dr CP Panday**
3) **Dr Sujoy Mukharjee**

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Description

- This seminar will serve as an interactive platform to explore voluntary service as a meaningful and necessary component of civic life.
- It will begin by introducing the concept of civic duty and its expression through voluntary action, with a focus on its relevance in a diverse and developing society like India.
- Participants will gain insights into the historical and contemporary significance of voluntary movements, from grassroots efforts to national campaigns like Swachh Bharat Abhiyan, disaster relief work, and community health initiatives.
- Sessions will include talks by social workers, NGO leaders, educators, and civic activists, who will share their experiences and inspire attendees to step forward as changemakers.
- There will also be discussions on skills development for effective volunteering, such as leadership, teamwork, empathy, and communication.
- Participants will have the opportunity to connect with ongoing volunteer programs, and explore how civic engagement not only uplifts communities but also fosters personal growth and social cohesion.

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Outcome

- Enhanced understanding of voluntary service as a civic responsibility, and not merely a charitable or optional activity.
- Increased motivation to participate in community development initiatives, especially those aligned with national and local priorities.
- Greater appreciation of how individual actions contribute to collective progress, justice, and social equity.
- Strengthened ethical and civic values, such as compassion, altruism, solidarity, and accountability.
- Development of leadership and organizational skills among participants through exposure to real-life volunteer stories and strategies.
- Identification of avenues for volunteer engagement, connecting participants to local NGOs, welfare organizations, and civic bodies.
- Promotion of a lifelong commitment to active citizenship, encouraging participants to include voluntary service as part of their routine life.
- Contribution to a more responsive, inclusive, and compassionate society, where citizens work together to address social challenges and uphold democratic ideals.

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Activity Report

Date: 03.01.2023

Title of the Activity

Workshop on Respecting the Rich Heritage of India

Date & Venue

- **Date:** Jan 02,2023
- **Venue:** LT-10 Rohilkhand Medical College and Hospital, Bareilly International University

Organized by

- Organized by the Department of Pathology, Rohilkhand medical college and Hospital, Bareilly International University

Objectives

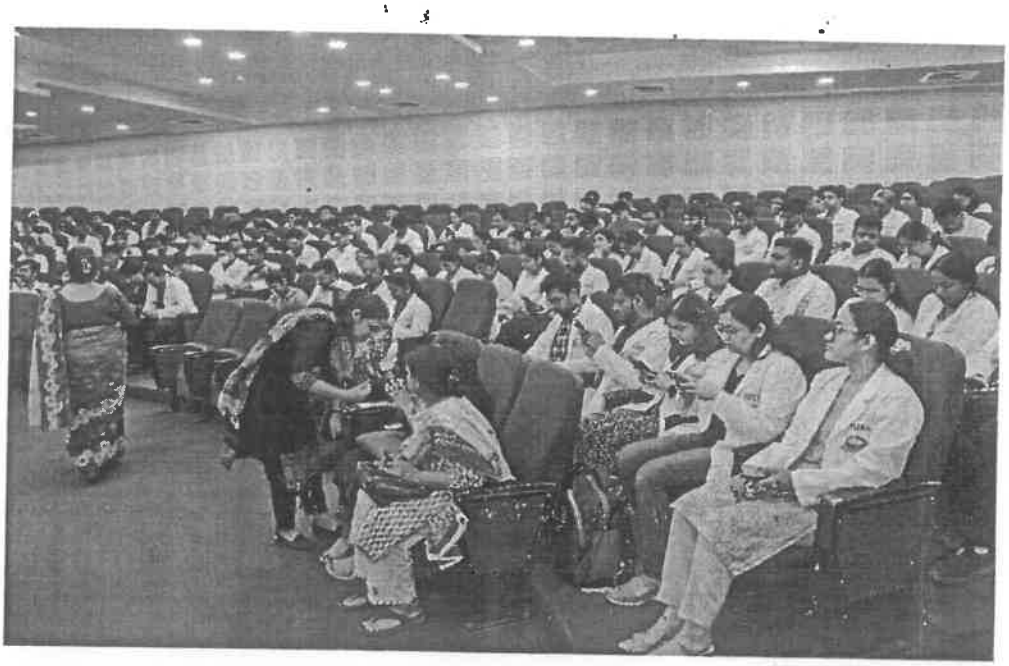
- To educate participants about the vast cultural legacy of India, including its art, architecture, language, philosophy, traditions, and festivals.
- To promote respect and responsibility toward preserving the tangible and intangible heritage of the country.
- To encourage intergenerational dialogue and learning, helping youth understand the importance of tradition in shaping identity and national pride.
- To foster unity in diversity, emphasizing the significance of India's multicultural and pluralistic society.
- To highlight the role of citizens in safeguarding heritage sites, customs, and knowledge systems through conscious, respectful behavior and community participation.
- To instill a spirit of cultural humility and inclusivity, strengthening national integration and social harmony.

Resource Person(s)

1) **Dr Nitesh Mohan (Head of department Pathology)**
2) **Dr Mithilla Bisht**

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Description

- This workshop is designed as a dynamic and interactive platform for participants to explore the many dimensions of India's heritage—from ancient civilizations and classical art forms to regional folk traditions and modern innovations rooted in tradition.
- The sessions will include presentations, storytelling, film screenings, heritage walks (if feasible), traditional art demonstrations, and group discussions.
- Experts such as historians, artists, cultural scholars, and conservationists will guide participants through the richness of India's legacy and its relevance in contemporary times.
- The workshop will also touch upon UNESCO World Heritage Sites, endangered cultural practices, and the importance of community involvement in preserving heritage.
- Participants will engage in activities that inspire them to document, celebrate, and protect their local traditions, thus contributing to national cultural preservation.
- Integration of heritage respect into everyday life, through choices in art, language, architecture, lifestyle, and travel.
- Promotion of sustainable cultural tourism and civic participation, helping individuals contribute to cultural conservation and economic development at local levels.

- Highlight the role of citizens in safeguarding heritage sites, customs, and knowledge systems through conscious, respectful behavior and community participation.
- Instill a spirit of cultural humility and inclusivity, strengthening national integration and social harmony.

Outcome

- Increased awareness and understanding of India's diverse cultural heritage, both classical and folk.
- Stronger emotional and intellectual connection to India's history, art, and traditions, fostering national pride.
- Motivation to preserve and promote cultural practices, languages, and local customs that are at risk of fading.
- Appreciation for cultural diversity, enhancing mutual respect and social cohesion among different communities.
- Development of responsible attitudes toward protecting heritage sites and avoiding activities that lead to cultural or historical degradation.
- Empowerment of youth as cultural ambassadors, who can share and sustain India's legacy through education and community work.
- Integration of heritage respect into everyday life, through choices in art, language, architecture, lifestyle, and travel.
- Promotion of sustainable cultural tourism and civic participation, helping individuals contribute to cultural conservation and economic development at local levels.

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Activity Report

Date: 12.01.2023

Title of the Activity

Seminar on Duties in the Context of Constitutional Amendments

Date & Venue

- **Date:** Jan 11,2023
- **Venue:**LT-10 ,Rohilkhand Medical College and Hospital, Bareilly International University

Organized by

Organized by the Department of Medicine, Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

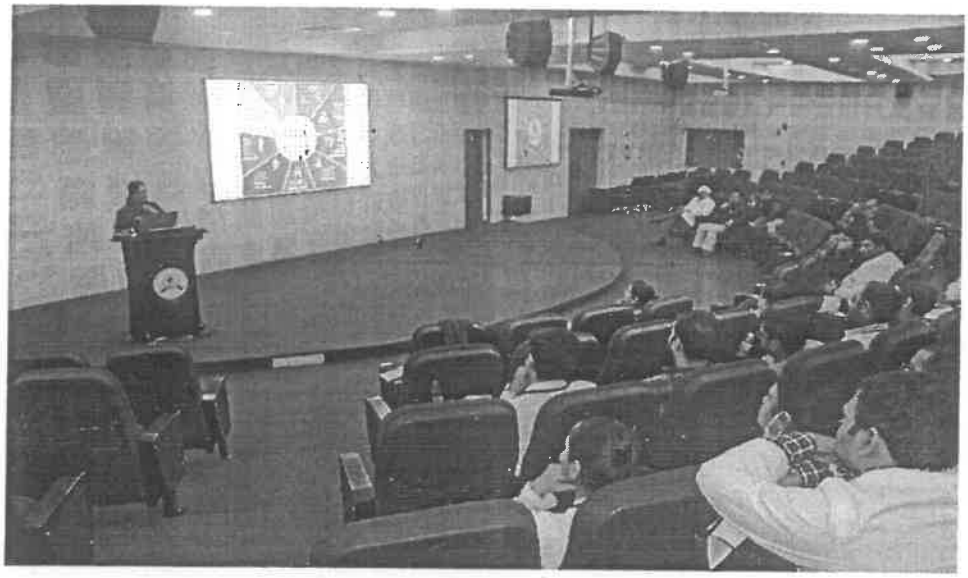
- To explore the evolving nature of citizen duties in the light of Constitutional Amendments, especially focusing on how these amendments reflect the changing needs of the nation.
- To educate participants about the significance of the 42nd Constitutional Amendment, which introduced the Fundamental Duties under Article 51A, and how these duties complement Fundamental Rights.
- To highlight the dynamic relationship between the Constitution and civic responsibility, showing how constitutional changes shape and are shaped by the behavior and expectations of citizens.
- To encourage critical thinking about the role of duties in democratic governance, and how amendments serve as tools to reinforce national values and responsibilities.
- To promote awareness of the legal, moral, and social importance of complying with duties, especially those tied to national integration, environmental protection, and respect for national institutions.
- To foster a culture of constitutional literacy and civic engagement, especially among students, youth, educators, and professionals.

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Resource Person(s)

1) **Dr Seema Seth (Head of department Medicine)**
2) **Dr Malini**



Description

- This seminar will focus on the intersection of Constitutional Amendments and civic duties, with an emphasis on how India's constitutional framework evolves to meet contemporary challenges while reinforcing the values of justice, liberty, equality, and fraternity.
- The seminar will begin with an overview of the amendment process as defined in Article 368 of the Indian Constitution.
- Special focus will be placed on the 42nd Amendment Act of 1976, which added a new dimension to civic life through the introduction of Fundamental Duties in Part IVA (Article 51A).
- Eminent speakers such as constitutional experts, law professors, and civil society leaders will provide insights into how various amendments have been instrumental in defining and refining the responsibilities of citizens.

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- The seminar will include interactive segments like panel discussions, case law analysis, and participant reflections on the duties relevant to present-day governance and social conduct.
- The session will also highlight the importance of balancing rights and duties in a democratic setup and the role of every citizen in upholding the spirit of the Constitution.
- To promote awareness of the legal, moral, and social importance of complying with duties, especially those tied to national integration, environmental protection, and respect for national institutions.
- To foster a culture of constitutional literacy and civic engagement, especially among students, youth, educators, and professionals.

Outcome

- Increased awareness of constitutional amendments and their impact on civic life, especially in relation to Fundamental Duties.
- Deeper understanding of the importance of the 42nd Amendment and its role in shaping responsible citizenship.
- Ability to critically examine the relationship between constitutional change and social responsibility.
- Enhanced appreciation for the evolving nature of democracy, where duties are as significant as rights in ensuring justice and national unity.
- Promotion of civic responsibility and national consciousness, encouraging participants to contribute actively to democratic processes and public life.
- Strengthened constitutional literacy, especially among students and educators, enabling informed discussions on governance, law, and society.
- Motivation to fulfill civic duties in daily life, such as respecting the Constitution, protecting public property, promoting harmony, and preserving the environment.
- Formation of youth leadership and advocacy groups that can further the cause of civic education and awareness in their communities.

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Activity Report

Date: 23.02.2023

Title of the Activity

Seminar on Participatory Governance and Community Development

Date & Venue

- **Date:** Feb 22,2023
- **Venue:** LT-10,Rohilkhand medical college and Hospital,Bareilly International University

Organized by

Organized by the Department of Pathology, Rohilkhand medical college and Hospital,Bareilly International University

Objectives

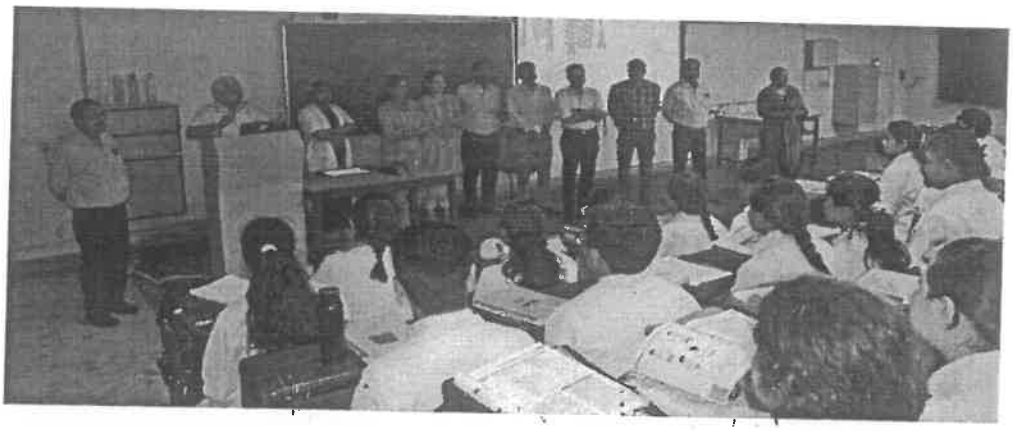
- To educate citizens—especially youth, students, and grassroots leaders—about the concept and importance of participatory governance.
- To empower individuals and communities to actively engage with local governance structures, such as Panchayati Raj Institutions, Urban Local Bodies, and Ward Committees.
- To encourage citizen participation in planning, decision-making, and implementation of community development initiatives.
- To highlight the role of community collaboration in solving local issues, such as sanitation, education, health, and infrastructure.
- To promote democratic accountability, transparency, and inclusivity by bridging the gap between the government and the governed.

Resource Person(s)

1) **Dr Nitesh Mohan(Head of department)**
2) **Dr Mithilla Bisht**
3) **Dr Vibhuti**

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Description

- The Seminar on Participatory Governance and Community Development aims to highlight the crucial role of citizen involvement in local governance and sustainable development.
- It brings together students, educators, civil society members, and local governance representatives to explore how inclusive decision-making and civic participation can transform communities.
- The seminar focuses on empowering individuals to actively engage with democratic processes at the grassroots level through platforms such as Gram Sabhas, Ward Committees, and civic forums.
- Through expert talks, case studies, and interactive discussions, participants will learn how participatory governance enhances transparency, accountability, and responsiveness in public service delivery.
- Emphasis will be placed on community-driven development, citizen-led monitoring, and tools like the Right to Information (RTI), social audits, and public consultations.
- The seminar will also showcase successful community initiatives that address real-life challenges such as sanitation, education, infrastructure, and environmental sustainability.
- By promoting collaboration between citizens and governance institutions, the seminar seeks to build a culture of shared responsibility and proactive citizenship.
- It encourages youth and community leaders to take initiative, voice concerns, and contribute meaningfully to local development. Overall, the seminar aims to strengthen democratic values and empower participants to play a vital role in shaping a more inclusive and participatory society.

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Outcome

- Enhanced understanding of participatory governance and its importance in democratic and decentralized decision-making.
- Empowerment of citizens to engage with local institutions, participate in budget planning, attend public meetings, and hold elected representatives accountable.
- Development of leadership and problem-solving skills, particularly among youth and women, to address local challenges through collective action.
- Greater collaboration between community members and government functionaries, leading to trust-building and improved transparency.
- Promotion of citizen-led initiatives for community development, such as health camps, cleanliness drives, educational workshops, and public grievance redressals.
- Strengthening of grassroots democracy, with increased voter awareness, civic literacy, and responsible citizenship.
- Establishment of community forums or citizen groups that sustain participation and monitor development efforts.
- Increased responsiveness of local governance institutions, resulting in more inclusive, equitable, and needs-based development outcomes.

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List of sensitization activities for the Academic Year 2021-2022

Sr. no	Name of the activity	Organizing Department/School	Date of the Activity
1	Seminar on Fundamental Constitutional Values in Everyday Life	Gen. Medicine	Oct 18, 2021
2	Workshop on Justice, Liberty, Equality, and Fraternity: The Pillars of Indian Democracy	pathology	Oct 20,2021
3	Seminar on Understanding Secularism in the Indian Context	pathology	Oct27,2021
4	Workshop on Constitutional Morality and Social Harmony	anatomy	Nov 2,2021
5	Seminar on Promoting Unity in Diversity through Constitutional Values	Pathology	Nov 4,2021
6	Seminar on Right to Equality and Social Justice(	Pharmacology	Nov 9,2021
7	Workshop on Understanding and Exercising Fundamental Rights	Pathology	Nov15,2021
8	Seminar on Right to Freedom of Speech and Expression	Pathology	Nov 18,2021
9	Workshop on Freedom of Religion and Secular Obligations	Biochemistry	Nov 23,2021
10	Seminar on Right to Life and Personal Liberty: Article 21	PSM	Nov 29,2021
11	Workshop on Rights of Marginalized and Minorities	Microbiology	Dec 1,2021
12	Seminar on Understanding Fundamental Duties of Citizens	PSM	Dec 6, 2021
13	Workshop on Duty Towards Protecting Public Property	Paedritriic	Dec 9, 2021
14	Seminar on Promoting Harmony and Brotherhood	Opthalmology	Dec 23, 2021
15	Workshop on Duty to Develop Scientific Temper and Humanism	PSM	Jan 12, 2022
16	Seminar on Civic Responsibility and National Discipline	Pharmacology	Jan 20, 2022

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Sr. no	Name of the activity	Organizing Department/School	Date of the Activity
17	Workshop on Respecting National Symbols and the Constitution	PSM	Feb 3, 2022
18	Seminar on Citizen Participation in a Democratic Society	Anatomy	Feb 24, 2022
19	Workshop on Role of Citizens in Electoral Democracy	PSM	March 3, 2022
20	Seminar on Responsibilities Towards the Constitution and the Nation	Biochemistry	March 28, 2022

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Activity Report

Date: 19.10.2021

Title of the Activity

Workshop on Fundamental Constitutional Values in everyday life

Date & Venue

- **Date:** Oct 18. 2021
- **Venue:** Demo room, Department of GENERAL MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of GENERAL MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

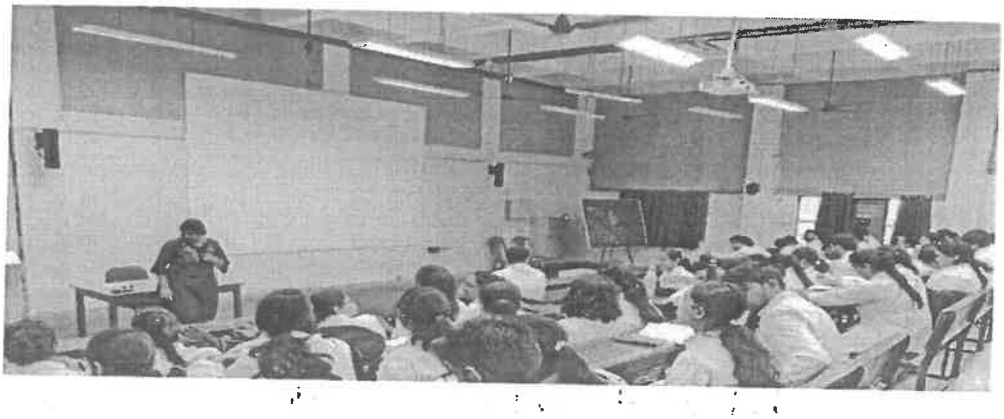
Objectives

- **To promote understanding of the core constitutional values** like justice, liberty, equality, and fraternity.
- **To encourage reflection** on how these values apply in day-to-day behavior and decision-making.
- To **bridge the gap between constitutional ideals** and practical living.
- **To cultivate a sense of responsible** citizenship through everyday actions.
- **To inspire participants to embody and promote these values in their homes, schools, workplaces, and communities.**

Resource Person(s)

1) **Dr Seema Seth (Head of department General Medicine)**
2) **Dr Malini Kulshresthra**
3) **Dr Arun Kumar Singh**

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Description

- **What Are Fundamental Constitutional Values?**

  A session introducing the meaning and significance of values enshrined in the Preamble of the Indian Constitution.

- **Living the Constitution: Everyday Applications:**

  Interactive discussions on how values like respect, fairness, tolerance, and responsibility can be practiced in daily interactions and choices.

- **Equality and Justice in Social Settings:**

  Exploring how we can challenge discrimination and promote inclusion in schools, families, and public spaces.

- **Liberty and Fraternity in Thought and Action:**

  Role-plays and real-life examples of standing up for one's beliefs, respecting differences, and fostering unity.

- **Be the Change: Personal Pledges for Constitutional Living:**

  An activity where participants make commitments to uphold and spread constitutional values in their everyday lives.

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Outcome

- **Deeper understanding of constitutional values and their real-life relevance.**
- Increased **self-awareness of personal behaviors** aligned with or against these values.
- **Inspiration to make conscious choices** that reflect justice, equality, liberty, and fraternity.
- **Motivation to influence others positively through value-based conduct.**
- Development of a **strong civic identity rooted in the spirit of the Constitution.**

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Activity Report

Date: 21.10.2021

Title of the Activity

Workshop on justice Liberty ,Equality and Fraternity: The pillars of Indian democracy

Date & Venue

- **Date:** Oct 20, 2021
- **Venue:** Demo room, Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

To enhance understanding of the core democratic values — justice, liberty, equality, and fraternity — as enshrined in the Constitution and their significance in nation-building.

- To foster critical thinking and discussion among participants on how these principles apply to contemporary social, political, and legal issues.
- To promote awareness and responsibility among citizens, especially youth, regarding their roles in upholding and practicing democratic ideals in daily life.
- To explore the interdependence of the four pillars and how a balanced approach to all of them leads to a stronger, more inclusive democracy.
- To encourage civic engagement and participation by equipping participants with the knowledge and motivation to contribute actively to democratic processes and social harmony.

Resource Person(s)

1) **Dr Nitesh mohan (Head of department Pathology)**
2) **Dr Anjana Arya**
3) **Dr Mithila Bisht**

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Description

- **Introductory Overview:**

  A foundational workshop designed to educate participants on the constitutional values that form the backbone of Indian democracy—justice, liberty, equality, and fraternity.

- **Interactive Civic Education Program:**

  An engaging session combining lectures, discussions, and activities to help participants understand the practical implications of democratic principles in everyday life.

- **Values-Based Learning Experience:**

  This workshop aims to instill moral and civic values aligned with democratic ideals to build socially responsible and empathetic citizens.

- **Constitutional Literacy Drive:**

  A focused initiative to deepen awareness of constitutional rights and duties, and the role of individuals and institutions in upholding democratic ethics.

- **Youth Empowerment Session:**

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A youth-centered dialogue encouraging the younger generation to embody and advocate for democratic values in their communities and educational institutions.

Outcome

- Enhanced Constitutional Awareness:

Participants will gain a deeper understanding of the preamble and the principles that guide Indian democracy.

- Improved Civic Participation:

  The workshop will motivate attendees to take active roles in community service, voting, and democratic dialogue.

- Development of Critical Thinking:

  Participants will learn to analyze societal issues through the lens of justice, liberty, equality, and fraternity.

- Promotion of Social Harmony:

  By understanding the importance of fraternity, participants will be more inclined to foster inclusion, tolerance, and mutual respect.

- Empowered Change Agents:

  Individuals will leave the workshop inspired to advocate for and uphold democratic values in both personal and public life.

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Activity Report

Date: 28.10.2021

Title of the Activity

Workshop on on understanding secularism in the Indian context

Date & Venue

- **Date:** Oct 27, 2021
- **Venue:** Demo room, Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of Pathology, Rohilkhand medical college and Hospital , Bareilly international University

Objectives

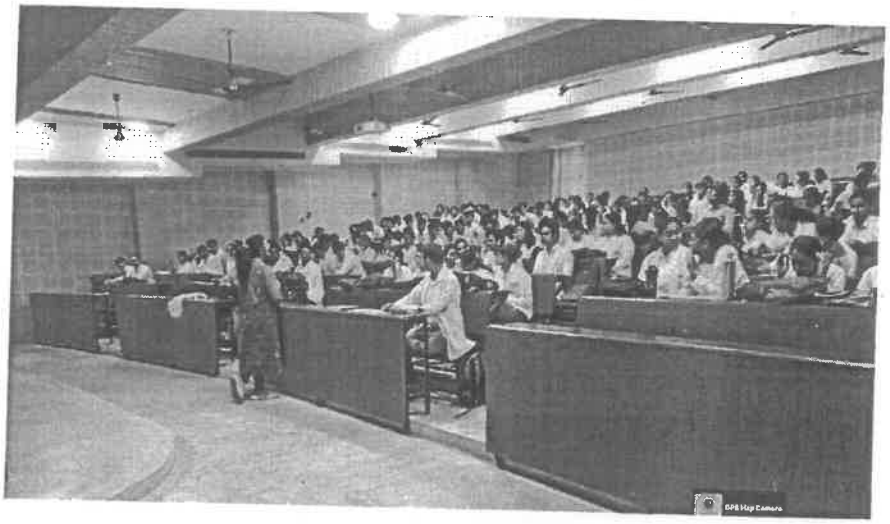
- **To explain the meaning and significance of secularism** as outlined in the Indian Constitution.
- **To explore the historical and cultural roots of secularism** in India's diverse society.
- **To promote respect for all religions and encourage interfaith harmony among participants.**
- **To analyze the challenges and misconceptions** related to secularism in contemporary India.
- **To inspire participants** to uphold secular values in their personal lives and public conduct.

Resource Person(s)

1) **Dr Nitesh mohan (Head of department Pathology)**
2) **Dr Anjana arya**
3) **Dr Mithila Bisht**

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Description

- **Educational Workshop on Constitutional Secularism:**

  A focused session on how secularism is embedded in India's constitutional framework and governance.

- **Dialogue on Diversity and Religious Tolerance:**

  An interactive event encouraging conversations about peaceful coexistence in a multi-religious society.



- **Exploring Indian Secularism in Practice:**

A practical look at how secularism functions in institutions like schools, courts, and government.

- **Youth Awareness Program on Religious Harmony:**

  A platform for young citizens to learn about respecting all faiths and rejecting communal bias.

- **Contemporary Issues and Secular Values:**

  A critical discussion on current events and how secularism is being interpreted and applied in public life.

Outcome

- **Improved understanding of Indian secularism** and how it differs from Western models.
- **Greater appreciation for religious diversity** and the importance of peaceful coexistence.
- **Enhanced ability to identify and counter religious discrimination** in personal and social spheres.
- **Empowered participants to promote secular** ideals within their communities and institutions.
- **Strengthened democratic values and social unity** through respect for all belief systems.

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Activity Report

Date: 03.11.21

Title of the Activity

Workshop on constitutional morality and social harmony.

Date & Venue

- **Date:** Nov 02,2021
- **Venue:** Demo room, Department of Anatomy Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the **Department of Anatomy, Rohilkhand medical college and Hospital** ,Bareilly international university.

Objectives

- **To define and explain the concept** of constitutional morality and its role in upholding democratic values.
- **To promote awareness of the moral principles** embedded in the Constitution, such as justice, equality, liberty, and fraternity.
- **To highlight the importance of social harmony** in a diverse and pluralistic society like India.
- **To encourage ethical citizenship based** on respect for constitutional values and the rule of law.
- **To examine real-life scenarios** where constitutional morality contributes to resolving social conflicts and promoting unity.

Resource Person(s)

1) **Dr Rakesh Gupta (Head of department Anatomy)**
2) **Dr Preeti Agarwal**
3) **Dr Neerja Pathak**

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Description

- **Foundational Workshop on Democratic Ethics:**

  A session exploring how constitutional morality guides behavior in public and private life, ensuring fairness and justice.

- **Interactive Dialogue on Law and Values:**

  An engaging discussion-based event connecting constitutional ideals with social practices and responsibilities.

- **Seminar on Peaceful Coexistence:**

  A platform to promote understanding and cooperation across communities through constitutional guidance.

- **Civic Education and Responsibility Program:**

  Designed to instill a sense of duty and ethical awareness among citizens, particularly the youth.

- **Practical Understanding of Social Justice:**

  A real-world look into how the principles of constitutional morality can help build inclusive, harmonious communities.

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Outcome

- Deepened understanding of constitutional morality as a guiding principle for behavior and governance.
- Increased awareness of citizens' roles in maintaining social harmony and respecting diversity.
- Ability to connect legal rights with ethical responsibilities in a democratic framework.
- Empowered individuals to act against discrimination, injustice, and inequality through peaceful and lawful means.
- Promotion of inclusive thinking and unity in diversity, strengthening the social fabric of the nation.

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Activity Report

Date: 05.11.2021

Title of the Activity

Workshop on promoting unity in Diversity through constitutional values

Date & Venue

- **Date:** Nov 04, 2021
- **Venue:** Demo room, Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

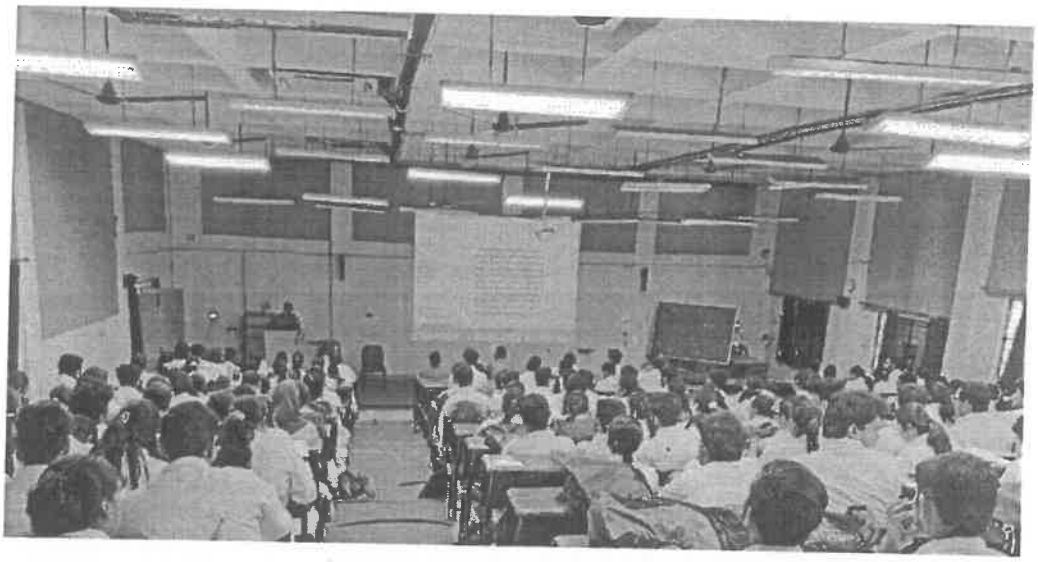
- **To emphasize the importance of unity in diversity** as a fundamental strength of Indian society.
- **To explore how constitutional values** like justice, liberty, equality, and fraternity uphold social cohesion.
- **To encourage mutual respect and acceptance** among people of different cultures, religions, and backgrounds.
- **To foster inclusive thinking** by highlighting the role of the Constitution in protecting minority rights and promoting equality.
- **To inspire participants to apply constitutional values** in everyday interactions to strengthen national unity.

Resource Person(s)

1) **Dr Nitesh mohan (Head of department Pathology)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- **Civic Workshop on National Integration:**

  A participative session focused on building harmony through respect for cultural and religious diversity guided by constitutional ideals.

- **Interactive Dialogue on Indian Pluralism:**

  An open forum that explores how India's diversity can be a strength when grounded in shared values.

- **Constitutional Literacy and Unity Session:**

  A learning experience that ties fundamental rights and duties to the larger goal of societal unity.

- **Cultural Harmony and Constitutional Ethics Program:**

  A value-based event promoting peaceful coexistence and understanding through legal and ethical frameworks.

- **Youth Workshop on Diversity and Democracy:**

  A platform to encourage young minds to embrace differences while staying rooted in the democratic fabric of the nation.

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Outcome

- Increased awareness of India's constitutional commitment to safeguarding cultural, religious, and linguistic diversity.
- Greater respect for individual and group identities within the democratic structure.
- Improved social sensitivity and inclusive behavior among participants.
- Strengthened national unity and civic responsibility through the internalization of constitutional values.
- Enhanced ability to bridge social divides by applying principles like equality, fraternity, and justice in everyday life.

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Activity Report

Date: 10.11.2021

Title of the Activity

Workshop on Rights to Equality and social justice

Date & Venue

- **Date:** Nov 09. 2021
- **Venue:** Demo room, Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PHARMACOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To deepen understanding of the Right to Equality as** enshrined in the Indian Constitution under Articles 14 to 18.
- **To promote awareness of social justice as** a foundational principle for an inclusive and fair society.
- **To examine issues related to** discrimination, inequality, and marginalization in the Indian context.
- **To empower participants to** advocate for equal rights and opportunities for all sections of society.
- **To encourage ethical reflection and action** toward building a just and equitable community.

Resource Person(s)

- **Dr Shalini Chandra (Head of department pharmacology)**
- **Dr Iram Shaifali**
- **Dr Anju Saxena**

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Description

- **Equality Before Law: A Constitutional Lens:**

  A session explaining the legal basis of the Right to Equality and its implications for everyday life.

- **Social Justice and Inclusive Development Dialogue:**

  A discussion on how policies, laws, and public behavior can advance or hinder social justice.

- **Case Studies on Discrimination and Equality:**

  Real-world scenarios highlighting challenges and solutions in achieving equality and justice.

- **Youth and the Fight for Social Equality:**

  Engaging young minds in discussions and activities around equity, fairness, and activism.

- **Fundamental Rights and the Role of Citizens:**

  A workshop focusing on how individuals can contribute to upholding equality and ensuring justice in society.

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Outcome

- **Greater awareness of constitutional guarantees of equality and non-discrimination.**
- **Stronger understanding of social justice and its importance in a democratic society.**
- **Empowered participants equipped to identify and address instances of inequality.**
- **Increased civic engagement in promoting inclusivity and fairness.**
- **Commitment to upholding equality and justice as active citizens and future leaders.**

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Activity Report

Date: 16.11.2021

Title of the Activity

Workshop on understanding and exercising fundamental rights

Date & Venue

- **Date:** Nov ,15 2021
- **Venue:** Demo room, Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To educate participants about the Fundamental Rights** guaranteed by the Indian Constitution under Part III.
- **To help individuals understand the scope,** significance, and limitations of these rights in a democratic society.
- **To encourage responsible exercise of rights in a manner that respects others' freedoms and promotes social harmony.**
- **To build awareness of legal remedies available in case** of violation of fundamental rights.
- **To empower citizens, especially youth, to become informed and active participants in the democratic process.**

Resource Person(s)

1) **Dr Nitesh mohan (Head of department Pathology)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- **Introduction to Fundamental Rights:**

  A basic session covering the six categories of Fundamental Rights with real-life examples.

- **Rights and Responsibilities Go Hand in Hand:**

  A discussion on balancing one's rights with duties and ethical behavior.

- **Interactive Case Studies on Rights Violations:**

  Real-world scenarios to help participants identify violations and understand legal recourse.

- **Know Your Rights: Legal Awareness Session:**

  A session led by legal experts to inform participants about constitutional remedies (like filing writs under Article 32/226).

- **Youth Dialogue on Active Citizenship and Rights:**

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A participatory activity where young people reflect on how exercising rights can lead to positive social change.

Outcome

- **Increased knowledge of the nature, importance, and application of Fundamental Rights.**
- **Stronger ability to identify and stand against rights violations.**
- **Enhanced understanding of how to use** legal mechanisms to protect one's rights.
- **Promotion of responsible and respectful exercise of constitutional freedoms.**
- **Empowerment of citizens to participate** more actively in democracy through awareness and action.

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Activity Report

Date: 19.11.2021

Title of the Activity

Workshop on right to freedom of speech and expression

Date & Venue

- **Date:**Nov18,2021
- **Venue:** Demo room, Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To explain the scope** and significance of the Right to Freedom of Speech and Expression under Article 19(1)(a) of the Indian Constitution.
- **To explore the role of free speech in a democratic society and its impact on public discourse and governance.**
- **To understand the reasonable restrictions placed on** this right and how they function in the interest of sovereignty, security, and pub lic order.

Activity Report 1 28.docx

- **To promote** responsible and respectful use of free expression in both physical and digital spaces.
- **To encourage critical thinking, dialogue, and active citizenship** through the exercise of this fundamental right.

Resource Person(s)

1) **Dr Nitesh mohan (Head of department Pathology)**
2) **Dr Anjana Arya**
3) **Dr Mithila Bisht**

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Description

- **Understanding Article 19(1)(a): The Foundation of Free Expression:**

  A detailed session explaining the constitutional and legal meaning of the right to free speech.

- **Freedom of Expression in Action:**

  A discussion on how media, art, protest, and public dialogue reflect and shape democratic values.

- **Limits of Free Speech: Exploring Reasonable Restrictions:**

  Analyzing how and why certain limits exist, including laws on hate speech, defamation, and national security.

- **Freedom and Responsibility in the Digital Age:**

  A session focusing on expression in social media, online platforms, and the challenges of misinformation.

- **Youth Forum on Voice, Expression, and Change:**

  A participative activity encouraging students and young citizens to use their voice constructively in civic matters.

Outcome

- **Clear understanding of the constitutional right to free speech and its boundaries.**
- **Enhanced ability to express opinions respectfully and responsibly.**
- **Awareness of legal protections and limitations in exercising freedom of expression.**
- **Promotion of critical dialogue and civic engagement through informed speech.**
- **Empowerment of participants to use their voice for positive social and democratic change.**

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Activity Report

Date: 24.11.2021

Title of the Activity

Workshop on Freedom of religion and secular obligation

Date & Venue

- **Date:** Nov 23,2021
- **Venue:** Demo room, Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of PATHOLOGY Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To explain the constitutional guarantee of Freedom of Religion under** Articles 25 to 28 of the Indian Constitution.
- **To foster understanding of secularism as** a core principle that ensures equal respect for all religions in India.
- **To highlight the responsibilities of citizens and the state in maintaining religious harmony and neutrality.**
- **To promote interfaith respect, dialogue, and coexistence** in a diverse and pluralistic society.
- **To build awareness of the legal protections and limitations** related to religious freedom and secular obligations.

Resource Person(s)

1) **Dr Nitesh mohan (Head of department Pathology)**
2) **Dr Anjana Arya**
3) **Dr Mithila Bisht**

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Description

- **Constitutional Safeguards: Understanding Articles 25–28:**

  A session explaining the legal framework that ensures the right to practice, profess, and propagate religion.

- **Secularism in the Indian Context:**

  A discussion on India's unique model of secularism, which promotes equal treatment of all religions without endorsing or opposing any.

- **Religion, Rights, and Responsibilities:**

  A session on how religious freedom is balanced with duties towards social harmony, public order, and the rights of others.

- **Interfaith Harmony and Civic Values Workshop:**

  Activities and dialogue promoting mutual respect and understanding among diverse faith communities.

- **Youth Forum on Religion and Tolerance:**

  An interactive platform where students discuss the role of young citizens in promoting peace and secular ethics.

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Outcome

- **Improved understanding of the constitutional right to freedom of religion.**
- **Clarity on the meaning and practice of secularism in a multi-religious society.**
- **Increased awareness of the need for tolerance and mutual respect in religious expression.**
- **Encouragement of civic behavior that upholds both religious freedom and secular principles.**
- **Empowerment of participants to act as** ambassadors of interfaith peace and constitutional values.

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Activity Report

Date: 30.11.2021

Title of the Activity

Workshop on right to life and personal liberty :Article 21

Date & Venue

- **Date:** Nov 29,2021
- **Venue:** Demo room, Department of COMMUNITY MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of COMMUNITY MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

- **To explain the scope and significance of Article 21** of the Indian Constitution, which guarantees the Right to Life and Personal Liberty.
- **To explore the judicial interpretation and evolution** of this fundamental right through landmark Supreme Court judgments.
- **To highlight the relationship between the right to** life and other human rights, including health, dignity, and privacy.
- **To discuss the limitations and reasonable restrictions on** the right to life and personal liberty, including the concept of due process of law.
- **To encourage students and citizens to** protect and assert their right to life and personal liberty in accordance with constitutional principles.

Resource Person(s)

1) **Dr Rashmi Katiyal (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- **Understanding Article 21: The Right to Life and Liberty Explained:**

  A session introducing the constitutional guarantee of the right to life and its central role in Indian democracy.

- **Judicial Evolution of Article 21:**

  An exploration of how the Supreme Court has expanded the scope of Article 21 through judgments, including the right to privacy, education, and health.

- **Beyond the Basics: The Right to Dignity and Personal Liberty:**

  A discussion on how the right to life extends beyond mere existence to include the right to live with dignity, freedom, and personal autonomy.

- **Limits and Legal Safeguards to Personal Liberty:**

  An examination of the reasonable restrictions placed on Article 21, such as national security, public order, and the criminal justice process.

- **Practical Workshop: Protecting Your Rights:**

  A hands-on session where participants engage with real-world cases of violations of personal liberty and learn how to seek redressal.

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Outcome

- **Clear understanding of Article 21** and its role in protecting fundamental rights.
- **Awareness of the expanded scope of the right to** life as interpreted by the courts, including rights like privacy, education, and healthcare.
- **Increased knowledge of the limitations and exceptions to the right to personal liberty.**
- **Enhanced ability to assert and protect personal rights through legal and constitutional channels.**
- **Empowerment of participants to** stand up against violations of personal liberty and advocate for justice and dignity.

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Activity Report

Date: 02.12.2021

Title of the Activity

Workshop on rights of Marginalized and Minorities

Date & Venue

- **Date:** Dec 01,2021
- **Venue:** Demo room, Department of COMMUNITY MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Organized by

Organized by the Department of COMMUNITY MEDICINE Rohilkhand medical college and Hospital ,Bareilly international University

Objectives

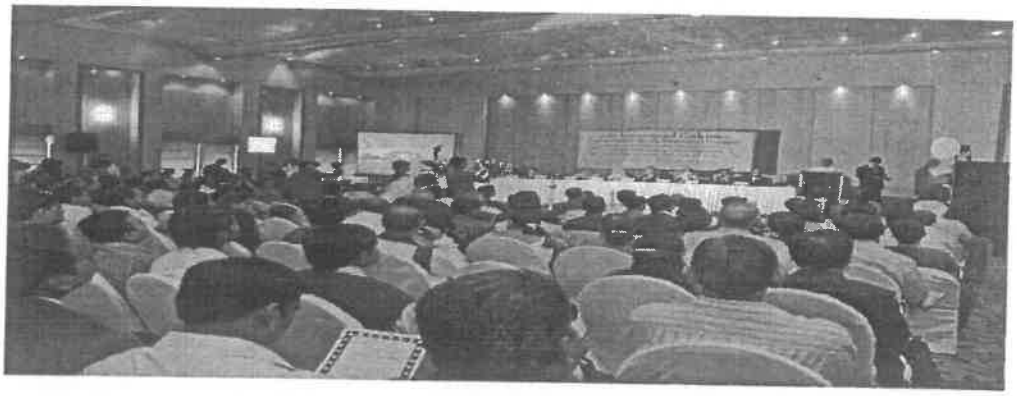
- **To educate participants on the constitutional and legal provisions** that protect the rights of marginalized communities and minorities in India.
- **To understand the specific challenges faced by** marginalized groups, including Scheduled Castes, Scheduled Tribes, religious minorities, and other socially disadvantaged groups.
- **To explore the role of affirmative action policies**, such as reservations, in promoting equality and social justice.
- **To raise awareness about the importance of safeguarding minority rights for the overall social and cultural harmony of the nation.**
- **To empower participants to** become advocates for marginalized communities and work towards an inclusive society.

Resource Person(s)

1) **Dr Rashmi Katiyal (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- **Constitutional Provisions for Marginalized and Minority Rights:**

  A session explaining the key constitutional safeguards, including Articles 15, 17, 46, and 29, designed to protect the rights of marginalized groups.

- **Understanding Affirmative Action: Reservations and Equal Opportunities:**

  A deep dive into policies like reservations in education and employment, exploring their rationale, benefits, and challenges.

- **Minority Rights and Cultural Protection:**

  A discussion on how the Indian Constitution protects the cultural, educational, and religious rights of minorities (Article 29 and 30).

- **Empathy and Social Justice for Marginalized Communities:**

  A session on the importance of empathy and solidarity in promoting social justice, using case studies and real-life examples.

- **Youth and Social Change: Advocating for Marginalized Rights:**

  A youth-focused session on how young people can actively engage in ensuring the protection and promotion of marginalized communities' rights.

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Outcome

- **Increased awareness of constitutional safeguards** for marginalized and minority communities.
- **Enhanced understanding of affirmative action policies and their role in promoting equality and inclusion.**
- **Stronger empathy and support for the rights of marginalized groups,** including through education, employment, and cultural preservation.
- **Empowerment of participants to** advocate for the rights of minorities and fight against discrimination and exclusion.
- **Commitment to building a more inclusive, just, and diverse society that respects the rights and dignity of all its citizens.**

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Activity Report

Date:07.12.2021

Title of the Activity

Seminar on Understanding Fundamental Duties of Citizens

Date & Venue

- **Date:** Dec 06,2021
- **Venue:** LT-10, Rohilkhand Medical College and Hospital, Bareilly International University

Organized by

- Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

- To create awareness among citizens, especially students and youth, about their constitutional responsibilities.
- To promote active and responsible citizenship.
- To encourage the practice of civic values.
- To encourage the practice of national integrity.
- To get benefit from expert talks, interactive discussions, and engaging case studies that showcase real-life examples of individuals and communities upholding constitutional ideals.
- To inspire civic responsibility and encourage active participation in nation-building.
- To fostering awareness and understanding of these constitutional provisions, the seminar hopes to strengthen democratic values and promote a more informed and duty-conscious citizenry.

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Resource Person(s)

1) **Dr Medhavi Agarwal**
2) **Dr Arun Singh (Head of department Community Medicine)**
3) **Dr Deepak Upadhyay**



Description

This seminar aims to provide a comprehensive understanding of the **Fundamental Duties** enshrined in **Article 51A of the Indian Constitution**. The session will cover the historical background, relevance, and significance of these duties in a democratic society. Through expert talks, interactive discussions, and real-life examples, the seminar will highlight how fulfilling these duties contributes to nation-building and strengthens democratic values.

Key topics include:

- Introduction to Fundamental Duties
- Historical context (42nd Amendment Act, 1976)
- Analysis of each of the 11 duties
- Duties vs. Rights: A balanced perspective
- Role of citizens in upholding constitutional ideals
- Case studies/examples of responsible citizenship
- This seminar seeks to provide a detailed and insightful understanding of the Fundamental Duties outlined in Article 51A of the Indian Constitution. Introduced

through the 42nd Amendment Act in 1976, these duties serve as moral obligations for all citizens, reinforcing the spirit of patriotism, responsibility, and commitment toward the nation.

- The session will delve into the historical context behind the inclusion of these duties, examining the socio-political landscape of the time and the vision of the framers. A detailed analysis of each of the 11 Fundamental Duties will be undertaken, highlighting their practical implications and relevance in contemporary India. The seminar will also explore the delicate balance between fundamental rights and duties, emphasizing how responsible citizenship is essential for the health and sustainability of any democracy.
- Participants will benefit from expert talks, interactive discussions, and engaging case studies that showcase real-life examples of individuals and communities upholding constitutional ideals. Through these discussions, the seminar aims to inspire civic responsibility and encourage active participation in nation-building.
- By fostering awareness and understanding of these constitutional provisions, the seminar hopes to strengthen democratic values and promote a more informed and duty-conscious citizenry.

Outcome

By the end of the seminar, participants will:

- Gain clarity on the Fundamental Duties listed in the Constitution.
- Understand the importance of duties alongside fundamental rights.
- Be motivated to act responsibly as citizens, contributing positively to society.
- Be more aware of their role in maintaining unity, integrity, and harmony in the nation.
- Be encouraged to promote constitutional values in their communities.
- Participants will benefit from expert talks, interactive discussions, and engaging case studies that showcase real-life examples of individuals and communities upholding constitutional ideals. Through these discussions, the seminar aims to inspire civic responsibility and encourage active participation in nation-building.
- By fostering awareness and understanding of these constitutional provisions, the seminar hopes to strengthen democratic values and promote a more informed and duty-conscious citizenry.

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Activity Report

Date: 10.12,2021

Title of the Activity

Workshop on Duty Towards Protecting Public Property

Date & Venue

- **Date:** Dec 09,2021
- **Venue:** LT-10, Department of Pediatrics, Rohilkhand Medical Hospital and Hospital, Bareilly International University

Organized by

Organized by the Department of Pediatrics, Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

- To educate participants about their role in protecting public property and its significance to society.
- To raise awareness on how vandalism, destruction, and misuse of public property negatively affect social and national progress.
- To instill a sense of accountability.
- To instill a sense of collective responsibility towards preserving resources and
- To preserve infrastructure that belong to the public.

Resource Person(s)

1) **Dr Preeti Lata Rai (Head of department Pediatrics)**
2) **Dr Ravish Kumar**
3) **Dr Arif Hussain**

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Description

- This workshop is designed to address the critical importance of public property protection and how citizens can contribute to safeguarding it.
- Through presentations, discussions, and case studies, participants will gain insights into the various types of public property (e.g., roads, public buildings, parks, monuments) and how their destruction or misuse can impact the community and nation.
- The session will also cover the legal aspects of damaging public property and the associated consequences, as well as explore practical ways to promote public property protection.
- Key topics include:
- What is Public Property? (Types and examples)
- Legal Framework (Laws related to public property damage, including relevant sections of the Indian Penal Code and other relevant statutes)
- Impact of Vandalism (Economic, social, and environmental consequences)
- Role of Citizens (How each individual can play a part in protecting public property)
- Best Practices (How to report damage, care for public spaces, and contribute to awareness campaigns)
- Case Studies (Instances of public property misuse and successful preservation efforts)
- To raise awareness on how vandalism, destruction, and misuse of public property negatively affect social and national progress.

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Outcome

- Understand the significance of protecting public property for societal development and national well-being.
- Be familiar with the legal consequences of damaging or misusing public property.
- Be able to identify the various ways they can contribute to protecting public property in their daily lives.
- Develop a sense of shared responsibility towards maintaining public resources.
- Be motivated to actively engage in advocacy and awareness initiatives on this subject in their communities.
- The session will also cover the legal aspects of damaging public property and the associated consequences, as well as explore practical ways to promote public property protection.

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Activity Report

Date: 24.12.2021

Title of the Activity

Seminar on Promoting Harmony and Brotherhood

Date & Venue

- **Date:** Dec 23,2021
- **Venue:** LT-10 ,Rohilkhand medical college and hospital , Bareilly International University

Organized by

Organized by the Department of ophthalmology, Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

- To foster understanding, tolerance, and respect among diverse communities, cultures, and backgrounds.
- To promote national integration and the value of unity in diversity in the context of a multicultural society.
- To encourage individuals to actively participate in creating inclusive spaces where everyone feels respected and valued.
- To highlight the importance of brotherhood in addressing societal challenges, such as discrimination, prejudice, and division.

Resource Person(s)

1) **Dr Ashutosh Dokaniya (Head of department Ophthalmolgy)**
2) **Dr Ritu**
3) **Dr Tahir Hussain**

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Description

- This seminar aims to bring together participants from different walks of life to explore the significance of harmony and brotherhood in building strong, cohesive societies.
- Through discussions, activities, and case studies, attendees will examine the challenges that divide communities, as well as strategies for overcoming these barriers and fostering mutual respect.
- The seminar will focus on how unity and brotherhood are essential for a peaceful, progressive, and inclusive society, and how they align with constitutional principles such as secularism, equality, and social justice.
- Key topics include:
- What is Harmony and Brotherhood? (Defining key concepts and values)
- Cultural Diversity and Social Unity (Understanding and celebrating differences)
- The Role of Brotherhood in National Integration (Why brotherhood is central to nation-building)
- Overcoming Prejudices and Biases (Tackling stereotypes, discrimination, and social divisions)
- Practical Ways to Promote Harmony (Steps individuals and communities can take to promote peace and cooperation)
- Role of Education and Media (How schools, colleges, and media can contribute to harmony)
- Case Studies of Successful Brotherhood Initiatives (Examples from local, national, or international efforts)

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Outcomes:

- Understand the principles of harmony and brotherhood, and how they contribute to a peaceful society.
- Be equipped with practical tools and strategies to foster unity, respect, and understanding in their communities.
- Gain insight into the role of education, dialogue, and empathy in promoting social cohesion.
- Be inspired to actively combat discrimination, prejudice, and division, and promote inclusivity.
- Understand the constitutional and ethical importance of maintaining social harmony and brotherhood.
- Leave with a sense of personal responsibility to contribute to a more harmonious society.

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Activity Report

Date: 13.01.2022

Title of the Activity

Workshop on Duty to Develop Scientific Temper and Humanism

Date & Venue

- **Date:** Jan 12, 2022
- **Venue:** LT-10, Rohilkhand Medical College and Hospital, Bareilly International University

Organized by

- Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital , Bareilly International University

Objectives

- To explain the meaning and significance of scientific temper and humanism in a democratic society.
- To encourage critical thinking, logical reasoning, and evidence-based understanding.
- To highlight the role of science and human values in addressing social issues.
- To promote a culture of inquiry, questioning, and constructive dialogue.
- To inspire participants to actively practice and advocate these values in their communities.
- To explore how scientific inquiry and humanistic values together can lead to responsible decision-making and meaningful social change.

Resource Person(s)

1) **Dr Arun Singh (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- This workshop is designed to cultivate a spirit of scientific temper and humanism among students, educators, and community members. Participants will engage in interactive sessions that highlight the importance of questioning, evidence-based reasoning, and empathy in decision-making and social behavior.
- The workshop will include:
- Lectures by scientists, educators, and social reformers
- Hands-on activities and experiments promoting curiosity and inquiry
- Group discussions on ethical and humanistic issues in science and society
- Real-life case studies showing the application of scientific temper and human values
- Reflection exercises to connect scientific thinking with social responsibility
- This workshop is thoughtfully designed to cultivate and nurture a spirit of scientific temper and humanism among students, educators, and members of the community. Scientific temper, as envisioned in the Indian Constitution, is not just about knowledge of science, but about developing a rational, evidence-based approach to thinking and problem-solving. Coupled with the values of empathy, compassion, and ethical reasoning, it forms the foundation of a progressive and inclusive society.
- Through a series of interactive sessions, the workshop will emphasize the importance of questioning assumptions, promoting critical thinking, and applying logical reasoning to everyday life. Participants will explore how scientific inquiry and humanistic values together can lead to responsible decision-making and meaningful social change.
- Key Components of the Workshop Include:

- Lectures by prominent scientists, educators, and social reformers who will share insights into how scientific temper and humanism have shaped history and continue to influence society.
- Hands-on activities and experiments designed to spark curiosity and foster a culture of inquiry-based learning.
- Group discussions on contemporary ethical dilemmas and the role of empathy in science, technology, and social progress.
- Case studies highlighting real-world examples where scientific thinking and humanistic values intersect to solve societal challenges.
- Reflection exercises encouraging participants to connect what they learn with their own experiences and responsibilities as active citizens.
- By blending scientific inquiry with a strong moral compass, the workshop aims to empower participants to become critical thinkers, compassionate leaders, and socially responsible individuals. Whether in classrooms, workplaces, or communities, the values explored in this workshop are essential for creating a more just, rational, and empathetic world.

Outcome

- Increased awareness of the importance of scientific temper in daily life and public discourse
- Development of critical thinking and analytical skills among participants
- Encouragement of empathetic and inclusive behavior grounded in humanism
- Motivation to act as responsible citizens who challenge superstitions and promote rational thought
- Formation of action plans or student clubs to continue spreading awareness on scientific and humanistic values in local communities
- Workshop is thoughtfully designed to cultivate and nurture a spirit of scientific temper and humanism among students, educators, and members of the community. Scientific temper, as envisioned in the Indian Constitution, is not just about knowledge of science, but about developing a rational, evidence-based approach to thinking and problem-solving. Coupled with the values of empathy, compassion, and ethical reasoning, it forms the foundation of a progressive and inclusive society.

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Activity Report

Date: 21.01.2022

Title of the Activity

Seminar on Civic Responsibilty and National Discipline

Date & Venue

- **Date:** Jan 20,2022
- **Venue:** LT-10, Rohilkhand medical college and hospital ,Bareilly International University

Organized by

Organized by the Department of Pharmacolgy, Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

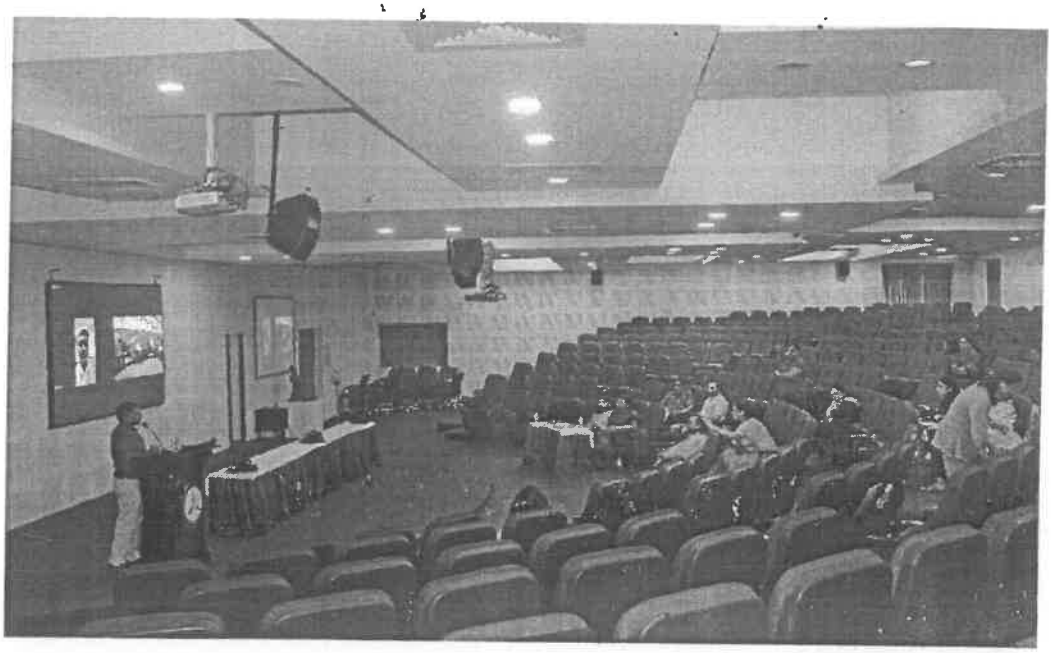
- To Educate participants about the fundamental civic duties enshrined in the Constitution of India, such as respecting the national symbols, upholding the unity and integrity of the country, and promoting harmony across diverse communities.
- To Create awareness about the importance of adhering to laws, paying taxes, protecting public property, and participating in democratic processes such as voting and public discourse.
- To Highlight the role of national discipline—including punctuality, integrity, cooperation, and respect for authority—as essential traits that contribute to the orderly functioning of society and the overall development of the nation.
- To Encourage self-discipline and social accountability, urging participants to align personal actions with the collective interest of the nation.
- To Foster a sense of national pride and responsibility, motivating individuals to become proactive contributors to nation-building efforts through community involvement and ethical conduct.

Resource Person(s)

1) **Dr Shalini Chandra (Head of department pharmacology)**
2) **Dr Anju Saxena**
3) **Dr Iram Shaifali**

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Description

- This seminar is designed to engage participants in thoughtful dialogue and critical reflection on the significance of civic responsibility and national discipline in a vibrant democracy. In an era where individual rights are rightfully celebrated, it is equally important to understand and uphold the duties that sustain a healthy, functioning society.
- The seminar will explore the multifaceted concept of civic duty, encompassing active participation in democratic processes such as voting, respecting the rule of law, safeguarding public property, and promoting communal harmony. Participants will delve into how everyday actions — from following traffic rules to standing up against injustice — contribute to the nation's democratic fabric.
- A key focus of the seminar will be the role of national discipline, including values like punctuality, honesty, cooperation, and adherence to social and legal norms. These traits are not only essential for personal integrity but also serve as building blocks for a well-ordered society and national development.
- Through a blend of interactive discussions, real-life case studies, and expert insights, the seminar aims to foster a deeper understanding of the citizen's role beyond the ballot. Engaging sessions will encourage participants to reflect on their own behavior and the ripple effects of civic-minded actions in their communities.

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- By the end of the seminar, attendees will gain a renewed sense of accountability, collective responsibility, and national pride. The goal is to inspire active citizenship where individuals recognize that the progress of a nation is a shared journey, driven not just by government policies, but by the everyday choices and values of its people.
- This seminar invites all participants to be not just observers of democracy, but active contributors to its growth and strength.

Outcome

- Enhanced awareness of individual civic duties and their impact on the community and nation.
- Improved understanding of how national discipline contributes to peace, order, and development.
- Development of a responsible and law-abiding mindset among participants.
- Increased willingness to actively participate in civic life (e.g., voting, volunteering, community work).
- Commitment to practicing disciplined behavior in personal, academic, and public life.
- The seminar will explore the multifaceted concept of civic duty, encompassing active participation in democratic processes such as voting, respecting the rule of law, safeguarding public property, and promoting communal harmony.
- Participants will delve into how everyday actions — from following traffic rules to standing up against injustice — contribute to the nation's democratic fabric.

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Activity Report

Date: 04.02.2022

Title of the Activity

Workshop on respecting National Symbols and the Constitution

Date & Venue

- **Date:** Feb 03,2022
- **Venue:** LT-10 Rohilkhand Medical College and Hospital, Bareilly International University

Organized by

- Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital Bareilly International University

Objectives

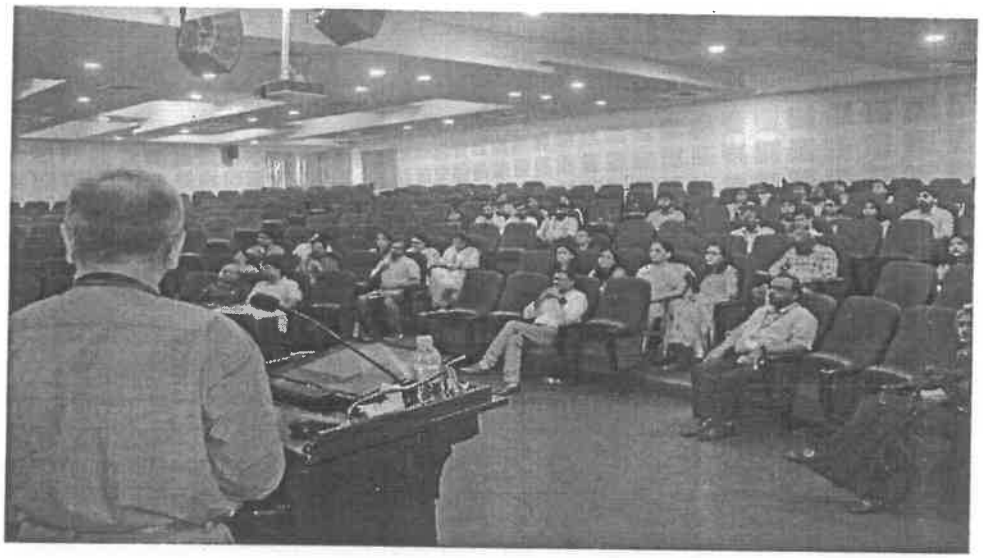
- To Instill a deep emotional and intellectual respect for the National Symbols of India, including the National Flag (Tiranga), National Anthem (Jana Gana Mana), National Emblem (Ashoka Pillar), and other symbols that represent the country's unity, sovereignty, and cultural heritage.
- To Promote understanding of the Constitution of India as the supreme law of the land, highlighting its key features—such as the Preamble, Fundamental Rights, Directive Principles, and Fundamental Duties—and the values they embody, such as justice, liberty, equality, and fraternity.
- To Create awareness about the proper etiquette and conduct associated with the use and display of national symbols, in accordance with laws like the Flag Code of India and the Prevention of Insults to National Honour Act, 1971.
- To Encourage reflection on the relevance of the Constitution in everyday life, demonstrating how it empowers citizens, protects their rights, and provides the framework for governance, democracy, and social justice.

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Resource Person(s)

1) **Dr Arun singh (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**



Description

- This workshop is thoughtfully curated to educate and inspire participants about the importance, sanctity, and symbolism of India's National Symbols. These include the National Flag (Tiranga), the National Anthem (Jana Gana Mana), the National Emblem (the Ashoka Lion Capital), and the Constitution of India. These symbols are not merely ceremonial; they embody the spirit, struggles, and aspirations of the nation and serve as constant reminders of our shared identity and democratic foundations.
- Participants will explore the historical origins of these symbols, their evolution, and their constitutional significance. The workshop will also emphasize the legal and moral responsibilities associated with them, with specific reference to guidelines and provisions under the Prevention of Insults to National Honour Act, 1971. Understanding the appropriate conduct related to these symbols is essential in fostering a culture of respect and national pride.

- A special segment of the workshop will introduce key parts of the Indian Constitution, particularly the Preamble, Fundamental Rights, and Fundamental Duties. Participants will learn how these elements reflect the nation's core values—justice, liberty, equality, and fraternity—and how they serve as both the foundation and the moral compass of Indian democracy. The Constitution will be presented not just as a legal document, but as a living guide that shapes the nation's democratic ethos.
- The workshop will feature interactive sessions, multimedia presentations, quizzes, and group discussions to foster active learning and emotional engagement. Real-life examples, stories of national heroes, and symbolic moments from Indian history will be used to deepen understanding and personal connection to these national icons.
- By the end of the workshop, participants will have developed a stronger intellectual and emotional appreciation for India's National Symbols and Constitutional values. More importantly, they will carry forward a sense of responsibility and commitment to uphold the dignity of these symbols in their everyday lives. This awareness is essential for nurturing informed, respectful, and responsible citizens, capable of contributing meaningfully to a united, diverse, and democratic India.

Outcome

- Increased awareness of the meaning and importance of national symbols and their proper usage.
- Enhanced understanding of the Indian Constitution and its values, particularly the Preamble and Fundamental Duties.
- Development of a strong sense of national identity and pride.
- Greater respect for constitutional norms and national unity in everyday life.
- Encouragement of responsible citizenship and adherence to ethical and civic conduct.
- Motivation to educate others about the importance of upholding national honor and constitutional principles.

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Activity Report

Date: 25.02.2022

Title of the Activity

Seminar on Citizen Participation in a Democratic Society

Date & Venue

- **Date:** Feb 24,2022
- **Venue**: LT-10,Rohilkhand Medical College and Hospital, Bareilly International University

Organized by

Organized by the Department of Anatomy,Rohilkhand medical college and Hospital, Bareilly International University

Objectives

- To raise awareness about the role of citizens in democratic governance, policy-making, and societal progress.
- To encourage critical thinking about the rights and responsibilities of individuals in a democratic framework.
- To discuss tools and platforms for civic engagement, such as voting, public discourse, volunteering, social movements, and digital activism.
- To analyze barriers to citizen participation, including apathy, lack of awareness, misinformation, or systemic challenges.
- To promote inclusive participation, ensuring voices from all communities—especially youth, women, and marginalized groups—are heard and valued.
- To strengthen democratic values like transparency, accountability, tolerance, and collective action through informed civic involvement.

Resource Person(s)

1) **Dr Rakesh Gupta (Head of Department)**
2) **Dr Archana Singh**
3) **Dr Preeti**

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Description

- This seminar will serve as a dynamic forum for educators, students, civil society members, policy thinkers, and youth leaders to explore the evolving role of citizens in a democracy.
- Beginning with an overview of democratic principles and constitutional provisions that encourage public participation, the session will trace the history and growth of participatory democracy in India.
- Keynote speakers and panelists will include academicians, activists, government officials, and journalists, who will share experiences and case studies from successful participatory initiatives—ranging from voter mobilization and Right to Information campaigns to local governance participation through Gram Sabhas or Urban Ward Committees.
- The seminar will also include interactive discussions, Q&A sessions, group reflections, and media presentations focusing on:
- Everyday acts of democratic participation
- The impact of social media on civic engagement
- Youth as agents of democratic renewal
- Collaborative governance and public accountability

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Outcome

- Improved understanding of citizen rights and responsibilities in a constitutional democracy.
- Increased motivation among participants to take part in democratic processes, such as voting, public consultations, petitions, and community dialogues.
- Enhanced critical awareness of current democratic challenges, including misinformation, low voter turnout, and citizen disengagement.
- Greater interest in civic activism, volunteerism, and community leadership, especially among youth and students.
- Identification of tools and platforms for citizens to influence governance—both online (e-governance portals, digital petitions) and offline (RTI, public hearings).
- Development of participant-led civic action plans, such as awareness drives, voter education campaigns, or social issue advocacy projects.
- Promotion of inclusive civic participation, encouraging representation and leadership from diverse socio-economic and cultural backgrounds.
- Strengthened democratic culture, based on dialogue, participation, and shared responsibility, leading to more accountable and people-centered governance.

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Activity Report

Date: 04.03.2022

Title of the Activity

Workshop on Role of citizens in Electoral Democracy

Date & Venue

- **Date:** Mar 03, 2022
- **Venue:**LT-10, Rohilkhand medical college and Hospital ,Bareilly International University
-

Organized by

Organized by the Department of Community Medicine, Rohilkhand medical college and Hospital ,Bareilly International University

Objectives

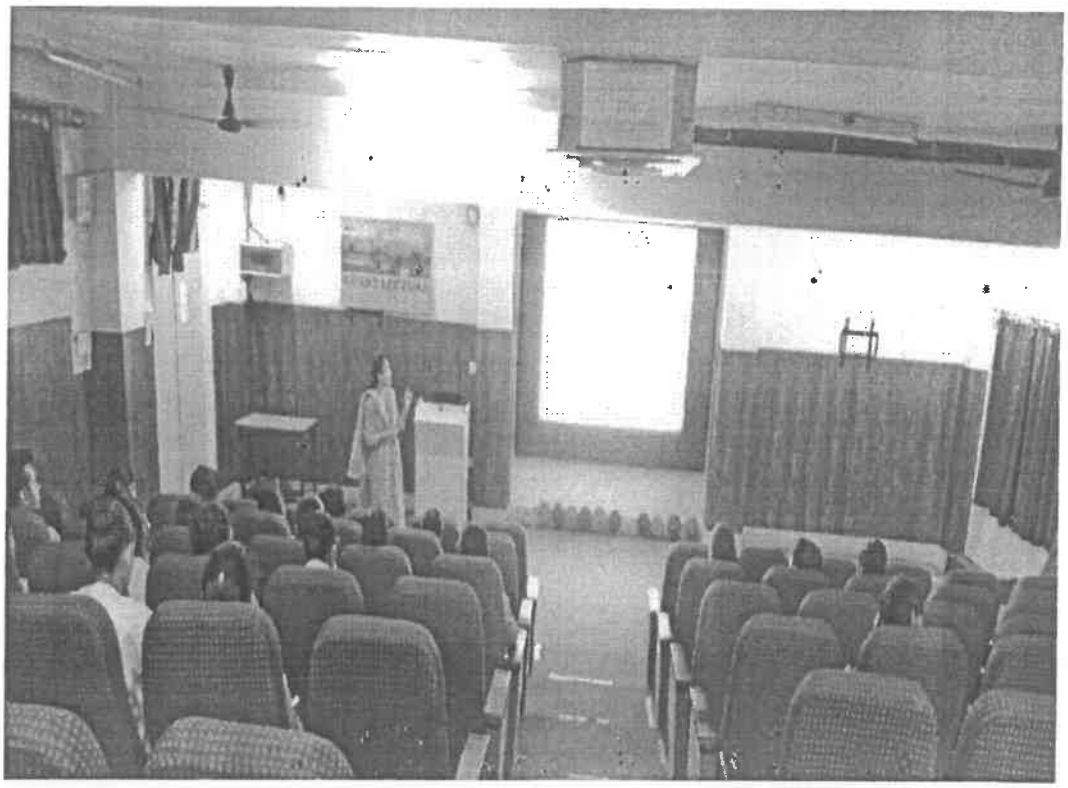
- To promote awareness about the electoral process, including voter rights, responsibilities, and the significance of informed voting.
- To highlight the power of the ballot in shaping governance, public policy, and societal development.
- To encourage ethical and responsible electoral participation, discouraging vote-buying, coercion, and misinformation.
- To foster a sense of civic duty, inspiring citizens to become active participants—not just voters, but also informed critics and guardians of democracy.
- To equip participants with tools to engage constructively in democratic processes, such as community mobilization, voter education, and monitoring mechanisms.

Resource Person(s)

1) **Dr Arun Singh (Head of department Community Medicine)**
2) **Dr Medhavi Agarwal**
3) **Dr Deepak Upadhyay**

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Description

- This interactive workshop is designed for students, young voters, educators, community leaders, and civil society members, aiming to deepen their understanding of electoral democracy as a participatory, ethical, and continuous process.
- The session begins with a primer on the Indian electoral system, including the role of the Election Commission of India, model code of conduct, and legal provisions ensuring free and fair elections.
- Through presentations, role-plays, debates, simulations of voting processes, and case studies of past elections, participants will explore:
- The importance of voter registration and turnout
- Challenges like electoral apathy, fake news, and polarization
- The role of citizens as election monitors, volunteers, and campaigners
- The need for issue-based voting over identity or emotion-based choices
- The workshop will also include sessions on how to verify information, use online platforms responsibly, and participate in non-partisan voter awareness initiatives.

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Outcome

- Enhanced knowledge of the structure and functioning of electoral democracy in India.
- Increased awareness and motivation to participate actively in elections, especially among youth and first-time voters.
- Stronger commitment to ethical voting, understanding that democracy depends not just on the right to vote, but on the responsibility to vote wisely.
- Reduced vulnerability to electoral malpractice, as participants learn to recognize and resist bribery, coercion, and misinformation.
- Improved digital literacy related to political discourse, helping citizens identify and counter fake news and propaganda.
- Creation of voter awareness campaigns or civic clubs, encouraging peer engagement and community education on democratic participation.
- Greater trust in democratic institutions, through clarity about legal safeguards, transparency mechanisms, and grievance redressal systems.
- Empowerment of participants to act as ambassadors of electoral democracy, spreading the message of fair, informed, and responsible voting in their communities.

Signature
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Activity Report

Date: 29.03.2022

Title of the Activity

Seminar on Responsibilities Towards the Constitution and the Nation

Date & Venue

- **Date:** Mar 28 ,2022
- **Venue** :LT-10, Rohilkhand Medical College and Hospital, Bareilly International University

Organized by

Organized by the Department of Biochemistry, Rohilkhand medical college and Hospital Bareilly International University

Objectives

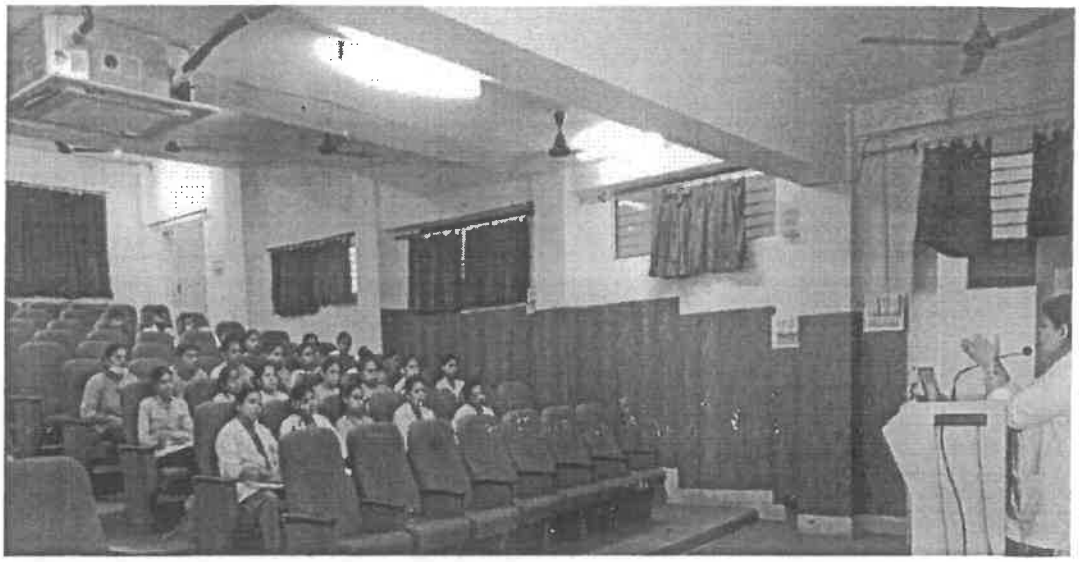
- To instill awareness about the Indian Constitution's values and vision, and the citizen's role in upholding them.
- To encourage responsible citizenship that contributes to nation-building, social justice, and democratic governance.
- To discuss the interrelationship between constitutional duties and national development, peace, and integrity.
- To promote understanding of how individual and collective actions impact the nation's progress.
- To inspire participants to become proactive defenders and promoters of constitutional values in their everyday lives.

Resource Person(s)

1) **Dr Shikha Saxena(Head of department)**
2) **Dr Sumeru Samanta**
3) **Dr Reena Rani**

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Description

- This seminar will serve as a platform for civic education and patriotic reflection, enabling participants to explore how constitutional responsibilities translate into real-world practices that support national unity and integrity.
- The seminar will open with an overview of the Preamble, and Fundamental Duties (Article 51A of the Indian Constitution), followed by interactive sessions on:
- The role of citizens in defending constitutional morality
- Upholding secularism, equality, justice, and liberty
- Contributing to national integration and harmony
- Participating in democratic institutions such as voting, public consultations, and community forums
- Renowned speakers — including legal experts, educators, activists, and policy influencers — will share insights and case studies on how individuals and communities have taken initiatives that embody constitutional values. The seminar will include:
- Panel discussions
- Student presentations on civic initiatives
- Q&A sessions on constitutional challenges and citizen responses
- The seminar also emphasizes the citizen's dual role — as a beneficiary and custodian of the Constitution.

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Outcome

- **Improved constitutional literacy**, with participants gaining a deeper understanding of their duties toward the nation and its democratic institutions.
- **Increased civic responsibility**, motivating participants to respect the law, uphold rights, and contribute to the nation's well-being.
- **Stronger emotional and ethical connection to the Constitution**, leading to more active and conscientious participation in public life.
- **Critical thinking about national challenges** (e.g., inequality, corruption, communalism) and how citizens can help address them.
- **Creation of civic responsibility campaigns**, especially by students and youth groups, promoting awareness in their communities.
- **Empowerment of individuals to challenge constitutional violations** through democratic means like protest, petitioning, and legal action.
- **Greater collaboration between institutions and civil society** to promote constitutional values in education, governance, and public discourse.
- **Long-term commitment to nation-building**, with citizens becoming role models of integrity, tolerance, and responsibility in their spheres of influence.

Signature
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