

MATERNAL AND CHILD HEALTH CARE



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Definition

According to WHO

Maternal and child health services can be defined as

“promoting, preventing, therapeutic or rehabilitation facility or care for the mother and child”



Goal

Reduce mortality and morbidity among mothers, infants and pre-school children



Objectives

- Child survival
- Promoting reproductive health or safe motherhood
- Ensure birth of healthy child
- Promote healthy G & D

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- Prevent malnutrition
 - Prevent communicable diseases
 - Early diagnosis and treatment of the health problems
 - Health education and family planning services

Indicators of MCH

- ❖ MMR
- ❖ IMR
- ❖ Neonatal mortality rate
- ❖ Under five mortality rate
- ❖ Child survival rate



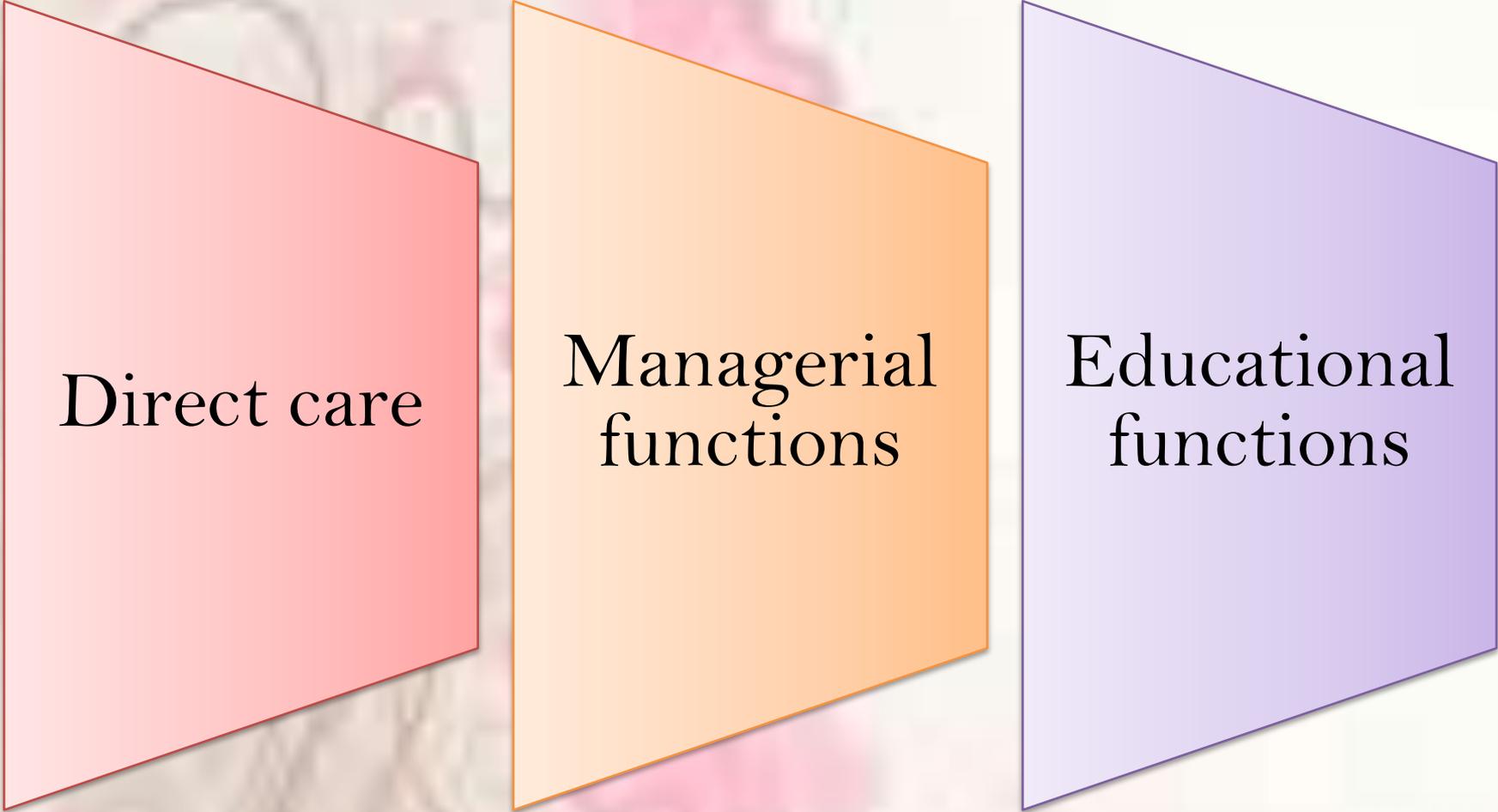
Recent trends in MCH care

- Integration of care
- Risk approach
- Manpower changes
- Primary health care
- Reproductive and child health

Organizational activities of MCH services

- Complete health check up and care of the child and mother from conception to birth
- Studying the health problems of mothers and child
- Providing health education to parents for taking care of children
- Training to professionals and assistant workers

Responsibilities of community health nurse in MCH services



Direct care

Managerial
functions

Educational
functions

Maternal and child health services

- Prenatal/antenatal care services
- Intranatal care services
- Postnatal care services
- Under five child health services

Antenatal services



Objectives

- To detect high risk cases & give them special care
- To identify complications and prevent them
- To educate the mother
- To promote, protect and maintain health

Antenatal services

- Provided by prenatal clinics/antenatal clinics
 - Urban areas – MCH centres and hospitals
 - Rural areas – CHC, PHC, Sub- centres
- Organized weekly

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Intranatal services

Intranatal care

- Delivery may be arranged at home or hospital
- Institutional delivery is safe

Objectives

- To provide thorough asepsis
- To prevent injury to baby and mother
- To prevent complications
- To provide care to the baby

Post natal services



Objectives

- To provide care to mother and baby
- To prevent complications
- To provide family planning services, basic education to mother

Postnatal services

- Postnatal examination
- Hb examination during postnatal visit
- Teaching postnatal exercises
- Family planning services
- Health education

Child health services



Objectives

- Decreasing child death and infant mortality rate
- Complete protection of child
- Nutritious diet to children
- Overall growth of children
- Preserve and promote health of under five children
- Increasing health level of children

Services

- Immunisation
- Breast feeding
- Growth and development
- Personal hygiene
- Detection of health problems & treatment

Child Clinics

- Under five clinics
- Child guidance clinics

Under Five Clinics

Aims and activities

- Preventive care
- Growth monitoring
- Care in illness

Child Guidance Clinic

- For children suffering from abnormal behaviour or psychological problem
- Psychiatrists, community health nurse and other auxiliary workers serve in these clinics

- Bed wetting/ enuresis
- Refusing to go to school
- Hating a family member
- Complain of being ignored/ neglected
- Cruel behaviour towards other children and animals
- Stealing the objects
- Intense reaction to normal situation

Assessment of MCH services

Done on the basis of MCH indicators